

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

=====

Re: Zemmy's story

Posted by ZemirosShabbos - 21 Jul 2011 15:48

Confusion is the welcome mat at the door of creativity. (Michael J. Gelb)

=====

Re: Zemmy's story

Posted by Shteeble - 22 Jul 2011 01:17

Moral of the story....

when you're confused, wipe your feet and then kick down the door.

=====

Re: Zemmy's story

Posted by 1daat - 22 Jul 2011 01:25

Hey Zem,

sandy hands was beautiful. thanks.

=====

Re: Zemmy's story

Posted by mnman415 - 22 Jul 2011 03:26

[ZemirosShabbos wrote on 21 Jul 2011 15:48:](#)

Confusion is the welcome mat at the door of creativity. (Michael J. Gelb)

doesnt anyone have anything else that they think zems meant to say?

=====

Re: Zemmy's story

Posted by Shteeble - 22 Jul 2011 03:41

Well if your confused

then you qualify to get creative

and teitch up that what he meant to say

is that having a yh is a license to keep on trucking.

=====

Re: Zemmy's story

Posted by ZemirosShabbos - 22 Jul 2011 15:57

OTR, do me a favor and go into your local liquer store and ask for blue label possum

here is a nice saying for today:

In order to see birds it is necessary to become a part of the silence.

crackerjack woodford and report back. thank you. much appreciated
(Robert Lynd)

just an FYI, these sayings are just ideas that resonate with me and i (usually) do not have further intentions with regard to hidden messages or meanings. they are like Swiss cheese, tastes great, but you should not eat a pound in one sitting. take them one at a time.

some erev shabbos ruminations.

Sefarim say that the shabbosim of bein hametzarim are on a higher level than the shabbosim of all year, ?? ?? ??? ????? ??????. one explanation i heard given was because Shabbos has to elevate the whole week, and since the weeks of Bein Hamtzarim are times of such tragedy and destruction the Shabbos has to be especially potent to elevate them.

Another possible explanation is because we know that the Taaneisim and the aveilus that we have today will become yomim tovim in the future when Moshiach comes. Not only will they be Yomim Tovim, they will be days that are even higher and more joyous than the yomim tovim we have now. ?????? ?? : ??? ??? ????? ????? ??? ?' ?? ????? ??? ?? ?' ??? ????? ?? ??? ?????? ?????? ?????? ?? ?? ?? ?' ??? ????? ????? ????? ?? ??? ?????? ????? ?????? ?????? ?????? ??

Shabbos is a reflected light from the future, ????? ????? ??, so it follows that the Shabbosim of these days are of a higher order than other Shabbosim.

Wishing everyone on GYE a wonderful shabbos, especially my dear good friends who listen, support and encourage me and make GYE such a wonderful place

=====

Re: Zemmy's story
Posted by heuni memass - 22 Jul 2011 16:21

Nice.

=====

=====

Re: Zemmy's story

Posted by mnman415 - 22 Jul 2011 20:08

also,

it (you know....it....it says, no need for further explanation) also says that shabbas carries with it all the oros of the upcoming week. shabbas hagadol has oros of pesach and shabbas shuva has the oros of yom kippur.

so during the weeks of bein hemetzarim, the weeks carry destruction, but because of the destruction we have rebuild-ation. as it says that mashiach was born on tisha bav, what does it mean? it means that only once the beis hamikdash was destroyed, only then did we get the opportunity of mashiach.

so the shabbasim of bein hametzarim (aspecially shabbas chazon) carry the oros of mashiach! during these weeks shabbasim we taste the oros of mashiach!

excuse the typos

=====

=====

Re: Zemmy's story

Posted by ZemirosShabbos - 26 Jul 2011 04:10

just today i saw in Toras Avos quoting Rebbe Moshe Kobriner that the 21 days of bein hamtzarim are parallel to the 21 days from R'H to shmini atzeres. An artist will first make and under-painting of black and afterward paint the picture. So too, the days of bain hamtzarim are the black underpainting before the Yomim Tovim.

=====

=====

Re: Zemmy's story

Posted by ZemirosShabbos - 26 Jul 2011 16:18

OTR, i sent you a PM

=====

Re: Zemmy's story

Posted by ZemirosShabbos - 26 Jul 2011 17:05

saying for today:

There is nothing in a caterpillar that tells you it's going to be a butterfly. (Buckminster Fuller)

=====

Re: Zemmy's story

Posted by Shteeble - 27 Jul 2011 14:32

zoiks

=====

Re: Zemmy's story

Posted by bardichev - 27 Jul 2011 14:52

TOOT

Bellwood, **Bardstown**Elevation

580 ft Station Select Now

Scattered CloudsTemperature

88.3 °F

Feels Like 90 °F Wind(mph)

2.7 Sunrise / Set

6:40 AM8:55 PMMoon

Waning CrescentMore AstronomyToday

94 °F Partly CloudyTonight

72 °F Partly CloudyTomorrow

95 °F ClearFriday

92 | 74 °F Chance of T-storms

30% chance of precipitationSaturday

88 | 72 °F Chance of T-storms

40% chance of precipitationSunday

90 | 72 °F Chance of T-storms

20% chance of precipitation

=====
=====

Re: Zemmy's story

Posted by bardichev - 27 Jul 2011 14:58

ZEMMY WHEN U RESPOND YOU WILL

3000!!!

OH EM GEE!!!

=====
=====