

The life of a soldier in hashems army

Posted by mnman415 - 16 Nov 2010 03:54

my last thread was called starting over after 37 days and the one before that was called this time im in it to win it.

very quickly. im 16. got into this at 11 years old. always said ill stop after my bar mitzvah. in 8th grade i talked to girls. in summer going into 9th i decided to stop talking to them because i felt guilty about m*****. skipping ahead. here i am now as an addict. a teenage addict trying to get close to hashem.

the only way i can do it is with his help, without hashem i am helpless.

so here is what we are doing. we are DAVENING 3 times a day. not saying the words but talking to hashem. if possible, talk to hashem often.

filling my day with as much torah as possible.and maintining kedusha. thursday nights i will try to exercise to get rid of some extra hormone buildup. and get rid of sexual energy.

there is so much more to do, but this is the main outline.

today was day 1. it was good, i was careful with my eyes. i learned a lot. i feel really good. i just decided. by next schoolyear, going into 12th grade, i WILL know how to learn. im still pushing myself in shiur. but out of shiur, i am taking a jastrow (dictionary) and learning torah. i am learning the entire masechta bekiyus that we are doing in school. we are only going to cover 20 or so dafim of gemorah so i am doing thr whole thing. over the vacations when i have more time i will try to learn how to learn be'iyun. but i first need to get down the basics.

anyways. i feel really pumped to keep going and really make it to 90 days this time. and with hashems help and only with his help will i be able to make it.

HS

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Re: The life of a soldier in hashems army

Posted by mnman415 - 05 Jan 2011 03:52

9 or 10.

still here. no time to post. i only have 20 or 30 min of time from when i get home until the call.

so just checking in

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Re: The life of a soldier in hashems army
Posted by silentbattle - 05 Jan 2011 06:04

Glad to hear!

Remember, one day at a time...today is the only day that matters. This hour, is the only hour that matters. It's also the only temptation, the only test, that you can do anything about.

Keep on rocking!

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Re: The life of a soldier in hashems army
Posted by im not alone - 05 Jan 2011 06:08

[silentbattle wrote on 05 Jan 2011 06:04:](#)

Keep on rocking!

probably misspelled

keep on trucking

run a spell check

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Re: The life of a soldier in hashems army
Posted by silentbattle - 05 Jan 2011 07:15

I can elaborate a bit, if you want (even if this wasn't necessarily what i originally had in mind):
We think of stars as people performing on stage in front of crowds of thousands...but we need
to realize that we are stars, what we accomplish every day just by signing in on GYE, giving a
bit of chizuk, staying clean one day...is HUGE!

If there's one thing I've learned, it's that you've gotta be yourself, be original, and give lots of
chizuk!

Keep on rocking, and rolling...and trucking, too.
Rock on, friend.

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Re: The life of a soldier in hashems army
Posted by mnman415 - 06 Jan 2011 01:26

ive been rocking and rolling and trucking. im on day 10. nd baruch hashem my attitude has
been great, i have not even had to do any fighting at all. i did not use an ounce of energy to
control myself. so how am i still clean and on day 10 or 11 (i keep loseing track, pretty sure that
its 11 though) but how am i clean? thats an easy question, i havnt been fighting, BUT HASHEM
HAS BEEN FIGHTING MY BATTLEs, the only thing is that i have to give it to him and ask him
for help, he doesnt come in until we let him in. last night i had some lusting desires, and i gave it
to hashem.

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Re: The life of a soldier in hashems army
Posted by ZemirosShabbos - 06 Jan 2011 01:51

gevaldig!

keep up your great work

just be careful not to get lulled into complacency

ashrecha vetov lach

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Re: The life of a soldier in hashems army
Posted by Shteeble - 06 Jan 2011 02:40

KEEP ON TRUCKING!!!

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Re: The life of a soldier in hashems army
Posted by im not alone - 06 Jan 2011 03:28

[HashemsSoldier wrote on 06 Jan 2011 01:26:](#)

ive been rocking and rolling and trucking. im on day 10. nd baruch hashem my attitude has been great, i have not even had to do any fighting at all. i did not use an ounce of energy to control myself. so how am i still clean and on day 10 or 11 (i keep loseing track, pretty sure that its 11 though) but how am i clean? thats an easy question, i havnt been fighting, BUT HASHEM HAS BEEN FIGHTING MY BATTLEs, the only thing is that i have to give it to him and ask him for help, he doesnt come in until we let him in. last night i had some lusting desires, and i gave it to hashem.

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are you on the "90 day chart" if not get on it NOW

its a life saver

guardyoureyes.org/woh/90day.php

wow you should proud of yourself (and from me, 13 days clean

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Re: The life of a soldier in hashems army
Posted by silentbattle - 06 Jan 2011 07:04

Fantastic! Doesn't it feel great?!

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Re: The life of a soldier in hashems army
Posted by mnman415 - 07 Jan 2011 05:23

yes, it feels great, im trying to remember that im still addicted.

theres more to say but i just got home, its 11 20 at night. cya tommorow, if it will lready be shabbas for some, then good shabas

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Re: The life of a soldier in hashems army
Posted by silentbattle - 07 Jan 2011 06:33

have a great shabbos, and remember to celebrate the fact that you're sober! Get yourself something extra this shabbos that you enjoy!

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Re: The life of a soldier in hashems army
Posted by mnman415 - 09 Jan 2011 00:36

very moving shalosh shudis, i sat at the table of an erlicher and a heileger jew who has cancer, he was saying a lot of tehillem, with a smile on his face...its shabbas, he probably wants to keep happy lekavod shabbas. raises a lot of emotion in my heart.

i think today is day 13. only have to keep myself busy for 2 hours, then im going to a melava malka.

gut voch.

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Re: The life of a soldier in hashems army
Posted by 2nd-chance - 09 Jan 2011 01:30

HS

keeping yourself busy with the net is not recommended by our friends

GUT VOCH

Hatzlocho rabba

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Re: The life of a soldier in hashems army
Posted by silentbattle - 09 Jan 2011 06:29

We also need to keep happy lekavod *US!*

No matter what the situation is, we can usually be happy, if we choose to. When there's
) , how we view the situation is the deciding

factor in whether we feel overjoyed about being sober, or miserable.

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