

NEW PROGRAM! "Reaching New Heights"  
Posted by ChaimMod - 08 May 2022 16:06

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***Reaching New Heights** is a bonus program by R' Shaya Ostrov available for any GYE member who has an accountability partner.*

The goal of this program is to help you reach new heights of freedom from your personal challenges in a way that you've never imagined, through GYE's revolutionary ten-session program - **Reaching New Heights**.

You'll be flying along with your co-pilot or chavrusa through this incredible self-administered 10-session life adventure. Through it you will experience the exhilaration of learning revolutionary life-transforming skills and meditations that will bring you into a new world where you will transform the way you think, feel and behave. You'll learn how to take control of your thoughts, anxieties, and how you feel about yourself and you will cultivate the emotions that bring you to new heights in your life.

All it takes is a desire and a commitment to complete this life-transforming experience in just ten sessions of 20-30 minutes. You will emerge with the strength, the skills and the wisdom to make the rest of your life everything you ever dreamed it could be.

Please visit [guardyoureyes.com/heights](http://guardyoureyes.com/heights) for more details and application...

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Re: NEW PROGRAM! "Reaching New Heights"  
Posted by Sapy - 08 May 2022 17:54

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Um... May I ask for more details? What exactly is this about? A pill?... does this replace the regular F2F program?

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Re: NEW PROGRAM! "Reaching New Heights"  
Posted by ChaimMod - 08 May 2022 18:05

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[Sapy wrote on 08 May 2022 17:54:](#)

Um... May I ask for more details? What exactly is this about? A pill?... does this replace the regular F2F program?

As stated above it's a self-administered 10-session program. Through it you will learn life-transforming skills and meditations. it does not replace the regular F2F program, but it's a bonus program and a great tool for working with a partner with a structured approach.

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