

The life of a soldier in hashems army
Posted by mnman415 - 16 Nov 2010 03:54

my last thread was called starting over after 37 days and the one before that was called this time im in it to win it.

very quickly. im 16. got into this at 11 years old. always said ill stop after my bar mitzvah. in 8th grade i talked to girls. in summer going into 9th i decided to stop talking to them because i felt guilty about m*****. skipping ahead. here i am now as an addict. a teenage addict trying to get close to hashem.

the only way i can do it is with his help, without hashem i am helpless.

so here is what we are doing. we are DAVENING 3 times a day. not saying the words but talking to hashem. if possible, talk to hashem often.

filling my day with as much torah as possible.and maintining kedusha. thursday nights i will try to exercise to get rid of some extra hormone buildup. and get rid of sexual energy.

there is so much more to do, but this is the main outline.

today was day 1. it was good, i was careful with my eyes. i learned a lot. i feel really good. i just decided. by next schoolyear, going into 12th grade, i WILL know how to learn. im still pushing myself in shiur. but out of shiur, i am taking a jastrow (dictionary) and learning torah. i am learning the entire masechta bekiyus that we are doing in school. we are only going to cover 20 or so dafim of gemorah so i am doing thr whole thing. over the vacations when i have more time i will try to learn how to learn be'iyun. but i first need to get down the basics.

anyways. i feel really pumped to keep going and really make it to 90 days this time. and with hashems help and only with his help will i be able to make it.

HS

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Re: The life of a soldier in hashems army
Posted by mnman415 - 19 Jan 2011 02:47

that sounds good.

understand that hashem just gave it to me to see how i would react.

today some people in my class said something inappropriate that got me thinking about it and all the times ive thoguht about it in the past. i did what i normally do, i gave it over to hashem. but its was difficult, the hirrhurim were strong.

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Re: The life of a soldier in hashems army
Posted by Shteeble - 19 Jan 2011 02:51

kot time ten trillion.

I hope your koiach is contagious.

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Re: The life of a soldier in hashems army
Posted by mnman415 - 20 Jan 2011 03:13

i learned some good nesivos shalom on shovavim.

he was stressing torah very much.

i feel that had i never had this struggle, i would not even compare to the person that i am now. because of this struggle, i have grown to many levels that i would never have dreamed about being at at the age of 16.

not saying that im a tzaddik or that i dont have myrids of more levels to climb up to,

get the point?

today is day chaf heh!

i love torah!

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Re: The life of a soldier in hashems army
Posted by ZemirosShabbos - 20 Jan 2011 05:11

good for you!

keep on shteiging

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Re: The life of a soldier in hashems army
Posted by silentbattle - 20 Jan 2011 06:21

That's really beautiful - but be careful. For some people, the battle, the struggle, starts to become part of who they are. For me, I'd rather move past the struggle.

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Re: The life of a soldier in hashems army
Posted by mnman415 - 21 Jan 2011 05:25

[silentbattle wrote on 20 Jan 2011 06:21:](#)

That's really beautiful - but be careful. For some people, the battle, the struggle, starts to become part of who they are. For me, I'd rather move past the struggle.

please explain this. i understand what you said. but idk what its means to me (it possible im one)

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Re: The life of a soldier in hashems army
of those people you are talking about) please elaborate (btw thats a big word
Posted by silentbattle - 21 Jan 2011 06:58

This is something Dov has mentioned. I can't claim to fully understand him, but I'll give you my understanding.

It's important to fight against this yetzer hora - and hashem has given me a really strong urge in this area, so clearly it's important that I fight this battle. And I realize how beautiful it is to be aware of the struggle in ruchniyus, so it becomes the focal point of a lot of what I do. And I feel special because I know how important and good it is to be fighting this battle.

The problem is, this battle becomes our identity, to a certain extent, and we don't want to lose it - so obviously, we don't want this battle to just disappear! This sounds perilously close to the way certain leaders of minority groups perceive things. They fight for justice and equality, but the truth is that they only have a job because of perceived prejudice. So really, it's in their best interest to make sure that everyone thinks there's LOTS of prejudice around.

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Re: The life of a soldier in hashems army
Posted by silentbattle - 21 Jan 2011 07:53

By the way - I don't mean to say that the struggle *isn't* dramatic - it is! We're fighting for kedusha, for the side of good, in an epic battle for which the world was created! And fighting that battle, we're heroes!

What I am saying is that if we focus on that, there's a big danger. I was just remembering a guy who used to be here on this forum who would go to extreme measures to show how careful he was, rather than take simpler measures that would have removed him from temptation.

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Re: The life of a soldier in hashems army
Posted by Eye.nonymous - 21 Jan 2011 07:54

That's an interesting point.

We could easily put so much thought into how we're doing with our lust. But, a major part of recovery is to get your mind off it and start thinking about other things instead--to get involved with real life. It's summed up with "stop living in the problem, and start living in the solution," which really changed the way I look at things.

--Eye.

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Re: The life of a soldier in hashems army
Posted by mnman415 - 21 Jan 2011 19:11

thank you for that. i will try to do that. i realize how important that idea is

everyone have a great shabbas.

nesivos shalom.

just like the zman tells us the torah reading, we read aeres hadibros on shavuos. so too the torah readding affects teh zman. lets all be mekabel the torah besimcha this shabbas!

eating out tonight, possibley will be girls. i will try to live life noramlly yet still be careful in this area.

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Re: The life of a soldier in hashems army

Posted by mnman415 - 23 Jan 2011 19:04

shabbas was good.

i had big urges compared to how ive been lately. went to an oneg shabbas and helped clean up. out of no where the daughters of the family showed up and they were good looking and from that point on ive been wanting to look at girls. baruch hashem, that hashem is giving me strength to continue. just like the many other times that these situations have come up i have had big falls in all of them, but thats becasue i fought it by myself. this situation i would have lost, the only thing is that i put the fight into hashems hands since i know if i tried doing it myself i would have fallen.

i still have urges which casued me to slip (but not fall) last night. i thank hashem for these urges becasue it reminds me that I cant do it, but hashem can help.

have a great day!

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Re: The life of a soldier in hashems army
Posted by Eye.nonymous - 23 Jan 2011 20:59

Also, USE those urges. You are craving something. Escape. WHY? What are you trying to escape from. What is it you ought to be facing, instead?

--Eye.

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Re: The life of a soldier in hashems army
Posted by mnman415 - 23 Jan 2011 22:10

you are right. cus the reason i have urges is because something is wrong. but the types of things which are bothersome make me want to escape are the type of things i cant escape at this point in life.

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Re: The life of a soldier in hashems army
Posted by Shteeble - 24 Jan 2011 05:01

Try this line from Duvid Chaim....

Pain is mandatory. Suffering is voluntary.

We are guaranteed to experience lots of pain in life. We choose whether to suffer, or to look at the pain in a way that does not cause us to suffer.

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