

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story

Posted by ZemirosShabbos - 30 Jun 2011 14:40

thank you UAJ, EBD and YH for your kind words

a good slogan would be 'e pluribus unum'

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Re: Zemmy's story

Posted by ben durdayah - 30 Jun 2011 17:43

[ZemirosShabbos wrote on 30 Jun 2011 14:40:](#)

a good slogan would be 'e pluribus unum'

Sorry, that one is taken...

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Re: Zemmy's story

Posted by 1daat - 30 Jun 2011 23:38

Vas? Vas? A bus. What's this about a bus, eh publicbus?

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Re: Zemmy's story

Posted by 1daat - 01 Jul 2011 04:41

And Good Shabbos. May Shabbos koidesh rain your house with peace.

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Re: Zemmy's story

Posted by ZemirosShabbos - 04 Jul 2011 19:07

thank you 1daat!

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Re: Zemmy's story

Posted by ZemirosShabbos - 04 Jul 2011 20:44

some good quotes:

You're only given a little spark of madness. You mustn't lose it.

(Robin Williams)

If criticism had any power to harm, the skunk would be extinct by now.

(Fred Allen)

Inspiration is for amateurs. the rest of us just show up.

(Chuck Close)

We act as though comfort and luxury were the chief requirements of
life, when all that we need to make us happy is something to be
enthusiastic about.

(Charles Kingsley)

It's taken me all my life to understand that it is not necessary to
understand everything.

(Rene Coty)

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Re: Zemmy's story

Posted by Yosef Hatzadik - 05 Jul 2011 16:08

Dei goyim zuggen git!!

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Re: Zemmy's story

Posted by lookingforwisdom - 05 Jul 2011 19:05

[ZemirosShabbos wrote on 04 Jul 2011 20:44:](#)

some good quotes:

It's taken me all my life to understand that it is not necessary to

understand everything.

(Rene Coty)

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Re: Zemmy's story

Posted by ZemirosShabbos - 05 Jul 2011 19:13

you know how your parents' would say that when you get older you'll understand?

well, i am 'older' already and i think i understand. either that or i just got used to the idea...

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Re: Zemmy's story

Posted by ur-a-jew - 05 Jul 2011 19:16

[lookingforwisdom wrote on 05 Jul 2011 19:05:](#)

S you do understand something

[ZemirosShabbos wrote on 04 Jul 2011 20:44:](#)

some good quotes:

It's taken me all my life to understand that **it is not necessary to understand everything.**

(Rene Coty)

[ZemirosShabbos wrote on 05 Jul 2011 19:13:](#)

you know how your parents' would say that when you get older you'll understand?

well, i am 'older' already and i think i understand. either that or i just got used to the idea...

I don't understand this whole discussion.

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S you do understand something

Re: Zemmy's story

Posted by lookingforwisdom - 05 Jul 2011 19:21

[ur-a-jew wrote on 05 Jul 2011 19:16:](#)

[lookingforwisdom wrote on 05 Jul 2011 19:05:](#)

[ZemirosShabbos wrote on 04 Jul 2011 20:44:](#)

some good quotes:

It's taken me all my life to understand that **it is not necessary to understand everything.**

(Rene Coty)

I don't understand this whole discussion.

It is still necessary to understand **that it is not necessary to understand everything**

or maybe not, just trying to understand something or looking for wisdom

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Re: Zemmy's story

Posted by ZemirosShabbos - 05 Jul 2011 19:27

i think this just proves that we still have our [ZemirosShabbos wrote on 04 Jul 2011 20:44:](#)

little spark of madness.

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Re: Zemmy's story

Posted by ben durdayah - 05 Jul 2011 21:01

Some of us have a raging inferno...

See the posts on possum tossing, kickboxing lessons from Billy, Roadkill Chulent etc. etc.

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Re: Zemmy's story

Posted by ZemirosShabbos - 05 Jul 2011 21:13

before you i am ??? ????? ???????

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