

The life of a soldier in hashems army

Posted by mnman415 - 16 Nov 2010 03:54

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my last thread was called starting over after 37 days and the one before that was called this time im in it to win it.

very quickly. im 16. got into this at 11 years old. always said ill stop after my bar mitzvah. in 8th grade i talked to girls. in summer going into 9th i decided to stop talking to them because i felt guilty about m\*\*\*\*\*. skipping ahead. here i am now as an addict. a teenage addict trying to get close to hashem.

the only way i can do it is with his help, without hashem i am helpless.

so here is what we are doing. we are DAVENING 3 times a day. not saying the words but talking to hashem. if possible, talk to hashem often.

filling my day with as much torah as possible.and maintining kedusha. thursday nights i will try to exercise to get rid of some extra hormone buildup. and get rid of sexual energy.

there is so much more to do, but this is the main outline.

today was day 1. it was good, i was careful with my eyes. i learned a lot. i feel really good. i just decided. by next schoolyear, going into 12th grade, i WILL know how to learn. im still pushing myself in shiur. but out of shiur, i am taking a jastrow (dictionary) and learning torah. i am learning the entire masechta bekiyus that we are doing in school. we are only going to cover 20 or so dafim of gemorah so i am doing thr whole thing. over the vacations when i have more time i will try to learn how to learn be'iyun. but i first need to get down the basics.

anyways. i feel really pumped to keep going and really make it to 90 days this time. and with hashems help and only with his help will i be able to make it.

HS

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Re: The life of a soldier in hashems army

Posted by mnman415 - 10 Jun 2011 03:17

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hello my friends,

i hope everyone had a great yom tov. i did. baruch hashem i had a spiritually clean one! i had some issue with shmiras eynayim but only a little bit,

im on day 5 btw.

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Re: The life of a soldier in hashems army  
Posted by silentbattle - 10 Jun 2011 05:04

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The important thing is that even if you had a problem, you moved forward.

Really - that is the only important thing!

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Re: The life of a soldier in hashems army  
Posted by ZemirosShabbos - 10 Jun 2011 14:58

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great to hear you doing good!

continued hatzlocha

have a super shabbos!

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Re: The life of a soldier in hashems army  
Posted by mnman415 - 10 Jun 2011 17:45

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my rav said that he heard a vort from his father once (not sure if its his own or said in name of someone) that when moshe had to "kidsheim hyom umacharas" he santified them today and yesterday that he taught them about priorities, you have to get what needs to be done today, done today and what needs to be done tommorow, done tommorow. the 1st thing that came to mind is GYE and our motto of 1 day at a time.

(he said a lot more on this idea, but this is the main gist)

A GUT SHABBAS!!!!

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Re: The life of a soldier in hashems army  
Posted by mnman415 - 13 Jun 2011 00:15

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hello everyone,

how is everyone doing?

ok good news and bad news,

bad news, school ends this week so ill have a lot more time on my hands hopefully not to be used to have falls. it looks like a busy summer though. good news is that my bro is coming tommorow and another person around the house is good! hes here for good, going to the jewish college here so next year also i have him to be here.

just sharing.

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Re: The life of a soldier in hashems army  
Posted by Dov - 13 Jun 2011 01:29

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If you need to be worried about anything, better let it be of the potential for little trips, rather than the falls. Battle lines have to be drawn way, far away from ground zero for me. For me it's about living honestly - rather than focusing on not hiding porn under my mattress; being more and more present for the people in my life - rather than trying to fight the feeling that they are such pains in the butt for me and when-will-they-leave-me-alone-already-so-I-can-act-out!!, etc....

My focus needs to be away from the acting out vs not acting out, and onto a different shlav of avodah legamri - like the steps (which mention nothing of my addiction after the very first one - the rest is on learning to live according to spiritual principles rather than revolve around fighting my desires, which is not a spiritual thing at all!) for example.

OK, nuff outa me.

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Re: The life of a soldier in hashems army  
Posted by mnman415 - 13 Jun 2011 03:29

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thanks dov, i remember going through all those emotions of I want to act out already!!! get away!!!

so thank you, i will put it into practice and work on the trips.

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Re: The life of a soldier in hashems army  
Posted by mnman415 - 14 Jun 2011 00:31

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my bro is home! its exciting but also, we have completely diff personalities so it will be hard to connect as brothers, but now that he is back from eretz yisrael and i have a new attitude, hopefully i will work on connecting to him as a brother.

another great thing, now that i know how to tie every shittah of tzitzis, i went on and now i know how to tie a sfard/chassidish shel yad knot (i want to be a sofer when i get older)!

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Re: The life of a soldier in hashems army  
Posted by mnman415 - 14 Jun 2011 22:28

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i had a fall today

keeping besimcha and trying to live the 12 steps.

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Re: The life of a soldier in hashems army  
Posted by Shteeble - 15 Jun 2011 00:25

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fehl shmehl ring a bell?

You make us kvehl. No need to yell.

May we all be zoicheh to continue to shteig, and never see the one rhyming word I left out.

:O

Tamshich Trucking Soldier!

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Re: The life of a soldier in hashems army  
Posted by ZemirosShabbos - 15 Jun 2011 15:58

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[Shteeble wrote on 15 Jun 2011 00:25:](#)

Tamshich Trucking Soldier!

sounds like good marching orders

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Re: The life of a soldier in hashems army  
Posted by mnman415 - 16 Jun 2011 21:14

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excited for shabbas! im gonna be with a chasheva rebbe!

also checking in.

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Re: The life of a soldier in hashems army  
Posted by Yosef Hatzadik - 16 Jun 2011 21:27

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... and I am gonna be with a tzadik - - - Yosef hatzadik. Ha Ha

BTW, you are quite a chashuva guy yourself!!!

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Re: The life of a soldier in hashems army  
Posted by ZemirosShabbos - 17 Jun 2011 16:18

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getting a little jealous here...

i'll just enjoy my shabbos with some zemiros

have a great shabbos HS!

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