

Been there done that... not really

Posted by geshertzarmeod - 14 Feb 2011 09:48

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I've started the teshuva process before, but never with the support of others. Even if no one is reading this, just the idea that I can post this somewhere is meaningful. One day at a time. So this is day 1. :-\

I think I need to check the attitude handbook.

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Re: Been there done that... not really

Posted by Shteeble - 16 May 2011 13:59

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That's as much HIS picture as HIS name is Bardichev.

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Re: Been there done that... not really

Posted by laagvokeles - 16 May 2011 14:02

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Re: Been there done that... not really

Posted by geshertzarmeod - 16 May 2011 20:02

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sorry Reb Yid, tzaddik90 is my man!

speaking of which, where is he?

hey tzaddik! drop a line and say hi!

we miss you over here!

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Re: Been there done that... not really  
Posted by ZemirosShabbos - 16 May 2011 20:10

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hi Gesher,

mazel tov on your milestone and may you never feel overconfident and may we all grow closer to HKB"H today.

if you read tzadik90's thread it seems he is taking a break from posting for a bit.

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Re: Been there done that... not really  
Posted by geshertzarmeod - 16 May 2011 20:16

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thanks zem

all the best to you!

thanks for the heads up on tzaddik

i gave up reading his thread

my head spins trying to follow it

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Re: Been there done that... not really  
Posted by geshertzarmeod - 05 Nov 2011 20:32

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I know I know this thread has been dead since mid-May. But I feel this is the best place to post what I need to say.

Last night, Shabbos Parshas Lech Lecha I finally spilled the beans to my wife. Again I reiterate that I don't have porn issues so I felt it was safe, no, necessary to bring my wife on board. Lately shmiras einayim has become increasingly difficult and I felt that I needed to sock the YH big time. The only real stressor that still existed was the secrecy of it all. Add to that, the fact that

some GYE chevra have been calling me, it was getting too difficult to hide. Not to mention the fact that many people are very big on telling the spouse.

Well....

She was really good about it, very supportive and understanding. She's great!

She was just upset / hurt that I suffered in silence for 20 years.

I tried to explain that I didnt have the keilim to deal with this earlier and only felt comfortable talking about it and admitting it after being on the forum for over 260 days.

Anyhow BH all is good. We talked alot and cleared up a bunch of garbage that has been getting in the way. All in all it was a good move.

I dont know if anyone ever noticed the text under my avatar used to say "Like a bridge troubled over water" (a play on words from an old song in my youth) expressing my troubled state that I was in. Now its changed to the real words, "Like a bridge over troubled water." expresing my feeling of being much stronger and solid in my growth.

Thanks again to GYE and all those who have given me support.

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Re: Been there done that... not really  
Posted by Reb Yid - 06 Nov 2011 01:47

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Gesher!!

Nice to hear from you again!!

I am SOOOO happy to hear that you finally told your wife. It is not easy to do, but I found it to be so liberating it was wonderful. Isn't it amazing how great the wife can be? To forgive and move on and only regret not being able to help sooner? Not all wives can do that so guys like you and me must be very thankful to them, and of course to Hashem who gave us them. May this be the last step in a lasting recovery!!!

Hatzlocha,

Reb Yid

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Re: Been there done that... not really  
Posted by geshertzarmeod - 06 Nov 2011 06:53

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Ah Reb Yid! You are music to my ears!

you are so right!

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Re: Been there done that... not really  
Posted by Reb Yid - 06 Nov 2011 13:56

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You obviously never heard me sing!!!! :-\

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Re: Been there done that... not really  
Posted by geshertzarmeod - 23 Nov 2011 21:42

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Baruch Hashem just proved to myself that Im for real! Made it thru a long trip away from home, with HASHEM by my side at all times. Coming home, feeling good! Of course it goes without saying that its due to GYE and the chevra, so Im not going to say that, although i just did. ???

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Re: Been there done that... not really  
Posted by Gevura Shebyesod - 23 Nov 2011 21:48

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Welcome back, Gesher!

KUTGW!!!!

Gevura!

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Re: Been there done that... not really  
Posted by Shteeble - 23 Nov 2011 22:06

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Great Job Gesher.....

Coffee Ice cream at your door

courtesy of gye

if you don't see it when you get home

that means someone chapped it up

oibazoi head over to the gye chat room for some cold hard double dipped donuts

just watch out for that error 500 guy

he kind of sneaks up on you....

gevaaaaaaaaaaaaaa|||||ddddd  
|||||









hhhhhhhhhhhhhhhhgggggggggggggggggggg

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Re: Been there done that... not really  
Posted by Reb Yid - 23 Nov 2011 22:40

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Great work!!

That is an awesome feeling.

Just a word of caution: Don't let the euphoria of "being real" carry you away. if you let down your guard, the YH will come charging at full speed.

Rejoice in your accomplishments, but don't lose sight of your vulnerability.

And Keep It Up!!!

Hatzlocha!!

Reb Yid

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Re: Been there done that... not really  
Posted by ZemirosShabbos - 23 Nov 2011 22:49

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Great to hear, gesher!

yishtabach shmo la'ad!

imagine how Eisav felt after he finished his soup and Yakov had something to show le'netzach netzachim.

you upgraded from shopping in the Dollar Store (where everything is worth exactly \$1) to shopping in Saks Fifth Avenue.

Ashrecha

and as Reb Yid wisely said: past performance is not a guarantee of future results

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