

The life of a soldier in hashems army

Posted by mnman415 - 16 Nov 2010 03:54

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my last thread was called starting over after 37 days and the one before that was called this time im in it to win it.

very quickly. im 16. got into this at 11 years old. always said ill stop after my bar mitzvah. in 8th grade i talked to girls. in summer going into 9th i decided to stop talking to them because i felt guilty about m\*\*\*\*\*. skipping ahead. here i am now as an addict. a teenage addict trying to get close to hashem.

the only way i can do it is with his help, without hashem i am helpless.

so here is what we are doing. we are DAVENING 3 times a day. not saying the words but talking to hashem. if possible, talk to hashem often.

filling my day with as much torah as possible.and maintining kedusha. thursday nights i will try to exercise to get rid of some extra hormone buildup. and get rid of sexual energy.

there is so much more to do, but this is the main outline.

today was day 1. it was good, i was careful with my eyes. i learned a lot. i feel really good. i just decided. by next schoolyear, going into 12th grade, i WILL know how to learn. im still pushing myself in shiur. but out of shiur, i am taking a jastrow (dictionary) and learning torah. i am learning the entire masechta bekiyus that we are doing in school. we are only going to cover 20 or so dafim of gemorah so i am doing thr whole thing. over the vacations when i have more time i will try to learn how to learn be'iyun. but i first need to get down the basics.

anyways. i feel really pumped to keep going and really make it to 90 days this time. and with hashems help and only with his help will i be able to make it.

HS

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Re: The life of a soldier in hashems army

Posted by mnman415 - 25 May 2011 03:29

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you are right.

the thing im going to work on is reaching out more.

this is now the week of yesod. a time to work specifically on this area.

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Re: The life of a soldier in hashems army  
Posted by Yosef Hatzadik - 26 May 2011 20:10

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[HashemsSoldier wrote on 23 May 2011 03:05:](#)

i have a question for those who are in the groups.

ive been through it before this is my second time, but lets pretend i havnt.

so we now understand that we have an allergy and once we start lusting....we crave for more.  
now, what do we do? lets say that on monday i see a lady and i have a small level of lusting and  
then the allergy kicks in, and then through the week it gets stronger and stronger as i see more  
ppl. what do i do?

know what i meen?

[HashemsSoldier wrote on 17 May 2011 01:47:](#)

i just had the best drive home in regards to shmiras eynayim since ive been driving, i called one  
of my friends i made through gye and said that i dont want to go through this difficult situation by  
myself so i waant to get your support also and shmoozed with him then i davened to hashem to  
help me. i had to live IN THAT VERY SECOND to do well. i owe this trick to the 12 step  
program from shlomo.

So, you ARE learning in the groups how to handle it! ;D ;D ;D

BTW, That **Shlomo** is a GREAT guy!!! He is one of **Hashem's Soldiers** too!!!

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Re: The life of a soldier in hashems army  
Posted by mnman415 - 29 May 2011 03:24

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a gut vuch?

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Re: The life of a soldier in hashems army  
Posted by ZemirosShabbos - 29 May 2011 03:28

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[HashemsSoldier wrote on 29 May 2011 03:24:](#)

a gut vuch?

a gut vuch to you too

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Re: The life of a soldier in hashems army  
Posted by mnman415 - 29 May 2011 03:30

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[HashemsSoldier wrote on 29 May 2011 03:24:](#)

a gut vuch?

[ZemirosShabbos wrote on 29 May 2011 03:28:](#)

[HashemsSoldier wrote on 29 May 2011 03:24:](#)

a gut vuch?

a gut voch to you too

my bad!

i meant to say a gut voch!

we should have a week of progress in ALL areas of yiddishkeit!!!

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Re: The life of a soldier in hashems army  
Posted by ZemirosShabbos - 29 May 2011 03:35

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amen!

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Re: The life of a soldier in hashems army  
Posted by mnman415 - 29 May 2011 03:39

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no worry i figured you were kidding around, just wanted to fix it still

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Re: The life of a soldier in hashems army  
Posted by Shteeble - 29 May 2011 04:01  
sorry, was just kidding around, i was pretty sure it was a mistake

gut voch !

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Re: The life of a soldier in hashems army  
Posted by mnman415 - 29 May 2011 20:33

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i just had a 12 step moment.

last week ppl were supposed to fix our foundation to fix the basement floods but it was raining so we rescheduled for later. but today we had a super duper heavy rain and it flooded worse than ever and i started having tons and tons of RID and i felt the urge to act out. i called my brother in israel to ask him who to get the wet vacuum from and he asked me why i was upset (he heard from my voice) he said that what happened happened, of course it will be annoying to clean it up, but i cant do anything about it and he told me to calm down.....it was mamash something from the program that he said. it was amazing!

anyone have anything to say about the foundation of our house being broken??? aspecially during the week of foundation during sefirah!

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Re: The life of a soldier in hashems army  
Posted by ZemirosShabbos - 30 May 2011 04:34

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Re: The life of a soldier in hashems army  
Posted by mnman415 - 31 May 2011 00:26

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i think he was a mystic. or maybe incompetent. ok so i guess i just dont know.

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Re: The life of a soldier in hashems army  
Posted by mnman415 - 03 Jun 2011 03:03

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i just got home from my class trip.

a bit tired.

but checking in

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Re: The life of a soldier in hashems army  
Posted by mnman415 - 05 Jun 2011 18:28

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did anyone listen to r twerski from the chizzuk email?

it was very good.

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Re: The life of a soldier in hashems army  
Posted by Eye.nonymous - 07 Jun 2011 07:51

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[HashemsSoldier wrote on 29 May 2011 20:33:](#)

i just had a 12 step moment.

That's great.

--Eye.

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