

fresh start

Posted by Sturggle - 06 Jul 2009 19:35

I was on the list before under a different name and I decided to change it. Previously I was "David". I am nearing the end of my 4th day clean. Today was difficult and challenging. Thanks to your help, I have had a filter (K9) on my computer since Thursday afternoon. That has been helpful. Anyway, happy to be on this journey of sobriety. I'm not so sure how much to disclose about myself and what to write on these forums. I hope to make use of them, though. I have needed, do need and will need help and support.

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Re: fresh start

Posted by Sturggle - 23 Aug 2017 23:46

Ben Durdayah, thanks for this post. Helpful, to the point and insightful.

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Re: fresh start

Posted by Sturggle - 23 Aug 2017 23:47

Hey Markz, I know this was a while ago, were you talking to me or AD? About the TaPhsic...

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Re: fresh start

Posted by Sturggle - 23 Aug 2017 23:52

I miss my family from here..., my brothers, my sisters, Mom, Guard, and all the caring uncles and cousins. I hope everyone is doing well in their own journey. Not sure any of you will see this, though I'm not sure where else to express this sentiment. I have fond and encouraging memories. I know I'm not alone and I know that even if none of you read this, I am loved and cared about.

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Re: fresh start

Posted by Markz - 24 Aug 2017 00:47

[Sturggle wrote on 23 Aug 2017 23:47:](#)

Hey Markz, I know this was a while ago, were you talking to me or AD? About the TaPhsic...

It was for AD but when I dispense advice it's usually for all unless explicitly stated ;-)

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Re: fresh start

Posted by Sturggle - 24 Aug 2017 07:26

Hey! Anyone know if it would be possible and how I may get in touch with Rabbi Dr. Twerksi??
It is time sensitive.

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