The life of a soldier in hashems army Posted by mnman415 - 16 Nov 2010 03:54

my last thread was called starting over after 37 days and the one before that was called this time im in it to win it.

very quickly. im 16. got into this at 11 years old. always said ill stop after my bar mitzvah. in 8th grade i talked to girls. in summer going into 9th i decided to stop talking to them because i felt guilty about m******. skipping ahead. here i am now as an addict. a teenage addict trying to get close to hashem.

the only way i can do it is with his help, without hashem i am helpless.

so here is what we are doing. we are DAVENING 3 times a day. not saying the words but talking to hashem. if possible, talk to hashem often.

filling my day with as much torah as possible.and maintining kedusha. thursday nights i will try to exercise to get rid of some extra hormone buildup. and get rid of sexual energy.

there is so much more to do, but this is the main outline.

today was day 1. it was good, i was careful with my eyes. i learned a lot. i feel really good. i just decided. by next schoolyear, going into 12th grade, i WILL know how to learn. im still pushing myself in shiur. but out of shiur, i am taking a jastrow (dictionary) and learning torah. i am learning the entire masechta bekiyus that we are doing in school. we are only going to cover 20 or so dafim of gemorah so i am doing thr whole thing. over the vacations when i have more time i will try to learn how to learn be'iyun. but i first need to get down the basics.

anyways. i feel really pumpted to keep going and really make it to 90 days this time. and with hashems help and only with his help will i be able to make it.

HS

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Re: The life of a soldier in hashems army Posted by mnman415 - 13 Jan 2011 04:10

ZemirosShabbos wrote on 12 Jan 2011 15:59:

chaimhelp wrote on 12 Jan 2011 12:55:

Believe me they wont tell you but they respect you for it.

good point! very true

maybe very very very very very very deep inside.

im very emotional right now, so much going on, just had a conversation with my rebbi about it. checking in though. day 18.

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Re: The life of a soldier in hashems army Posted by mnman415 - 14 Jan 2011 19:22

have a great shabbas eveyone! today is day 20.

thank you hashem for all that you have given me so far. everything is all good, whether i can directly see the good or i cant directly see the good, there is no badness in what you have given to me, only goodness. and one of the gifts you have given me is the past 20 days something in which even though energy has been put into it, its something that i directly see the good in it

lets all go and take the bones of yosef with us. lets all drink the water which seems bitter but in truth its sweet.

lets all be the ones who hashem points to and tells the malachim, THESE ARE MY PRIDE AND JOY, MY FIRSTBORN SON

HAVE A GREAT SHABBAS!

Re: The life of a soldier in hashems army Posted by jewinpain - 14 Jan 2011 20:45

HS, just catching up on ur thread, boy! U rock away what an inspiration, u adopted a gr8 attitude which will help u for life, KOT and have a holy shabbos

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Re: The life of a soldier in hashems army Posted by mnman415 - 16 Jan 2011 01:00

jewinprogress wrote on 14 Jan 2011 20:45:

HS, just catching up on ur thread, boy! U rock away what an inspiration, u adopted a gr8 attitude which will help u for life, KOT and have a holy shabbos

thanks JIP! im happy to see you here! ;D

shabbas for the most part was good, i took a nap though and woke up wanting to lust but i controlled myself. but because i was tired and already in a lusting mood, i was really hoping to see pretty women in the streets. baruch hashem for the cold winter!

i was just searching through my old "records" and found a great post by bards

i understand you

i recently saw an ad for the MARINES

it read

"pain is fear leaving the body"

my good freind

I really want to welcome you to the feelings most non-addicts have

there is fear,anger,happiness,joy,dejection,guilt,pride,shame,apprehension, etc etc etc

addicts don't deal with feelings

all success and failure have the same reaction P#&N P*%N and moreP*&N

sorry but its true

been there done that

now you are breaking free

you are staring to "feel"

what people feel

yes its the YH leaving you

my good chaver

i went 90 days cold turkey

no slips no falls

(my slips and falls are well documented in bardichevs battle)

it was hard

it was

but it is do-able

main thing is be besimcha

the YH hates happiness

be happy!!!

bardichev"

gut voch!

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Re: The life of a soldier in hashems army Posted by ZemirosShabbos - 16 Jan 2011 01:57

you sound gevaldig

kutgw!

a gutte voch

lech mechayil el chuyil

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Re: The life of a soldier in hashems army Posted by bardichev - 16 Jan 2011 03:10

Hashem soldier

U are a full fledged bardichevver

Ze hooo

U read the whole bardichevs battle

Wow!!

And u dug up that marines line

I must say myself its gevaldiggggggg

(Not in pink)

KOT!!!

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Re: The life of a soldier in hashems army Posted by mnman415 - 16 Jan 2011 20:19

thanks bards! glad to be the newest one of the bardy group

the mishna in meseches middos say that in the kodesh hakedashim they had an "atic" that when it was necessary, they would lower worksmen in these box type things to do repair and not see the majestic kodesh hakedashim. i dont know about you, but to me when i think about the holiest place on earth, why should hashem allow any type of damage to happen. it should always be in 100% perfect condition! understand the problem?

so there really isnt any problem here. we have this idea that when there is kedusha, it meens that there is not even anypossible place to have a fall. kedusha meens im by myself all day. kedusha meens that there is no mistake, no room for the tinest amount of failure, no room for any physical thing

so the kodesh hakedashim comes and tells us, ME the holiest place on earth has physical limitations, room for not being perfect, so does that meen im not holy? NO IM JUST AS HOLY. the only thing is that when there is something to be fixed, then go fix it!

so we here, we are the holy of holies, ok, we have our things that we must pt work on. but we have to be like the kodesh hakedashim and learn that despite the things we must work on, we are still the holiest of the holies!

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Re: The life of a soldier in hashems army Posted by ben durdayah - 16 Jan 2011 21:17

GEVAAAAAAAAAAAAALDIGGGGGGGGGGGGGGGGGGGGGGG

Re: The life of a soldier in hashems army Posted by silentbattle - 17 Jan 2011 06:25

That's a good thought - I like it!

Glad to hear that you're staying positive and moving forward!

You say that you felt urges over shabbos. I'd consider that a test, and anytime we feel tested, we can learn from it - what brought it on, what motivated us, whether it would have been worth it (?!), what would have happened if we'd given in, what we did that worked, what we could do even better next time...

Keep on growing!

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Re: The life of a soldier in hashems army Posted by ZemirosShabbos - 17 Jan 2011 15:39

beautiful thought!

thanks for sharing that

Re: The life of a soldier in hashems army Posted by Yosef Hatzadik - 17 Jan 2011 20:03

That vort about repairing the Kodesh Kodoshim is FANTASTIC!!!!

Re: The life of a soldier in hashems army Posted by Eye.nonymous - 17 Jan 2011 20:16

Yeah, that was really nice.

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Re: The life of a soldier in hashems army Posted by mnman415 - 18 Jan 2011 02:50

thank you everyone! a big chizzuk that its liked:)

doing good. very happy. torah is such a big chizzuk, i get such an upliftment from it when i put my energy into it.

day 23.

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Re: The life of a soldier in hashems army Posted by mnman415 - 18 Jan 2011 03:39

btw, on shabbas the reason why i as weak when i woke up was becasue of a dream......