

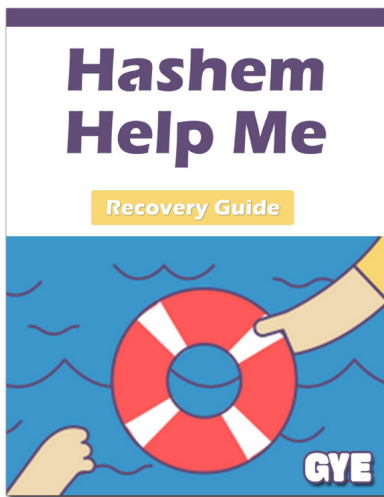
New Recovery Guide - "Hashem Help Me"

Posted by ChaimMod - 11 Feb 2022 01:00

We would like to present a new eBook with a collection of ideas from the writings and postings from one of our favorite dedicated mentors known as **"Hashem Help Me"**

Please download and let me know if you have any feedback.

There is also a version for married men that will be provided by request only.



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Re: New Recovery Guide - "Hashem Help Me"

Posted by Markz - 11 Feb 2022 01:22

I assume it has good stuff!

However as you well know, tens and possibly hundreds of friends on GYE can tell you, this man I believe single-handedly has helped countless fellows via the most successful tool on GYE which is reaching out and connection!

Reading his blogs can be helpful, But it does not do justice to him or to the hundreds that can be helped with his kind tone and direct guidance.

It's about time you put out something like this;

NEW F2F PROGRAM

Warning: Spoiler!

?Mentors Are Ready to help at no charge!

For Addicts email Dov...

For Non-Addicts email HHM...

The mentor will reply and is happy to chat with you over the phone at your convenience

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Re: New Recovery Guide - "Hashem Help Me"
Posted by wilnevergiveup - 11 Feb 2022 06:04

I skimmed through it and it looks great!

It seems like a collection of HHM's posts. I love that it's short.

Perhaps it can be edited, a couple of things were repetitive. There was a section "not just pornography" and the topic was already discussed in "wet dreams".

Overall, I love the content.

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Re: New Recovery Guide - "Hashem Help Me"
Posted by sleepy - 11 Feb 2022 06:12

[Markz wrote on 11 Feb 2022 01:22:](#)

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can anyone direct me to dovs blogs?

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Re: New Recovery Guide - "Hashem Help Me"
Posted by MenachemGYE - 11 Feb 2022 12:12

You can find them here:

guardyoureyes.com/forum/4-On-the-Way-to-90-Days/124072-Dov-Quotes

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Re: New Recovery Guide - "Hashem Help Me"
Posted by Heeling - 13 Feb 2022 20:23

Wow wow wow! This is amazing news. It sounds amazing to just have Hashem Help Me downloaded on my computer instead of calling (bothering) him. Although I know he loves when we call and is always there to help and guide.

Thank you GYE and Thank you HHM.

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Re: New Recovery Guide - "Hashem Help Me"
Posted by Changing - 13 Feb 2022 22:06

Wow! This is amazing! How can I get the one for married people?

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Re: New Recovery Guide - "Hashem Help Me"
Posted by Hashem Help Me - 14 Feb 2022 12:20

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Re: New Recovery Guide - "Hashem Help Me"
Posted by jackthejew - 14 Mar 2023 18:58

Buuuump!

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Re: New Recovery Guide - "Hashem Help Me"
Posted by Eerie - 14 Mar 2023 20:16

Thanks for the bump, JTJ!

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Re: New Recovery Guide - "Hashem Help Me"
Posted by chaimoigen - 02 Jun 2023 00:57

Thank you!.

One caveat. To echo what Markz said, maybe a little more bluntly, reading wise sayings and good advice is very nice. It can help remind us of what we need to know, carry it around with us and review these critically important lessons.

But if you have not met him yet - reading this guide won't compare to meeting and talking with

him and experiencing his genuine care and understanding, his warmth and compassion, his wisdom and experience and (sometimes blunt) invaluable guidance. [Same probably goes for other special mentors I haven't yet had the zchus to meet.]

Hey! Don't you guys on GYE know that stuff downloaded to your computer isn't a replacement for a healthy, real relationship?!

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Re: New Recovery Guide - "Hashem Help Me"
Posted by ChaimMod - 02 Jun 2023 13:02

[chaimoigen wrote on 02 Jun 2023 00:57:](#)

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One caveat. To echo what Markz said, maybe a little more bluntly, reading wise sayings and good advice is very nice. It can help remind us of what we need to know, carry it around with us and review these critically important lessons.

But if you have not met him yet - reading this guide won't compare to meeting and talking with him and experiencing his genuine care and understanding, his warmth and compassion, his

wisdom and experience and (sometimes blunt) invaluable guidance. [Same probably goes for other special mentors I haven't yet had the zchus to meet.]

Hey! Don't you guys on GYE know that stuff downloaded to your computer isn't a replacement for a healthy, real relationship?!

Thank you for your comments. Now we know :-)

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