

GYE - Guard Your Eyes

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The life of a soldier in hashems army
Posted by mnman415 - 16 Nov 2010 03:54

my last thread was called starting over after 37 days and the one before that was called this time im in it to win it.

very quickly. im 16. got into this at 11 years old. always said ill stop after my bar mitzvah. in 8th grade i talked to girls. in summer going into 9th i decided to stop talking to them because i felt guilty about m*****. skipping ahead. here i am now as an addict. a teenage addict trying to get close to hashem.

the only way i can do it is with his help, without hashem i am helpless.

so here is what we are doing. we are DAVENING 3 times a day. not saying the words but talking to hashem. if possible, talk to hashem often.

filling my day with as much torah as possible.and maintining kedusha. thursday nights i will try to exercise to get rid of some extra hormone buildup. and get rid of sexual energy.

there is so much more to do, but this is the main outline.

today was day 1. it was good, i was careful with my eyes. i learned a lot. i feel really good. i just decided. by next schoolyear, going into 12th grade, i WILL know how to learn. im still pushing myself in shiur. but out of shiur, i am taking a jastrow (dictionary) and learning torah. i am learning the entire masechta bekiyus that we are doing in school. we are only going to cover 20 or so dafim of gemorah so i am doing thr whole thing. over the vacations when i have more time i will try to learn how to learn be'iyun. but i first need to get down the basics.

anyways. i feel really pumped to keep going and really make it to 90 days this time. and with hashems help and only with his help will i be able to make it.

HS

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Re: The life of a soldier in hashems army
Posted by ZemirosShabbos - 24 Nov 2010 04:50

HS, i feel for you. i will keep you in mind by davening.

maybe volunteer to serve, or carve up the turkey. be official Tums representative...

hatzlocha and remember all your fans here on GYE are rooting for you

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Re: The life of a soldier in hashems army
Posted by bardichev - 24 Nov 2010 06:17

Hs

I do not know if this will help u or not

I recently missed a family simcha because

Of the obvious reasons

I am not saying

That u should make a fight

How about going to sleep. Act tired and uninterested

U gotta make up what u will do before

Before means before

Once u are at the party

U are not in the position to decide what to do

Happy thanksgiving

B

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Re: The life of a soldier in hashems army
Posted by silentbattle - 24 Nov 2010 06:32

We're all rooting for you, but if you know this is gonna be a problem, then now is the time to plan. What can you do? It's a guarantee that you're allowed to say that you're not feeling well, spend most of the time in the bathroom, or like Bards said, pretend to be tired - But if you're worried about offending, pretend to be really sick.

This is also important because this gives you a chance to remind yourself that it's worth it to miss out on some good food, etc, for what's **really** good.

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Re: The life of a soldier in hashems army
Posted by briut - 24 Nov 2010 14:50

[HashemsSoldier wrote on 23 Nov 2010 23:28:](#)

unfortunatly my family makes a deal of thanksgiving. unfortunatly there will be guests with very attractive daughters. i will be doing a lot of learning and davening beforehand. i will definatly be talking to hashem in my mind at the thing. and i will really put the effort it....i have 2 days to

prepare myself.

Wow, how beautiful that you have an opportunity to honor your parents by participating in a ritual they don't even realize is a big challenge to you. Each time you turn your glance away from a girl over turkeytime, you can feel so proud that your parents are enjoying having you there along with the whole family etc. Yiddishe nachas fon de kinder!

I'm only saying this to grasp at straws for recognizing the many many mitzvos involved in your taking up the battle on Turkey Day. Honoring your parents, avoiding not just wandering eyes but loshon hora (itself = many mitzvos), reciting tehillim baal peh during moments of weakness, etc.

And most of all, the mitzva of recognizing that being helpless (in the 12-step sense) does not mean being helpless (in the sense of Torah and of individual success in the effort). You'll be walking away with a lot beyond just some memories of young ladies to shrug off.

At least, this is one poor fool's thought. B'hatzlacha.

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Re: The life of a soldier in hashems army
Posted by mnman415 - 24 Nov 2010 19:35

thank you, silent, b, zs, and world...i will really put effort into not being there at all. idk if its possible for me to actually not go. but i will try to serve and etc.

and bruit thank you very much. those are thoughts that are gold. i will really try to put effort into this.

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Re: The life of a soldier in hashems army
Posted by Yosef Hatzadik - 24 Nov 2010 23:11

May we inject a bit of humor over here?

[world wrote on 24 Nov 2010 01:12:](#)

2 pirate eye patches will cost you \$1.98 at 99cents store.

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Re: The life of a soldier in hashems army
Posted by silentbattle - 25 Nov 2010 06:42

;D ;D

But don't wear them if you're serving!

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Re: The life of a soldier in hashems army
Posted by mnman415 - 25 Nov 2010 17:13

haha....good morning everyone.

ok it doesnt look like my mom will let me miss it. but i am doing what yaakov did in last weeks parsha. planning for war (torah) asking hashem and telling my yetzer that this is really best for me. i also have to make sure that i understand, if i look or see anything once or twice or whatever, it doesnt meen im done for and can give up. it just meens to strengthen myself..... but the most important thing is that i have to constantly remember that it is hashem who keeps me clean and it is hashem who will help me reach sobriety.

p.s. frekt the gemorah meens the gemorah asks,....how do you say the gemorah answers?
emfors the gemorah?

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Re: The life of a soldier in hashems army
Posted by ZemirosShabbos - 25 Nov 2010 17:15

HS, you sound like you have a great attitude!

i think the correct way to say it is enfert der gemora...

are you saying a pshetel in yiddish at the Turkey Seuda?

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Re: The life of a soldier in hashems army
Posted by Eye.nonymous - 25 Nov 2010 19:04

[bardichev wrote on 24 Nov 2010 06:17:](#)

How about going to sleep. Act tired and uninterested

WHY ACT?

JUST EAT LOTS OF TURKEY.

THEN YOU WILL FALL ASLEEP

FOR REAL.

--Eye.

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Re: The life of a soldier in hashems army
Posted by mnman415 - 25 Nov 2010 19:07

no...i just stam wanted to know for when i learn.

one of the girls (not jewish) i used to talk to just text me. im having a hard time deleting it, i have not sent anything back yet. im trying to get myself to just delete it. i know that its bad and i actually want to delete it. i cant get myself to just do it already. i really really want to just say "thank you" (she said happy thanksgiving) and then delete it. but truthfully, i know in the back of my head shell respond later. im fighting back and forth inside of my head. shell probably text me next holiday anyways. arrrg! its so hard to do it....but.....now that i said this to the gye olam, i have to just do it. i think im ready to delete it now

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Re: The life of a soldier in hashems army
Posted by mnman415 - 25 Nov 2010 19:07

i did it. i deleted the text without responding!

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Re: The life of a soldier in hashems army
Posted by Eye.nonymous - 25 Nov 2010 19:10

THAT'S GREAT. Wasn't easy.

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Re: The life of a soldier in hashems army

Posted by ZemirosShabbos - 25 Nov 2010 19:14

you just brought a korbon to Hashem!

you gave away something that sounded so nice and inviting, you made Him proud and you made us proud!

gevaldig!!!!

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