

The life of a soldier in hashems army

Posted by mnman415 - 16 Nov 2010 03:54

my last thread was called starting over after 37 days and the one before that was called this time im in it to win it.

very quickly. im 16. got into this at 11 years old. always said ill stop after my bar mitzvah. in 8th grade i talked to girls. in summer going into 9th i decided to stop talking to them because i felt guilty about m*****. skipping ahead. here i am now as an addict. a teenage addict trying to get close to hashem.

the only way i can do it is with his help, without hashem i am helpless.

so here is what we are doing. we are DAVENING 3 times a day. not saying the words but talking to hashem. if possible, talk to hashem often.

filling my day with as much torah as possible.and maintining kedusha. thursday nights i will try to exercise to get rid of some extra hormone buildup. and get rid of sexual energy.

there is so much more to do, but this is the main outline.

today was day 1. it was good, i was careful with my eyes. i learned a lot. i feel really good. i just decided. by next schoolyear, going into 12th grade, i WILL know how to learn. im still pushing myself in shiur. but out of shiur, i am taking a jastrow (dictionary) and learning torah. i am learning the entire masechta bekiyus that we are doing in school. we are only going to cover 20 or so dafim of gemorah so i am doing thr whole thing. over the vacations when i have more time i will try to learn how to learn be'iyun. but i first need to get down the basics.

anyways. i feel really pumped to keep going and really make it to 90 days this time. and with hashems help and only with his help will i be able to make it.

HS

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Re: The life of a soldier in hashems army

Posted by mnman415 - 12 Dec 2010 20:18

there is someone on this forum that i text when its tough.

i had another fall last night. today i am adding something to my interent filter. and my parents are being.....difficult. idk if its possible to get a filter on tv until next week.

i have to think of ways to keep away from it

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Re: The life of a soldier in hashems army
Posted by Shteeble - 12 Dec 2010 22:17

Operation Find New Yeshiva With Good Dorm

probably the best thing you can ever do for yourself.

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Re: The life of a soldier in hashems army
Posted by mnman415 - 13 Dec 2010 01:50

the winter teaches us such a holy lesson.

idk about all of you, but when i walk on ice, if i dont look down at where im walking, i slip.

hashem is telling us through the winter, if you dont keep your eyes down, you slip.

i find that for me, the hardest part and the most dangerous part is shemiras aynayim, thaughts are difficult, but im able a lot of the time to control them, but what i see (besides for the fact that the only memories that a person has is from what he sees) my eyes are almost the most important/crucial part of this challenge that i nned to be working on.

also, my rebbi told me, if im working on limud hatorah, and kavvanah during teffilah (both part of aseï tov) and if i work on shemiras aynayim (part of sur mera) then im set. these are THE things i need to be working on for now.

limud hatorah and shemiras aynayim can go hand and hand. when im walking on the street, if im thinking of some type of torah its much easier to keep my eyes down then if im walking in the

street only keeping in mind to keep my eyes down.

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Re: The life of a soldier in hashems army
Posted by mnman415 - 14 Dec 2010 02:40

my dad told me that he put a parental control on tv (a couple days ago i told him that someone told me that its assur for me to have a tv without a block) he finally got onee put on. and the filter gabbai added soemthing to my filter. baruch hashem!

starting the phone conference tonight!

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Re: The life of a soldier in hashems army
Posted by silentbattle - 14 Dec 2010 05:12

That's 2 pieces of fantastic news! Remember that filters are good, but they're not a permanent solution. There will always be times when we're tempted in a situation without filters, and we need to get ourselves to the point where we can walk away. Walk away not feel deprived, walk away and feel relieved. That's where the phone conferences come in.

So it sounds like you're really on the right path!

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Re: The life of a soldier in hashems army
Posted by Eye.nonymous - 14 Dec 2010 05:52

[HashemsSoldier wrote on 14 Dec 2010 02:40:](#)

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starting the phone conference tonight!

GREAT & GREAT!

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Re: The life of a soldier in hashems army
Posted by ZemirosShabbos - 14 Dec 2010 20:42

[HashemsSoldier wrote on 14 Dec 2010 02:40:](#)

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starting the phone conference tonight!

great to hear!

you are a true soldier, forging onward through thick and thin

keep up your great work!

sometimes a soldiers job is to pick up his rifle and shoot. sometimes his job is to move out of the way and let the artillery put down their merchandise unhindered. may you have the wisdom to

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Re: The life of a soldier in hashems army
Posted by mnman415 - 15 Dec 2010 01:10

thank you all! looking forward to calling in tonight.

last night i didnt introduce myself since im in my parents house, i dont want them to hear me.

day 2? i think

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Re: The life of a soldier in hashems army
Posted by briut - 15 Dec 2010 15:08

You know, I think your parents will only increase their respect for you in requesting the filter and doing it with such honor to your parents & their values.

I just told my own yeshiva bochur that we were going to visit Bubbee and she intended to take us on a multi-day sightseeing trip that would: a) be a gevaldige, always-remember event, and: b) require him to miss the first night seder of the next zman, and perhaps the next day as well. He's elected to fly back alone to get to night seder. He said that in 20 years, he thinks he'd regret the other choice more.

At first I was frustrated at the lack of family unification during Bubbee's command performance. But now, I cry tears of gratitude that he should make such mature choices at such a tender age, and think about 20 years from now rather than just today.

Asking your parents to heed the gedolei Torah and install the filter -- with or without a lust problem to fuel the request -- is (as MasterCard says), priceless. Shkoiach.

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Re: The life of a soldier in hashems army

Posted by ZemirosShabbos - 15 Dec 2010 15:23

Briut, that's phenominal!

much much continued nachas

from him

and from yourself!

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Re: The life of a soldier in hashems army

Posted by jewinpain - 15 Dec 2010 16:32

HS, u r an inspiration to all of us here, I'm very proud of ur work and so is hashem, just keep up and stay in touch

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Re: The life of a soldier in hashems army

Posted by mnman415 - 16 Dec 2010 00:26

that is a very big chizzuk....im already happy that i asked them:)

day 3...

i always thought that isolation wasnt an issue. i always told myself that i know everyone has this issue and im even already in a community of other addicts....but now that i join the phone conferences, i feel so together, idk how to explain it.

we started finals today. tommorow i dont have a final (you only need 3 years of social studies to graduate and jewish history {that we take during senior year}counts as one so i dropped a class for a bais moedrish period) so i have tons of time to learn torah tommorow!

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Re: The life of a soldier in hashems army
Posted by briut - 16 Dec 2010 02:22

HS: Sorry to butt in, but I've got to share my thought that... I would never want my own email address to show up on the publicly-searchable pages of this forum. These threads are searchable, both by google and by spam-servers.

I would have PM'd this, but I think others should see the reminder that this forum is not exactly the stuff you want on your shidduch resume and that keeping emails out of the public eye might be a good thing.

I am sure you'll be able to edit the last post appropriately . Thanks, and please forgive the thread hijack.

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Re: The life of a soldier in hashems army
Posted by mnman415 - 17 Dec 2010 05:27

taken care of bruit.

today, day 4.

the phone conference was good, there was a lot of stuff that i felt had to do with me.

i learned a lot today! lots of torah.

good night

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