

Been there done that... not really

Posted by geshertzarmeod - 14 Feb 2011 09:48

I've started the teshuva process before, but never with the support of others. Even if no one is reading this, just the idea that I can post this somewhere is meaningful. One day at a time. So this is day 1. :-\

I think I need to check the attitude handbook.

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Re: Been there done that... not really

Posted by ZemirosShabbos - 01 Apr 2011 15:01

there is a gevaldiger story about an old-time chassid

(i think it is brought in Slonimer sefarim, maybe EBD or someone can post the source)

there was a guy who in order to make parnassah had an illegal distillery in his house

one day a gov't official came to town and someone masser'ed on this chassid

the official came looking for this chassid

his wife managed to stall for some time before he came into the house to look around

she sent her husband to try and cover up the secret trapdoor to the distillery

he figured he will go quickly to shul and say some tehillim

he ran to shul and took out a tehillim

started saying kapitel after kapitel

he got up to kapitel 42, ???? ???? ??????

he got so caught up in the words

he totally forgot what was happening and just kept on saying and pouring his heart out

meanwhile back at home his wife was getting desperate

she had no clue what happened to her husband

out of ideas, she ran and dumped straw all over the floor, covering up the trap door

the official came in and started poking around

he got to the room with the trap door and started looking

then he said "if someone has a distillery the last thing they want in the room is straw as it ruins the ingredients, why am i wasting my time here?" and left

he was still in shul davening and talking to the RBSO

our dear Gesher has the correct priority!

gevaldig!

have a great shabbos

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Re: Been there done that... not really
Posted by Shteeble - 04 Apr 2011 01:25

[Gesher Tzar Meod wrote on 01 Apr 2011 14:39:](#)

thanks world. good shabbos!

what's with the danishes?

You don't like danishes? ???

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Re: Been there done that... not really

Posted by geshertzarmeod - 04 Apr 2011 04:13

I cant eat them for medical reasons, but that isnt the issue.

I dont understand what they have to do with anything.

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Re: Been there done that... not really

Posted by geshertzarmeod - 05 Apr 2011 07:00

Baruch Hashem we are holding by 50 today!

Muchos gracias to the Ribbono shel Olam and to all of you at GYE.

Very busy with a family simcha, so I dont have much time to post.

Hatzlacha to everyone!

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Re: Been there done that... not really

Posted by ZemirosShabbos - 06 Apr 2011 18:22

lot of simcha!

gevaldigggggg

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Re: Been there done that... not really

Posted by geshertzarmeod - 10 Apr 2011 09:26

Shabbos was great! Family simcha. lots of pressure and potential for major stress buttons pressed by certain family members.

HKBH cam thru in a big way! It was unbelievable!

I thanked HIM soooooooooo much

zemiros were really special time to connect and i felt really close.

what a bracha!

full of gratitude!

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Re: Been there done that... not really

Posted by Eye.nonymous - 10 Apr 2011 10:02

Hello Gesher,

Just dropping in to say hello. Looks like you're doing really well.

--Eye.

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Re: Been there done that... not really

Posted by geshertzarmeod - 14 Apr 2011 21:45

Thank you Eye, nice to meet you at Duvid Chaim's on Thursday night.

Its actually been 2 months since joining the forum (60 days tomorrow)

and it feels like a lifetime. in a good way!

I dont have the same feeling of hopelessness as i did when i started, and i feel that there is a gr8 group support here. That meeting was so mportant for me just to meet some of you guys and to be able to put some human faces to names. After a while on the forum you wonder who these people are, and start to look at everyone you meet wondering if theyre on the forum. It was nice really nice. I almost didnt come at all, thinking what if i meet someone i really know, what if someone figures out who i am. but the need to connect with human beings aside from thru the computer was so strong that I just had to come. No regrets.

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Re: Been there done that... not really
Posted by Reb Yid - 14 Apr 2011 23:24

I am so happy for you!!

Keep it up!!

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Re: Been there done that... not really
Posted by Eye.nonymous - 15 Apr 2011 06:08

[Geshertzar Meod wrote on 14 Apr 2011 21:45:](#)

Thank you Eye, nice to meet you at Duvid Chaim's on Thursday night.

Nice to meet you, too.

I think that was a major step for me in recovery--to stop being just a username writing to other usernames, but to be a real person in touch with other real people, all working together for real in real life.

--Eye.

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Re: Been there done that... not really
Posted by geshertzar meod - 15 Apr 2011 10:50

60!!!!!!

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Re: Been there done that... not really
Posted by ZemirosShabbos - 15 Apr 2011 14:28

Mazel Tov!

wishing you much continued hatzlacha ad me'ah ve'esrim

lechayim!

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Re: Been there done that... not really
Posted by Blind Beggar - 17 Apr 2011 10:32

Gesher, it was great to meet you on Thursday night. Meeting real live normal GYE people in Eye.nonymius's succah was a very important event for me and it made going to live SA meetings a non-daunting task. Now I have met many more of us and I love all y'all.

Have a great, holy, sober Pesach!

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Re: Been there done that... not really
Posted by geshertzarmeod - 27 Apr 2011 22:57

Im sorry I havent been around

just so busy with pesach and the family

havent really posted much lately

sort of lost the ta'am of posting

BH all is good

feeling very good about hitting the next level of the chart

ran into some severe trouble with the YH after putting the kitchen back together

its amazing that once you know what is pushing your buttons

you can just say I know why Im feeling the need to act out

its because there was alot of tension between the mrs and I

and that causes Resentment and stress etc...

I just said Im not going there

and BH I didnt

I also wanted to say that I got alot of chizuk from the wall of honor

all along I was thinking my gosh this is taking a long time

just 60 days?

then i was getting sort of down on the fact there are plenty of people who hit 90+ and then fell

so i peeked at the wall of honor for those passed 90

and it was so inspiring!!!!

It really gave me a boost!

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