

fresh start

Posted by Sturggle - 06 Jul 2009 19:35

I was on the list before under a different name and I decided to change it. Previously I was "David". I am nearing the end of my 4th day clean. Today was difficult and challenging. Thanks to your help, I have had a filter (K9) on my computer since Thursday afternoon. That has been helpful. Anyway, happy to be on this journey of sobriety. I'm not so sure how much to disclose about myself and what to write on these forums. I hope to make use of them, though. I have needed, do need and will need help and support.

=====

=====

Re: fresh start

Posted by Sturggle - 04 Oct 2009 12:30

haha...

and what does the policeman say,

keep up the good work,

well, i dont think im doing good work,

but it was funny!

=====

=====

Re: fresh start

Posted by Momo - 04 Oct 2009 12:32

[sturggle wrote on 04 Oct 2009 11:59:](#)

and why should i take my cell on a walk?

You're right. You don't have to. I just thought maybe Uri would call you. I left a message for him to call. I thought that might help.

[sturggle wrote on 04 Oct 2009 11:59:](#)

im listening to marvelous middos machine, does anyone know what that is?

I know and I love it!

=====
=====

Re: fresh start

Posted by Momo - 04 Oct 2009 12:36

[sturggle wrote on 04 Oct 2009 12:05:](#)

oh, how i wish someone would be my friend

and accept me for the way i am

and together we could play and share

if only somebody would care..."

We are your friends, and we accept you and really care.

I think the 90 day goal is too long. It just pressures me. I try not to fight it head on, because the fight is too hard.

I try to connect myself to G-d by talking to Him and guard my eyes, one day at a time. The days just add up by themselves.

And if I fall after a couple of weeks, way before 90 days, that's OK since it's the overall stats and attitude HaShem wants, not necessarily a 90 days streak.

=====

Re: fresh start

Posted by Sturggle - 04 Oct 2009 12:54

i hear momo,

you see,

for me, there are underlying issues

that could bring about a fall

i know a fall is the easy way out

and im trying not to go there

but its one of the only "good" ways out i know,

maybe i dont belong here in this forum anyway,

im just really down right now,

maybe not even so down,

im not even sure at this point

=====

Re: fresh start

Posted by Momo - 04 Oct 2009 13:04

Dearest Struggle,

You know how it works; once you become a member of our family, we DON'T LET YOU LEAVE. (Add sinister laugh here.)

We belong to each other because we understand each other without judging each other.

How can you have 824 posts and not belong here?
Sorry you're having a rough day. Just focus on getting through the rest of the day without doing anything you'll regret later. Tomorrow WILL be better.

=====
=====

Re: fresh start

Posted by Sturggle - 04 Oct 2009 13:09

[Momo wrote on 04 Oct 2009 13:04:](#)

I'm a good flaker...

ahem, sorry, i meant faker...

=====

=====

Re: fresh start

Posted by Sturggle - 04 Oct 2009 13:27

oh %&*#@%\$#% help me, this is so not good...

=====

=====

Re: fresh start

Posted by Momo - 04 Oct 2009 13:28

I'm here for you.

Tell me how I can help you!!!!

=====

=====

Re: fresh start

Posted by 7yipol - 04 Oct 2009 13:32

=====

=====

Re: fresh start

Posted by Sturggle - 04 Oct 2009 13:40

well, let's put it this way,

i know how to fall,

and how to fall hard and good,

but i dont want to,
so i can do the lighter stuff,
ill just slip for now,
but i know what door that opens,
and i dont know how long i can hold,
and i can be real stubborn,
am kshei oref, i am a part and parcel,
whether i like it or not,
so slipping here i come...

=====

Re: fresh start
Posted by Sturggle - 04 Oct 2009 13:43

i guess HKB"H has other plans for me,
my mother and sister just walked in the door,
but i can still slip,
it just wont be so easy to fall,
thank Gd,
i guess

=====

Re: fresh start
Posted by Momo - 04 Oct 2009 13:47

You just received a hug from HaShem.

You know slipping will lead to a fall, so if you really don't want to fall, don't slip on purpose.

And yes, I did PM 7Up and Guard. Sorry Guard hasn't responded. Being hol hamoed it's quiet on the forum.

=====

Re: fresh start
Posted by Sturggle - 04 Oct 2009 13:49

and my mom says,

"your eyes dont look so good,
I'm trying to hold down the fort, but I'm no Guard. >
are you ok?"

maybe i drank too much,

maybe i dried too much,

maybe both...

=====

Re: fresh start
Posted by 7yipol - 04 Oct 2009 13:59

PLease try not to slip. Its too close a cousin to 'fall'.

GET OUT THE HOUSE. Head to Jerusalem. By the time you get there, you can daven maariv soon, go to simchas beis hashoevas, even just roam the back streeets of Meah shearim and sukkah hop. The city is alive and beautiful. Soak it in and turn off your mind to all reality other

than the wonderful chag in the most wonderful city.

=====

=====