

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story

Posted by Yosef Hatzadik - 10 Feb 2011 17:32

#1509

After how many posts do I become a Certified Nudnik? :o

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Re: Zemmy's story

Posted by Rising Up - 10 Feb 2011 17:33

[Yosef Hatzadik wrote on 10 Feb 2011 17:30:](#)

#1507 now.

If this gets started I get a feeling that Guard is going to put in one of those "type the scrambled word" security features. >:D ^^ O0

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Re: Zemmy's story

Posted by ZemirosShabbos - 10 Feb 2011 17:38

[Yosef Hatzadik wrote on 10 Feb 2011 17:28:](#)

[tzaddik90 wrote on 10 Feb 2011 16:53:](#)

sorry to interrupt, pardon me-zem, till now didnt know where what ur deal was, glad i found it, will bli neder read-i though once u get over 1500 posts you turn into a malach like chanoch, guess doesnt work that way!

This is post #1506 for me & I am still not a Malach either. I am not even a REAL Tzadik yet! I am still only a Tzadik Wannabe. :-\

there is a story with the Chozeh of Lublin and Reb Aizel Charif (who was a misnaged). Reb Aizel asked the Chozeh why so many people come to him for brachos and eitzos. The Chozeh said he has the same question. Reb Aizel told him that he should get up in shul and announce that there is no reason for anyone to come to him. That is what the Chozeh did. And even more people came to him because they saw that he was an anav. So Reb Aizel asked the Chozeh to get up in shul and say that he is in fact a tzadik and can indeed help people. To this the Chozeh answered: "I cannot say lies".

So reb Yosef, we will keep coming for kvitlach 8)

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Re: Zemmy's story

Posted by Yosef Hatzadik - 10 Feb 2011 17:39

[RisingUp wrote on 10 Feb 2011 17:33:](#)

If this gets started I get a feeling that Guard is going to put in one of those "type the scrambled word" security features.

Something li^{ke} Th_{is} ??

Oh yeah, #1520. ^-^

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Re: Zemmy's story

Posted by ZemirosShabbos - 10 Feb 2011 17:39

at #1770 a giraffe appeared in my avatar

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Yosef, i think you will get a possum in yours

Re: Zemmy's story

Posted by Yosef Hatzadik - 10 Feb 2011 17:40

[ZemirosShabbos wrote on 10 Feb 2011 17:38:](#)

So Reb Yosef, we will keep coming for kvitlach 8)

Just don't forget the \$\$\$

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Re: Zemmy's story

Posted by Yosef Hatzadik - 10 Feb 2011 17:41

[ZemirosShabbos wrote on 10 Feb 2011 17:39:](#)

i think you will get a possum

or >:D

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Re: Zemmy's story

Posted by ZemirosShabbos - 10 Feb 2011 17:43

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Re: Zemmy's story

Posted by Rising Up - 10 Feb 2011 17:58

Rising Up, did you take a course in making nifty smileys?

Is right here:

www.guardyoureyes.org/forum/index.php?action=help;area=smileys

I'm also want to find out if SMF will allow for us to code our own smileys

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Re: Zemmy's story

Posted by 1daat - 14 Feb 2011 02:43

Hey Zemmy, just checkin in. Glad you're still yucking it up (yeah, yeah, very funny guys, that was with a "Y")

Mit glick

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Re: Zemmy's story

Posted by ZemirosShabbos - 14 Feb 2011 18:51

hi 1daat,

thanks for stopping by, hope you are doing ok

take care

z.

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Re: Zemmy's story

Posted by ZemirosShabbos - 15 Feb 2011 20:21

a little while ago my wife texted me to come out of my office and meet her outside the building. i came out and she was nowhere to be seen. my mind started running off saying "why can't she text me when she is here, not when she is a few blocks away and have me stand outside in the cold?"

then i realized what my attitude was doing to me. here it's a beautiful sunny day, a little chilly but nothing major, and i am sitting in my office most of the day, not getting to enjoy the sunlight and air. now i am being given the opportunity to relax and enjoy the fresh air for a few minutes without a bother.

a small little thing but it shows me how my attitude and thinking processes need fixing.

thank you Hashem for that lesson. thanks to the wife for being the vehicle for teaching me how to live.

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Re: Zemmy's story

Posted by Yosef Hatzadik - 15 Feb 2011 21:01

Hey, wait for me too. I am just a few miles away.....

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Re: Zemmy's story

Posted by ZemirosShabbos - 15 Feb 2011 21:05

please bring some good giraffe food

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