

fresh start

Posted by Sturggle - 06 Jul 2009 19:35

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I was on the list before under a different name and I decided to change it. Previously I was "David". I am nearing the end of my 4th day clean. Today was difficult and challenging. Thanks to your help, I have had a filter (K9) on my computer since Thursday afternoon. That has been helpful. Anyway, happy to be on this journey of sobriety. I'm not so sure how much to disclose about myself and what to write on these forums. I hope to make use of them, though. I have needed, do need and will need help and support.

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Re: fresh start

Posted by ZemirosShabbos - 28 Feb 2011 16:21

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behatzlocha!

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Re: fresh start

Posted by Sturggle - 02 Mar 2011 08:36

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I've passed two weeks clean!

And I'm feeling good!

And I'm not on drugs! (nor was I, but whatever)

g'day to all

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glad to hear from you

Re: fresh start

Posted by ZemirosShabbos - 02 Mar 2011 18:26

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great to hear sturggle!

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Re: fresh start

Posted by Sturggle - 02 Mar 2011 22:16

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for drugs you can always try the opium of the masses, i've tried it sometimes and it's great!  
Torah?

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Re: fresh start

Posted by ZemirosShabbos - 02 Mar 2011 22:23

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"Religion is the opium of the people" is one of the most frequently paraphrased statements of Karl Marx.

*from wikipedia*

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Re: fresh start

Posted by Me3 - 02 Mar 2011 22:26

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Was he one of the Marx brothers?

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Re: fresh start

Posted by ZemirosShabbos - 02 Mar 2011 22:34

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related to Friedman from Boro Park?

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Re: fresh start

Posted by Sturggle - 03 Mar 2011 08:23

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Thanks Zem, I looked it up as well.

And Me3, right on cue!

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Re: fresh start

Posted by Sturggle - 03 Mar 2011 22:49

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D/R, thanks for sharing that,

although, I think by now,

we are all well aware of where you come from

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Re: fresh start

Posted by ben durdayah - 05 Mar 2011 22:44

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Hii Sturggle,

Been away for a while...

Ah gitte vuch!

How are you?

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Re: fresh start

Posted by Sturggle - 05 Mar 2011 22:59

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Doing well, B"H!

Doing well.

Gut voch and thanks for asking!

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Re: fresh start

Posted by Sturggle - 08 Mar 2011 10:31

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hey.

three weeks clean and feeling good.

it is important for me to keep things in perspective.

be on top of my game as some might say.

today is another first day clean.

i might not control my feelings but i do control my actions.

i want to feel emotion, but i do not want my emotions to sweep me away.

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Re: fresh start

Posted by ben durdayah - 08 Mar 2011 11:10

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KUTGW!

You are an inspiration!

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Re: fresh start

Posted by ZemirosShabbos - 08 Mar 2011 16:48

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great to hear you are doing good

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