

The life of a soldier in hashems army

Posted by mnman415 - 16 Nov 2010 03:54

my last thread was called starting over after 37 days and the one before that was called this time im in it to win it.

very quickly. im 16. got into this at 11 years old. always said ill stop after my bar mitzvah. in 8th grade i talked to girls. in summer going into 9th i decided to stop talking to them because i felt guilty about m*****. skipping ahead. here i am now as an addict. a teenage addict trying to get close to hashem.

the only way i can do it is with his help, without hashem i am helpless.

so here is what we are doing. we are DAVENING 3 times a day. not saying the words but talking to hashem. if possible, talk to hashem often.

filling my day with as much torah as possible.and maintining kedusha. thursday nights i will try to exercise to get rid of some extra hormone buildup. and get rid of sexual energy.

there is so much more to do, but this is the main outline.

today was day 1. it was good, i was careful with my eyes. i learned a lot. i feel really good. i just decided. by next schoolyear, going into 12th grade, i WILL know how to learn. im still pushing myself in shiur. but out of shiur, i am taking a jastrow (dictionary) and learning torah. i am learning the entire masechta bekiyus that we are doing in school. we are only going to cover 20 or so dafim of gemorah so i am doing thr whole thing. over the vacations when i have more time i will try to learn how to learn be'iyun. but i first need to get down the basics.

anyways. i feel really pumped to keep going and really make it to 90 days this time. and with hashems help and only with his help will i be able to make it.

HS

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Re: The life of a soldier in hashems army

Posted by mnman415 - 13 Jul 2011 21:36

before i say anything, i would like to direct the olams attention to the thread calls "GYE ad campaign" located in the "what works for me" section (i think that is where it is)

today is day 4!

learned 3 more osiyos today (actually 4 osiyos, i did one thats is bais yosef and one that is arial)

im up to 18! cant wait till im done to get started on that megillah,.

on the call last night we got to one of my favorite parts of the program. the middle of step 3.

WE HAVE TO STOP PLAYING G-D!! we have to let got be the directer and l;et us be his actors.....etc.

such an important part of life! i cant control anything. G-D is the directer, he calls the shots, he says that today i am playing the role of a policeman, i cant decide to play the role of a store worker.

G-d is my employer he gave me a hammer cus i need a hammer. G-d put me in a certain situation cus i need that situation for whatever reason , I CANT CHANGE THE SITUATION.

so what can i control? i can ONLY control my reaction.

the statement of "when life gives you lemons, make lemonade" is such a beautiful statement.

the way that the recovering addict looks at this statement is that i was given a very sour situation in life, i was given a lemon, what can i do? i CAN ONLY MAKE LEMONADE (something that is delicious and sweet) i can only control my reaction,

THIS IS CONTRARY TO POPULAR BELIEF to those who say the the statement is when life gives you lemons, throw them back (even though they are joking -hopefully) but if people really think that that is the line, THEY ARE PLAYING G-D. G-D GAVE ME LEMONS, a.k.a. G-d gave me a situation, throwing it back means that im trying to change the situation so that there are no more lemons or no more bad situation left.

alright, ive said enough.

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Re: The life of a soldier in hashems army
Posted by teenagehelp - 14 Jul 2011 02:30

there's an old tv show i used to watch and the theme song had the line "when life give me lemons, i make beef stew." after reading your post, it made me think of the other theme song and how its also a guide to fighting this battle. even if you get a test thrown your way, the best way to win is to just ignore it. like i've heard so many times on the forum, you cant win this by trying to argue on a rational level with your yetzer harah. you just have to take yourself out of the situation. locking horns with the yetzer harah only bogs you down with him. just sidestep him and let him run through your matador's cape.

. keep it up!

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Re: The life of a soldier in hashems army
Posted by ZemirosShabbos - 14 Jul 2011 15:43

www.guardyoureyes.org/forum/index.php?topic=3053.0

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Re: The life of a soldier in hashems army
Posted by mnman415 - 14 Jul 2011 15:46

shkoich on day 4
you saw lemons and lemonade and it reminded you of the gye lemonade stand? lol

i forgot about that thread.

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Re: The life of a soldier in hashems army
Posted by Shteeble - 14 Jul 2011 23:19

[HashemsSoldier wrote on 13 Jul 2011 21:36:](#)

learned 3 more osiyos today (actually 4 osiyos, i did one thats is bais yosef and one that is arial)

Really, what font size do you write in?

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Re: The life of a soldier in hashems army
Posted by mnman415 - 15 Jul 2011 02:54

it depends the mood im in, typically i use size 12 or 14

if you want to be really technical, the average letter is 3 kulmusin, and the unaverage letter is 5 kulmusin,

btw, day 5 is pretty succesful until now that i have a headache and have a little RID kicking in, but im trying to live the program still and deal with the RID

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Re: The life of a soldier in hashems army
Posted by mnman415 - 15 Jul 2011 17:51

today is day 6!

that is a double chazzakah!

just trying to finish up today.

have a GREAT shabbas!

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Re: The life of a soldier in hashems army
Posted by mnman415 - 18 Jul 2011 18:26

today is day 9.

checking in.

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Re: The life of a soldier in hashems army
Posted by shteighecher - 18 Jul 2011 18:28

now its a triple Chazzakah. Keep it up. one day at a time.

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Re: The life of a soldier in hashems army
Posted by mnman415 - 19 Jul 2011 22:27

today is day 10.

im doing pretty well with fasting.

i find that the older i get the easier fast gets.

have a small headache though

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Re: The life of a soldier in hashems army
Posted by mnman415 - 20 Jul 2011 19:28

day 11.

the megillah klaf is supposed to be here in 2 weeks, and the alef is very difficult!

besides that all the other osiyos are beautiful.

oh, and im living one day at a time with G-ds help i am still clean, not worrying about possible upcoming difficult situations in the next week, just worrying about today.
ive made at least 50 and maybe 2 of them are half decent

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just keeping the olam updated

Re: The life of a soldier in hashems army
Posted by shteighecher - 20 Jul 2011 19:32

i think omce our solidiar is ready for a sefer torah, we the GYE kehilla will have him right our first sefer torah, we will make a big hochnuses sefer torah (online, or purim with masks), and we will put it in our Beis Homedresh.

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Re: The life of a soldier in hashems army
Posted by ZemirosShabbos - 20 Jul 2011 20:19

great to hear you are doing good, Soldier

even the biggest doctors are still only practicing

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Re: The life of a soldier in hashems army
Posted by mnman415 - 20 Jul 2011 23:18

shkoyach:)

well i have to weeks to practice until the klaf comes (and if needed i can still practice longer than

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that