

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

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Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p\*\*\*. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p\*\*\*. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p\*\*\* will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story

Posted by Eye.nonymous - 03 Aug 2011 05:14

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[bardichev wrote on 02 Aug 2011 14:51:](#)

tibetian sayings??

Usually, with a little research, you find these things are just ripped-off from the Zohar.

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Re: Zemmy's story

Posted by ZemirosShabbos - 03 Aug 2011 14:41

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[1daat wrote on 03 Aug 2011 03:56:](#)

Rebbe, ????

Yiddin in Tibet, too. No kidding. I read it in the Yiddish Readers Digest.

Hey Zem, love the quotes. The Malcha Dichinzung one in particular. You know, the one about the bird doing it's business on the somebody's shoulder.

How ya doin?

hi 1 daat, thanks for dropping by

doing good b'h

how are you?

p.s. stay away from the Chinese-Tibet border, they have green trees with birdies who perch over your shoulder and...

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Re: Zemmy's story

Posted by ZemirosShabbos - 03 Aug 2011 14:43

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[Eye.nonymous wrote on 03 Aug 2011 05:14:](#)

[bardichev wrote on 02 Aug 2011 14:51:](#)

one-day-at-a-time

tibetian sayings??

Usually, with a little research, you find these things are just ripped-off from the Zohar.

very true

for that particular saying (about signs from the soul coming quietly) in the second volume of Bilvavi Mishkan Evneh, near the beginning he says the same thing

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Re: Zemmy's story

Posted by ZemirosShabbos - 04 Aug 2011 18:16

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you asked for it...

Patience is a flower that does not grow in everyone's garden. (English proverb)

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Re: Zemmy's story

Posted by alexeliezer - 04 Aug 2011 19:17

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"Grow where you are planted" --author unknown  
see you in Tibet

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Re: Zemmy's story

Posted by ZemirosShabbos - 04 Aug 2011 19:22

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thank you!

good point

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Re: Zemmy's story

Posted by 1daat - 04 Aug 2011 21:44

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Hi Zem, hangin in. left foot right foot. Yom yom. 1daat. much love

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Re: Zemmy's story

Posted by Yosef Hatzadik - 04 Aug 2011 21:47

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Hi **ZemmirosShabbos**,

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Re: Zemmy's story

Posted by bardichev - 04 Aug 2011 21:49

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[Yosef Hatzadik wrote on 04 Aug 2011 21:47:](#)

Hi **ZemmirosShabbos**,

hi zemerois shabbos

just letting you know that we love **like** you!  
I wanted to let you and your geshtaltzemloigenfleegin know we L O V E u

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Re: Zemmy's story  
Posted by Zemiroshabbos - 04 Aug 2011 21:53

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oh wow

can i borrow some of your humbleness rebbe b?

and i love youze guys too

and all gye-ers too (maybe not Billy and Khalid)

from my geshtaltzumfleegin to your geshtaltzumfleegin

we iz brudders

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Re: Zemmy's story

Posted by bardichev - 04 Aug 2011 21:56

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[ZemirosShabbos wrote on 04 Aug 2011 21:53:](#)

oh wow

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we iz brudders

hey yosef hatzadiik is also a brother

im sure he has his own geshtaltzimfloyeeegen

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Re: Zemmy's story

Posted by ZemirosShabbos - 04 Aug 2011 22:02

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i was including him in my blessings

problem with these new-fangled words is the plural is not yet finalized

from my gestaltzimfloigen to all of your gestaltzimfloigen

i bless you that you feel as calm as a raccoon in a dumpster eating leftovers

as rich as ExxonMobil

and as satisfied as a bear who chanced upon a wrecked lox delivery truck

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Re: Zemmy's story

Posted by 1daat - 05 Aug 2011 06:35

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[ZemirosShabbos wrote on 04 Aug 2011 22:02:](#)

as satisfied as a bear who chanced upon a wrecked lox delivery truck

A frumer bear. just a few days left.

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Re: Zemmy's story

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Posted by Back on Track - 08 Aug 2011 01:52

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I wanna here some more of zemmys quotes... I mean I could prolly google them but I just like it better when I get it through zem.

Khalleed- man I just read that thread. Crazy stuff. But makes you think.

Khaleed- kinda imagine him to be like the oracle in matrix.

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