

fresh start

Posted by Sturggle - 06 Jul 2009 19:35

I was on the list before under a different name and I decided to change it. Previously I was "David". I am nearing the end of my 4th day clean. Today was difficult and challenging. Thanks to your help, I have had a filter (K9) on my computer since Thursday afternoon. That has been helpful. Anyway, happy to be on this journey of sobriety. I'm not so sure how much to disclose about myself and what to write on these forums. I hope to make use of them, though. I have needed, do need and will need help and support.

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Re: fresh start

Posted by TrYiNg - 10 Sep 2009 08:06

Uri, Please refer back to rule 6 of the points contest.

6-ONLY RABEINU GUARD may 'teil ois' pts.

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Re: fresh start

Posted by jerusalemsexaddict - 10 Sep 2009 08:10

Sure.

And guard can write the songs.

-smart allecky whipper-snapper

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Re: fresh start

Posted by Sturggle - 10 Sep 2009 23:28

I've been a little quiet...

And I have what to write...

But now is not the time...

(Uri is kicking me off the computer...)

Just want to say...

Due to some long-time badgering

By different members of the forum...

I am making a small change.

I hope that it will be a step in the right direction

And bring me some good mazel.

This is totally in honor of and as a sign of appreciation

to our one and only

GUARD...

love to you all,

Sturggle

P.S. If anyone asks, it's the name of my jet.

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Re: fresh start

Posted by habib613 - 11 Sep 2009 02:35

lololol

i love sturggle the jet!

can he have his own tv show where he fights bad guys like the YH and then when he hears his mom calling goes home and eats supper?

or is he more like the jet that could, and he goes chugging up to the clouds no matter how hard flying gets?

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Re: fresh start

Posted by Sturggle - 11 Sep 2009 13:55

Thanks Habib. (and Letakain too)

I was just looking over my posts from this week...

It's been a bit hectic here...

I went home to my parents on Wed night and was there through Thursday.

This was not so easy for me...

First, when I walked in the door, I saw a movie on the table that is clearly inappropriate as it is all about...,

Well, inappropriate stuff.

I made a comment and then my sister said, "You're inappropriate..."

That got to me for a bit and I felt angry...,

Until I thought, "Little do you know..."

Throughout the day of being at home I was buggin out...

I was having a hard time concentrating on studying and I wanted to post,

But for some reason I just didn't write what I was feeling.

I made a call to Uri and he helped me through...

Anyway, I'm holding at 25...

Thank you all for helping me through this week.

B"H, B"H, B"H

Kah, echsoif noyam shabbos...

Vyihyu rachamecha misgoililem...

with love

Sturggle

GUTTEN SHABBOS!!!!!!!

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Re: fresh start

Posted by Rage AT Machine - 11 Sep 2009 15:01

good luck...glad to hear you made it through the week...

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Re: fresh start

Posted by the.guard - 11 Sep 2009 15:04

I love the new name. May you shoot to the heaven's like a jet, and overcome all "earthly" obstacles!

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Re: fresh start

Posted by Sturggle - 12 Sep 2009 22:41

Guard, amen.

Gut voch.

I just want to share a thought that I heard tonight.

Chatzos...

It is smack in the middle of the night. The darkest hour.

The point farthest away from the previous light and the coming light.

It is also the turning point when the stretch to the new light begins.

In a way the new light begins at chatzos.

At chatzos, there is a renewed movement toward light.

May we be zoche to be aware of the coming light even in our points of chatzos.

I am under a considerable amount of stress right now. Largely to the fault of my own.

I can only begin to think of ways to run away from this, get down, feel lost.

I am attempting to face it, move on and do what I can to get through.

Thanks to GYE, I just might be able to pull through this without any falls.

Sturggle

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Re: fresh start

Posted by cleareyes613@gmail.com - 13 Sep 2009 01:33

Hatzlacha sturggle. Your posts are always very moving. Thanks!!

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Re: fresh start

Posted by Sturggle - 13 Sep 2009 11:38

I want to write a little bit about shabbos. Some challenges and some funny/interesting stories.

Anyway, right now, I'm tired and I'm going to rest.

I want to share that I have finished with my exams for this year...

(I know I complained a lot about them, so want to share that it's over...)

[Pintele Yid wrote on 06 Aug 2009 17:31:](#)

You seem to be studious. Why don't you make this site a "study project" for you. Take all the ideas and strategies from the site that resonate with you, and come up with a plan for all

different types of situations.

The harder you work, the more hatzlacha you will have.

Shvitz is good. ;D

Pintele Yid

Pintele,

I'm not sure where you've gone off to, but if you have any specific ideas of what would good to look at, please share.

If anyone else has advice, I'd love to hear it as well.

I would like to read a lot here and haven't been doing much of it, because of my studies.

