

The Lubavitcher Rebbe's view on this?

Posted by 01 - 28 Jun 2022 04:03

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What does the Lubavitcher Rebbe say about the "12 step program" concept?

Are there any majorly accepted authorities who have spoken about this? (I'm not looking for some "random" Rosh, with all due respect, rather known Tzadikim and Gaonim, such as the Rebbes of Chabad, R' Moshe Feinstein, or the RamBam, or Acharonim...)

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Re: The Lubavitcher Rebbe's view on this?

Posted by 5Uu80\*cdwB#^ - 28 Jun 2022 13:02

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I don't know what the Lubavitcher Rebbe held about 12 steps, but I do know that the Rosh, ????, a helige rishon, was a Gaon and tzadik.

Good luck on your journey.

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Re: The Lubavitcher Rebbe's view on this?

Posted by MenachemGYE - 28 Jun 2022 13:32

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Maybe he meant Rosh Yeshiva?

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Re: The Lubavitcher Rebbe's view on this?

Posted by yechielmichel - 28 Jun 2022 13:44

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[01 wrote on 28 Jun 2022 04:03:](#)

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AA was founded in 1930's.

Combine that with the tendency to sweep addiction under the rug, the Jewish community hasn't really heard of 12-steps. I think Rabbi Dr. Abraham Twerski was the one that brought it to the frum community. I believe he has the haskama of Da'as Torah.

Also, AA/12-steps is intended for people who are in a place where it might be consider pikuach nefesh, if not refuas haguf, refuas hanefesh. So with things like this, you go to a Dr and do what he says.

Check this is one out:

[www.guardyoureyes.com/articles/12-step/item/an-e-mail-from-rabbi-twerski?category\\_id=31](http://www.guardyoureyes.com/articles/12-step/item/an-e-mail-from-rabbi-twerski?category_id=31)

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Re: The Lubavitcher Rebbe's view on this?  
Posted by sleepy - 28 Jun 2022 22:49

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[yechielmichel wrote on 28 Jun 2022 13:44:](#)

[01 wrote on 28 Jun 2022 04:03:](#)

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or, **i think** ,ask a rabbi for the halacha

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Re: The Lubavitcher Rebbe's view on this?  
Posted by 01 - 29 Jun 2022 02:33

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Yes I meant Rosh Yeshiva

Why? Is "Rosh" a proper noun for someone specific?

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Re: The Lubavitcher Rebbe's view on this?  
Posted by 01 - 29 Jun 2022 02:35

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[yechielmichel wrote on 28 Jun 2022 13:44:](#)

the Jewish community hasn't really heard of 12-steps

That makes a lot of sense... Gonna check it out. Thank you.

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Re: The Lubavitcher Rebbe's view on this?  
Posted by Gevura Shebyesod - 29 Jun 2022 03:38

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Rabbeinu Osher Ben Yechiel, Talmid of Maharam MiRothenberg and later of the Rashba, and father of the Baal Haturim.

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Re: The Lubavitcher Rebbe's view on this?  
Posted by Gevura Shebyesod - 29 Jun 2022 03:39

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[01 wrote on 29 Jun 2022 02:33:](#)

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Re: The Lubavitcher Rebbe's view on this?

Posted by 01 - 29 Jun 2022 03:59

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OH! *That* Rosh.

Yeah OK no, I would never refer to such people as "Random".

Thank you.

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Re: The Lubavitcher Rebbe's view on this?

Posted by Lchaim Tovim - 14 Jul 2022 14:57

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I don't know about the Rebbe's views on this but see this article by Rabbi Twerski, Mussar and the 12 steps. it is very enlightening.

[abrahamtwerski.org/2021/08/07/mussar-and-the-twelve-steps/](http://abrahamtwerski.org/2021/08/07/mussar-and-the-twelve-steps/)

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Re: The Lubavitcher Rebbe's view on this?

Posted by baaltshuvah5782@gmail.com - 18 May 2023 18:09

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i never saw a clear answer of the rebbe about it but in general all the ideas of the 12 steps are basic concepts in chassidus, the baal shem tov thought over and over that g-d loves every jew like an only child, pumishments in torah are from love like a father cleans his child from shmutz. etc etc. (some jews educated without chassidus have a hard time with thses ideas. check this out [www.chabad.org/library/article\\_cdo/aid/1761295/jewish/God-of-Our-Understanding-Jewish-Spirituality-and-Recovery-from-Addiction.htm](http://www.chabad.org/library/article_cdo/aid/1761295/jewish/God-of-Our-Understanding-Jewish-Spirituality-and-Recovery-from-Addiction.htm)

(and really also in niglah but in parts less studied or emphasized in the yeshivish world for example this that we have a g-d who loves us no matter what is a gemarah kidushin 36, and its clear psukim.)

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