

Better or worse

Posted by ?????????? - 18 Jan 2024 00:42

I would like to know what people think if its possible that the SA program should make a person worse off

Thank you

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Re: Better or worse

Posted by crabapple18 - 18 Jan 2024 20:05

I would like to know what people think if its possible that the SA program should make a person worse off

Thank you Can you explain what you mean by worse off ?

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Re: Better or worse

Posted by crabapple18 - 18 Jan 2024 20:07

[?????????? wrote on 18 Jan 2024 00:42:](#)

I would like to know what people think if its possible that the SA program should make a person worse off

Thank you

Can you explain what you mean by *"make a person worse off"*

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Re: Better or worse

Posted by ?????????? - 18 Jan 2024 21:31

That if a person has small nisyonois & he gets around with people that did bigger aveiros maybe it makes him worse off

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Re: Better or worse

Posted by crabapple18 - 19 Jan 2024 00:06

[????????? wrote on 18 Jan 2024 21:31:](#)

That if a person has small nisyonois & he gets around with people that did bigger aveiros maybe it makes him worse off

Not in my experience.

It is probably best to reach out to @Dov here on GYE to answer these sort of questions.

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Re: Better or worse

Posted by easy - 26 Jan 2024 00:40

i know there can be at least two reasons why a person will be "worse off" though they get better if they keep working the program

1) a person is working on themselves and uncovering things they may not want to learn and may be hard to digest that causes them to run

2) a person hears lots of "worse" cases then him and trys them out or feels oh im not so bad compared to that guy.

3) the intense focus on the problem can make it harder to feel good about oneself if he isn't succeeding

yes i know that's 3

hatzlacha rabba

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Re: Better or worse
Posted by crabapple18 - 29 Jan 2024 23:43

[easy wrote on 26 Jan 2024 00:40:](#)

3) the intense focus on the problem can make it harder to feel good about oneself if he isn't succeeding

#YUP

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Re: Better or worse
Posted by hehochma - 30 Jan 2024 02:12

[????????? wrote on 18 Jan 2024 00:42:](#)

I would like to know what people think if it's possible that the SA program should make a person worse off

Thank you

It's hard to discuss in a forum without knowing you personally. I'd suggest discussing it with someone who has experience sending people - you can reach out to Cordnoy or Hashem Help Me.

Additionally, it is worth remembering that even if it does pose some risk - for those that do go to SA, the risks or certainties of what would happen if they did not go to SA are much more serious. Again, I don't know you, but that may be the case for you

Hatzlacha!

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