

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

Posted by Back on Track - 17 Aug 2011 19:48

Posted by bardichev - 17 Aug 2011 19:51

[illegible]

Re: Zemmy's story

Posted by ZemirosShabbos - 17 Aug 2011 19:52

[Back on Track wrote on 17 Aug 2011 19:48:](#)

Come to guard your eyes! The only Jewish website helping frum addicts deal with P* and mast*! Geeshamtefleegen therapy, possum therapy, harry therapy? Man this place is a'whirlin with cutting edge addiction treating..... Zoo om premises so you can take the kids... And come sped a shabbos tisch at the bardstowner rebbe. Attendance is free unless you can afford more! All this and a 90day free trial with your first order! Som come by and say hi anytime you please. There's always s/o awake in the bais medrash. Get off your wall of honor and get onto ours... TODAY!

you should send that to Guard for a banner ad on Yeshivaworld

and now that you mention this

[Back on Track wrote on 17 Aug 2011 19:48:](#)

Get off your wall of honor and get onto ours... TODAY!

i am feeling more and more off the wall

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Re: Zemmy's story

Posted by ur-a-jew - 17 Aug 2011 19:53

[ZemirosShabbos wrote on 17 Aug 2011 19:44:](#)

Insisting that you are a nut can take you to new heights

-- Unknown

Isn't that what you really meant to say?

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Re: Zemmy's story

Posted by ZemirosShabbos - 17 Aug 2011 20:07

i will have to try that

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Re: Zemmy's story

Posted by ben durdayah - 17 Aug 2011 20:43

[ZemirosShabbos wrote on 17 Aug 2011 19:44:](#)

Every blog started out as a couple of nuts who decided to post their boich svaras and eventually evolved into a full blown website.

-- Unknown

Isn't that what you meant to say?

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Re: Zemmy's story

Posted by ZemirosShabbos - 17 Aug 2011 20:45

As democracy is perfected, the office of president represents, more and more closely, the inner soul of the people. On some great and glorious day the plain folks of the land will reach their heart's desire at last and the White House will be adorned by a downright moron.

(H. L. Mencken)

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Re: Zemmy's story

Posted by bardichev - 17 Aug 2011 20:46
EBD, you reminded me of another quote

hi bendelle

kyeo vacationing y

(old bardstown saying)

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Re: Zemmy's story

Posted by ben durdayah - 17 Aug 2011 21:16

[ZemirosShabbos wrote on 17 Aug 2011 20:45:](#)

As democracy is perfected, the office of president represents, more and more closely, the inner soul of the people. On some great and glorious day the plain folks of the land will reach their heart's desire at last and the White House will be adorned by a downright moron.

(H. L. Mencken)
EBD, you reminded me of another quote

How true!

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Re: Zemmy's story
Posted by Back on Track - 18 Aug 2011 15:27

VROOOOM!!!! TOO QUIET 'ROUND HERE - MAKE WAY 4 THE MONSTUH SOBRIETY TRUCK - SMASHING AND SLOSHIN THRU THE MUD - AND COMIN OUT ON TOP (After hitting bottom).... VROOOOOM!!

- hi zemmy how are you?

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Re: Zemmy's story
Posted by ZemirosShabbos - 18 Aug 2011 15:47

~~But it's nice of Mr. Mencken not to mention Barack Obama by name...~~

Hi BOT,

doing good, thank the One Above

wait a minute, who splashed mud all over my bay windows?

let me check my surveillance video...

seems like a Monstuh' Truck with possums hanging out the windows blaring Novardok music came by

will get my bloodhounds to follow the Woodford scent

ok, now, take the woodford-filled fire-extinguisher and powerwash the bay windows...

actually, forget it, don't wash it.

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Re: Zemmy's story

Posted by Gevura Shebyesod - 18 Aug 2011 18:41

Careful, don't set the house on fire... Then you'll have to scream NOORAH BEIH ZEMMMY!!!!

(BTW what happened to him, he's been quiet lately)

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Re: Zemmy's story

Posted by ZemirosShabbos - 18 Aug 2011 18:48

i want to GUARD MY EYES
he moved on to GYE Graduate School, he's the Associate Professor of Michael K. Grussberg
Chair of Pyromania Research

he actually posted not that long ago

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Re: Zemmy's story

Posted by Back on Track - 18 Aug 2011 20:46

nice to know that one can stilll become a pyromaniac after being a gye member. I had lost hope.

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