

The FLIGHT TO FREEDOM course is finally available

Posted by ChaimMod - 02 Dec 2021 17:50

We're super excited to announce that the long awaited FLIGHT TO FREEDOM course is finally available for current GYE members.

For the past 3 years, GYE's R&D team has sifted through mountains of **brain science** research relating to **addiction and behavior change**, as well as all recovery programs and dozens of books on the topic, in order to develop the GYE FLIGHT TO FREEDOM.

This revolutionary multi-layered program contains a rich collection of evidence-based Torah-aligned tools to help you reach **long term recovery**.

The FLIGHT TO FREEDOM course is designed for people who are serious about recovery from porn and masturbation, and are willing to devote about two hours a week, for the next 9 weeks.

We need your feedback to be able to continue improving the course and the lives of the GYE members.

<https://f2f.guardyoureyes.org/>

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Re: The FLIGHT TO FREEDOM course is finally available

Posted by concernedjew21 - 02 Dec 2021 23:26

Amazing! It should bring lots of hatzlacha!

How do I sign up?

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Re: The FLIGHT TO FREEDOM course is finally available

Posted by MenachemGYE - 03 Dec 2021 11:40

To sign up just visit f2f.guardyoureyes.org (if you're not logged in yet to your GuardYourEyes, you'll be prompted to log in first.)

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Re: The FLIGHT TO FREEDOM course is finally available

Posted by cordnoy - 03 Dec 2021 12:48

They did a fabulous job! Tizku l'Mitzvois!

For the forum's sake, please let us know your experience after takin' the brief intro survey and perusin' the site.

Thanks

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Re: The FLIGHT TO FREEDOM course is finally available

Posted by Hakolhevel - 07 Dec 2021 18:39

[cordnoy wrote on 03 Dec 2021 12:48:](#)

They did a fabulous job! Tizku l'Mitzvois!

For the forum's sake, please let us know your experience after takin' the brief intro survey and perusin' the site.

Thanks

So far looks really nice!

I'm trying to get a thread started in the F2F section. Hopefully others will join in!

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Re: The FLIGHT TO FREEDOM course is finally available

Posted by future paltiel - 07 Dec 2021 21:25

Started. Did not finish yet. Must say it started changing my life and have no doubt it will completely when I'll be done. Amazing work is all I have to say.

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Re: The FLIGHT TO FREEDOM course is finally available

Posted by ChaimMod - 09 Dec 2021 18:07

Please see this thread on **Reasons for change**

guardyoureyes.com/forum/60-F2F---General-Discussion/374871-Reasons-for-change#374871

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