

fresh start

Posted by Sturggle - 06 Jul 2009 19:35

I was on the list before under a different name and I decided to change it. Previously I was "David". I am nearing the end of my 4th day clean. Today was difficult and challenging. Thanks to your help, I have had a filter (K9) on my computer since Thursday afternoon. That has been helpful. Anyway, happy to be on this journey of sobriety. I'm not so sure how much to disclose about myself and what to write on these forums. I hope to make use of them, though. I have needed, do need and will need help and support.

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Re: fresh start

Posted by Sturggle - 15 Mar 2010 18:09

Thanks SB,

and as always,

let's also remember

that one day clean

is also beautiful!

(not only because that's almost where I'm at now)

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Re: fresh start

Posted by struggla21 - 16 Mar 2010 05:06

You are doing great sturggle! you've managed to pick urself up and move on. that shows

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Re: fresh start

Posted by silentbattle - 19 Mar 2010 14:08

Absolutely - one day clean is incredibly beautiful, and worth a celebration!

have a great shabbos, and keep on rocking!

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Re: fresh start

Posted by Dov - 21 Mar 2010 13:09

Hope your Shabbos was nice, Sturrgle, but now that i's over, it's nice to know that I am sharing today with so many very spcial people, like you...

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Re: fresh start

Posted by habaletaher - 22 Mar 2010 08:02

Hey Sturrgle,

I too recently had a fall, and I'm on a new chart, up to Day 5, and looking for a few good men to take this journey with me, do you want to get on the bus? We've got room for a few more?

Hatzlacha!

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Re: fresh start

Posted by Sturrgle - 29 Mar 2010 11:04

It's been a bit since I wrote last,

for numerous reasons.

B"H, things are well.

CHAG KASHER V"SAMEACH!!!

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Re: fresh start

Posted by 7yipol - 29 Mar 2010 12:19

Chag kasher v'sameach Sturggle.

Been wondering where youve been...

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Re: fresh start

Posted by Tev - 29 Mar 2010 14:39

GREAT!

Good to hear from you again Sturggle. Have an amazing Pesach!

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Re: fresh start

Posted by Dov - 01 Apr 2010 16:22

Hope you are having a really nice Pesach, reb Sturggle!

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Re: fresh start

Posted by Sturggle - 06 Apr 2010 13:50

Hi friends!

Missed y'all!

[7Up wrote on 29 Mar 2010 12:19:](#)

Been wondering where youve been...

Really? Sweet!

BeStrong & Dov,

thanks for posting last week.

I just had a slip. I am doing some schoolwork and it's taking up a lot of time.

It is meant to and I would like to have it done with as soon as possible,

so I am pushing myself and am under some stress. I am having a shtikl of a hard time.

I went to a nonfiltered computer and was going to look at something borderline,
and then turn away, that's what the YH was telling me anyway,
B"H my sister walked in as I was only starting to do some searches...

Back to work...

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Re: fresh start
Posted by Sturggle - 07 Apr 2010 04:13

So...,

last night, I stayed up a bit late
and I fell. Yep, it happened.

I gave the y"h way too much space
and, well, there were consequences.
I may or may not have time to
write more thoughts of mine later today.

Chizuk is appreciated,
now it's time to keep on
sturggling! G'day folks!

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Re: fresh start

Posted by Tev - 07 Apr 2010 18:53

Sturggle,

All the Y"H wants to do is just a little more and click that site, just one more click it will be okay. Its great that you have the courage to express yourself right after a fall, that is certainly one of the most difficult stretches.

The main thing is to remember, not to dwell on it, BUT for the future(now) guard yourself from slipping into a similar situation. We all know our respective situations which we fall in.

Keep up the positive attitude! That in itself is a Win (couldn't think of the antonym for fall)

Much Love,

Bestrong

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Re: fresh start

Posted by Sturggle - 07 Apr 2010 20:18

thanks man,

it has been a tough day for me,

and the day goes on,

and now it's night...

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Re: fresh start

Posted by Dov - 08 Apr 2010 02:55

Hope your night was uneventful, sturglebee....no news is good news in this business, sometimes.

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