

My CLIMB on the wall

Posted by 2nd-chance - 01 Jan 2011 23:24

Started dec 26 after several other starts

trying to keep tight

for ONE day only

now day 7

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Re: My CLIMB on the wall

Posted by DavidT - 03 May 2023 18:22

[2nd-chance wrote on 02 May 2023 22:08:](#)

i actually made it to the WALL of HONOR

AMAZING!

Can you please share with us what worked for you?

Also, what's your plan now that you're on the other side of the wall?

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Re: My CLIMB on the wall

Posted by 2nd-chance - 05 Jun 2023 10:36

not sure what changed

maybe a better step 1

being more desperate

deeper belief that acting out will not help me (will not fulfill its promise)

i am still as vulnerable as yosef hatzadik was in his hardest moment

and by the grace of my hp i am sober until today

i pray that i will stay sober this day 125 = "??? ?????" who knows

any

tx for asking

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Re: My CLIMB on the wall

Posted by 2nd-chance - 11 Jun 2023 13:13

today is day 130

Gematria of

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60636 Views

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Re: My CLIMB on the wall

Posted by 2nd-chance - 15 Jun 2023 10:09

today is 134

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Re: My CLIMB on the wall

Posted by 2nd-chance - 27 Jun 2023 11:34

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Re: My CLIMB on the wall

Posted by 2nd-chance - 04 Jul 2023 22:24

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60771 Views

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Re: My CLIMB on the wall

Posted by 2nd-chance - 07 Jul 2023 14:06

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60795 Views

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Re: My CLIMB on the wall

Posted by yitzchokm - 07 Jul 2023 21:09

We are privileged to have this challenge. Reb Tzadok of Lublin writes in Tidkas Hatadik letter 44 that someone who has great challenges in this area shouldn't be depressed into thinking how blemished he is that he has such great challenges because the truth is just the opposite. Because he has such great challenges he is prepared for a powerful love and desire to seek the truth. In letter 46 he writes that although it says in Tehillim Hashem tells an evil person what business do you have learning torah, chazal tell us that everything the host tells you, you should listen to except for leave. He adds that this is why the story of the Maapilim who tried conquering Eretz Yisroel after Hashem told them they will die in the desert and Moshe told them that it won't succeed is written in the Torah. It is because even though they didn't succeed, it says in chazal that in the days before moshiach's arrivalchutzpah (audacity) will be great. This is referring to the audacity of the maapilim to go to Eretz Yisroel even though they were told they won't succeed. The story of the maapilim is relevant because before the coming of mashiach the maapilim will succeed. Some claim that he is also referring to the conquering of Eretz Yisroel but it is clear from his words that his main point is of conquering the evil inclination. Even if we are told that we won't succeed, nevertheless in the our day and time which is the period before the arrival of moshiach we will succeed. In letter 49 he writes that everyone should know that in the area that his is evil inclination challenges him very strongly he is a vessel prepared for those things to be extremely clean and pure by him. And in those areas that he sinned tremendously he should know that he is a vessel prepared to be clean and with a pure heart in exactly those specific areas. The book Tzidkas Hatzadik (???? ?????) can be found on the hebrewbooks.org website.

Also see Tanya chapter 27 which might be of greater relevance to addictions.

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Re: My CLIMB on the wall

Posted by 2nd-chance - 24 Aug 2023 10:12

204

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61027 Views

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Re: My CLIMB on the wall

Posted by 2nd-chance - 30 Aug 2023 12:04

210

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61079 Views

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Re: My CLIMB on the wall

Posted by Hashem Help Me - 30 Aug 2023 14:54

Mazel Tov! Kein yirbu!

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