

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story

Posted by ZemirosShabbos - 14 Jul 2011 20:46

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Re: Zemmy's story

Posted by ur-a-jew - 14 Jul 2011 20:50

[ZemirosShabbos wrote on 14 Jul 2011 20:46:](#)

You mean I should drop the rose colored glasses part? I wasn't sure about that either.

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almost

Re: Zemmy's story

Posted by ZemirosShabbos - 14 Jul 2011 21:01

where is Mr.Serious when we need him?

the only time you should drop the glasses is before you make kiddush (levana, so it should not be a chatzitza between you and the moon or the candles) and when you walk in the street

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Re: Zemmy's story

Posted by ZemirosShabbos - 18 Jul 2011 21:15

hi OTR, thanks for stopping by

“The secret of happiness is to make others believe they are the cause of it.”

by: Al Batt

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Re: Zemmy's story

Posted by ben durdayah - 18 Jul 2011 21:29

[ZemirosShabbos wrote on 18 Jul 2011 21:15:](#)

“The secret of happiness is to make others believe they are the cause of it.”

Gee Zemmy, Thanks!

You really made my day with that wonderful quote...

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Re: Zemmy's story

Posted by ZemirosShabbos - 18 Jul 2011 21:43

Sincerity is not only effective and honourable, it is also much less difficult than is commonly supposed.

George Henry Lewes

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Re: Zemmy's story

Posted by ur-a-jew - 18 Jul 2011 21:55

[ZemirosShabbos wrote on 18 Jul 2011 21:15:](#)

“The secret of happiness is to make others believe they are the cause of it.”

by: Al Batt

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Re: Zemmy's story

Posted by ur-a-jew - 18 Jul 2011 22:00

[ZemirosShabbos wrote on 18 Jul 2011 21:43:](#)

The secret of success is sincerity. Once you can fake that you've got it made.

Jean Giraudoux

Isn't that what you really meant?

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Re: Zemmy's story

Posted by ZemirosShabbos - 19 Jul 2011 15:58

[On The Road wrote on 19 Jul 2011 03:01:](#)

Ok zemmy.... Spill the beans. Where ya gettin all these great lines from?

someone i know has a website with a lot of good quotes

"The pursuit of happiness is a most ridiculous phrase; if you pursue happiness you'll never find it."

by: C. P. Snow

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Re: Zemmy's story

Posted by Yosef Hatzadik - 19 Jul 2011 17:45

Reb **ZemirosShabbos**,

How many aliases/pseudonyms do you use?

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Re: Zemmy's story

Posted by ur-a-jew - 19 Jul 2011 18:10

[ZemirosShabbos wrote on 19 Jul 2011 15:58:](#)

“The pursuit of happiness is a most ridiculous phrase; if you pursue happiness you'll never find it.”

by: C. P. Snow

The alternative to pursuing happiness:

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Re: Zemmy's story

Posted by ZemirosShabbos - 19 Jul 2011 18:46

[Yosef Hatzadik wrote on 19 Jul 2011 17:45:](#)

Reb **ZemirosShabbos**,

How many aliases/pseudonyms do you use?

don't forget pen-names, nom de plumes, and vietnam(e)

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Re: Zemmy's story

Posted by ZemirosShabbos - 19 Jul 2011 18:47

[ur-a-jew wrote on 19 Jul 2011 18:10:](#)

[ZemirosShabbos wrote on 19 Jul 2011 15:58:](#)

“The pursuit of happiness is a most ridiculous phrase; if you pursue happiness you'll never find it.”

by: C. P. Snow

The alternative to pursuing happiness:

rebbe UAJ, i would like it if you could get me something to eat too

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Re: Zemmy's story

Posted by ZemirosShabbos - 19 Jul 2011 19:08

On Shabbos i was beginning to go to shul when my young son saw me walking. He had been playing in the sandbox and his hands were 'sandy' and at first i was not enamored of the idea of holding his hand. Then i thought to myself - how many times have i wanted to hold my 'Father's Hand' while my hands were 'sandy'?

i held his hand happily.

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