Now that I have a bit more time, I'd like to delve into things.

Again, any specific (or general) suggestions are welcome...

b'ahava,

Sturggle

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Re: fresh start

Posted by Sturggle - 13 Sep 2009 14:50

ok..., so a little bit about shabbos...

i dunno what games HKB"H was trying to play with me.

maybe He just wanted to remind me about you guys a lot over shabbos.

it started while walking with a friend to shul friday night.

we had a bit of a walk, so we had time to talk (no, this is not going to rhyme...)

somehow the idea of teshuva came up

and he was trying to point out that nowadays, people don't commit such serious sins.

his first example was, hey, nobody murders!! (he was pointing out in our community a.k.a. Jews at least)

so..., shfichas damim..., what about gilui arayos?..., I thought and said...

i didnt want to get into too much detail,

but hey, youre talking to a live sample!!!

and i know others....

one...

at the dinner table, the same friend brought up the idea of filters for the computer...

whaat? mah hakesher?! it came from nowhere...

he mentioned he heard of this type that type...

i was nervous to express that i know exactly what hes talking about...

i know what each type of filter is called...

hey, i got k9, it works great for me and keeps me away from all the porn i wanna see,

no! i did not say that...

two...

after dinner, we walked out together...,

he mentioned that he would consider giving up on marriage...

i mean, his been searching and not finding and it could be frustrating,

so his point was, instead of depressed, just shift gears and accept bachelorhood,

besides for all the meaningful stuff about marriage, i was thinking and i even asked

you'd be ok being celibate your whole life, wouldn't be a challenge?!

no biggie he said, man! whaaaaaaat?!

ok, maybe not a direct referen

ce, but close...

and the best was at lunch, when a friend sitting next to me at the meal mentions...

TUNA BIGELS!!!!

first time ive heard of this... 2X in one week...

he also mentioned something about harrys?... anyone?

also had temptations left and right all weekend long and im not clear of that,

m.l. on fri night, which i want so surprised about...

my mind was not so clean...

but i am **27** days clean, its a big **zach!**

just about the above, and i havent posted much about this,

but shmiras aynayim for me could be very diff...

cant really look at anything or anyone...

and i slip with that a lot...

and unclean thoughts and feelings come out of nowhere!

gotta end off on a positive note...

umm..., umm...

oh!

my roommates have cleared out of our apt and im alone...

not so good for me..., but, B"H, i have some great friends (and family) to turn to...,

yes, you!

sturggle

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Re: fresh start

Posted by jerusalemsexaddict - 13 Sep 2009 15:21

Dear Sturggle,

First of all,I want to say that your name inspires me.

It reflects the drive and sincere courage of a true warrior.

Harry-a guy from a modern family that became yeshivish but clearly does not fit in.He does

things like wear blue shirts,put yiddish words in the worst places "That basketball game was gevaldig! or "Lebron James had a shver game last night".

We've all met these guys.

Tuna Bigel's are those chassidim who walk around with 2 walky talkies,a blackberry,a vest,and know way too many mets stats.And they love tuna bagel's and chulent and kugel.

Sounds like u had a deep shabbos man.

Good to hear.

Stay strong

Move out

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Re: fresh start

Posted by Rage AT Machine - 13 Sep 2009 15:37

ok, so it seems like the two of us have got the same problem- namely, we do not want to commit additional resources to recovery...guard told me today that we cant white knuckle it...i think the bugger's right...he suggested i join a call in 12 step program...while i am reluctant to become a 12 step dude i am considering it...thankfully the next session is thursday so i dont have to decide right now...anywho, the more i think about it, while this forum is the bees knees, were not gonna break a 15 year addiction with posts on a forum (and, in my case, bourbon)...wer'e white knucklin it bro and it aint gonna work...im not sure if im ready for the next step yet but i think i am ready to accept that additonal steps are necessary...congrats on 27, keep on keepin on...

ratm

-uri

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Re: fresh start

Posted by bardichev - 13 Sep 2009 19:26

RATM

I DON'T KNOW IF THIS WILL HELP

HERE IS MY 2 CENTS

YES YOU WILL NOT OVERCOME ANY ADDICTION BY POSTING ON A FORUM

I TOO WAS EXTREMELY APPREHENSIVE OF HAVING TO JOIN A SA TYPE GROUP

I DO GO AGAINST THE GRAIN HERE

AND I ARGUED THIS WITH SOME SENIOR MEMEBERS HERE

PESONALLY IF I WOULD OF HAD TO ATTEND A GROUP I WOULD HAVE STILL BEEN ADDICTED

BIG TIM

HAVING SAID THAT

IF YOU FEEL YOU CAN WHITE KNUCKLE IT DO IT!!!

YOU KNOW YOUSELF BEST!!!

b

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