

I finally reached 40 days!!!

Posted by Anonymous1234567 - 11 Jun 2022 13:14

I finally reached 40 days... bli ayin hara (last time I reached was in 2012 or maybe in 2014) I thank Hashem for giving me the strength... I also watched music videos that are secular and celebrities because I'm bored to pass time...

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Re: I finally reached 40 days!!!

Posted by frank.lee - 11 Jun 2022 23:52

Congrats on reaching forty days!! Much continued success!!

What do you mean about secular music videos sure to boredom? That helped you reach forty? Or you are asking if you should stop that?

There are tons of very fascinating videos online which are fully kosher...

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Re: I finally reached 40 days!!!

Posted by No Mask - 12 Jun 2022 02:18

[Anonymous1234567 wrote on 11 Jun 2022 13:14:](#)

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Congratulations !!!

May hashem help that you that this should serve as a foundation and you should continue higher and higher.

Regarding the video's, in my experience it doesn't go together, because if you get aroused then its very hard.

HATZLACHA !!

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Re: I finally reached 40 days!!!
Posted by Anonymous1234567 - 12 Jun 2022 06:35

[frank.lee wrote on 11 Jun 2022 23:52:](#)

Congrats on reaching forty days!! Much continued success!!

What do you mean about secular music videos sure to boredom? That helped you reach forty?
Or you are asking if you should stop that?

There are tons of very fascinating videos online which are fully kosher...

I'm addicted to secular music videos and yeah it helped me reach 40 days for now. I think I should stop maybe that's my next goal...

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Re: I finally reached 40 days!!!
Posted by Lchaim Tovim - 05 Jul 2022 18:19

Unbelievable. I will be at 40 days in about two weeks G-d willing.

I cut secular music out of my life as well. I realized that it was necessary if I wanted to go to where I want to be .

It's hard, sometimes I feel that there is a hole within me that will never be filled.

Hatzlocha on hitting the next goal! If you find anything that makes it easier or helps you, let me know.

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Re: I finally reached 40 days!!!

Posted by Face the challenge - 06 Jul 2022 00:25

[Lchaim Tovim wrote on 05 Jul 2022 18:19:](#)

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It's hard, sometimes I feel that there is a hole within me that will never be filled.

Hatzlocha on hitting the next goal! If you find anything that makes it easier or helps you, let me know.

I was hooked on secular music for a while and i also felt like there was a hole within me when i stopped. However, after some time, not only did i not feel like there was a hole within me, i started feeling much better that i wasn't listening to it anymore. So i would say just give it some time and be'ezrat hashem this feeling will go away. (I will suggest that you try to fill the time that you used to listen to secular music with some other things so that it will be an easier transition...)

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Re: I finally reached 40 days!!!
Posted by Lchaim Tovim - 06 Jul 2022 01:26

Thank you. Regarding filling the time with something else, you mean like regular jewish music?

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Re: I finally reached 40 days!!!
Posted by Face the challenge - 06 Jul 2022 01:59

That's definitely one thing i did. I found it to be super annoying at first as it didn't have the variety that i wanted (nor the kol isha that I had wanted...), but after a while i kind of got used to it. It's still not the same as the non-Jewish music, but i can tell you with certainty that i don't miss it. Not even one bit. Also i got into listening to shiurim sometimes instead of music. I try to find the speakers that are very comical while having good content so that i'm thoroughly entertained and this was a great time filler for me when i needed it...

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Re: I finally reached 40 days!!!

Posted by Lchaim Tovim - 06 Jul 2022 13:48

I hear ya. My problem is that I love Country Music and there isn't (or at least I haven't found any) Jewish country music.

I started trying to listen to shiurim when I'm driving instead of podcasts and you're right, there definitely are some very entertaining speakers out there...almost doesn't feel like I'm learning.

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Re: I finally reached 40 days!!!

Posted by Kavey - 06 Jul 2022 14:01

I may be off base but I think Lev Tahor may be Country-ish?

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Re: I finally reached 40 days!!!

Posted by jackthejew - 06 Jul 2022 14:43

[Kavey wrote on 06 Jul 2022 14:01:](#)

Actually sung by a non-jew.

Shh...

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Re: I finally reached 40 days!!!

Posted by Lchaim Tovim - 06 Jul 2022 15:12

[jackthejew wrote on 06 Jul 2022 14:43:](#)

[Kavey wrote on 06 Jul 2022 14:01:](#)

Actually sung by a non-jew.

Shh...

Is that true?? I had no idea...

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Re: I finally reached 40 days!!!

Posted by Kavey - 06 Jul 2022 22:48

Supposedly they hired a real country singer for the song. Can't imagine what was going through

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their head when they sang the lyrics

Re: I finally reached 40 days!!!

Posted by Lchaim Tovim - 07 Jul 2022 00:46

That is too funny, I'm rolling.

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Re: I finally reached 40 days!!!

Posted by Nomore1 - 07 Jul 2022 00:47

So proud of you

keep going bro

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