

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story

Posted by ZemirosShabbos - 09 Feb 2011 18:32

thanks for the mareh mokom

check this out:

matzav.com/rav-brazil-how-to-know-if-a-song-is-rooted-in-kedushah

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Re: Zemmy's story

Posted by Shteeble - 10 Feb 2011 02:06

Yosef, who popped your balloon?

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Re: Zemmy's story

Posted by Yosef Hatzadik - 10 Feb 2011 16:35

[ZemirosShabbos wrote on 09 Feb 2011 18:32:](#)

check this out:

matzav.com/rav-brazil-how-to-know-if-a-song-is-rooted-in-kedushah

Checked it out.

Went to two chasunas last night. One was of the type that Rav Brasil would approve of. The

I did not see Rav Susholtz's theory pan out. The 'show-off' part was noticeable, though.

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Re: Zemmy's story

Posted by ZemirosShabbos - 10 Feb 2011 16:40

maybe you need to find a chasuna with dancing giraffes?

but don't get too close to the giraffes, they can pop balloons, so i hear

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other
Re: Zemmy's story

Posted by Yosef Hatzadik - 10 Feb 2011 16:43

R' Gaffe = Funny Giraffe?

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Re: Zemmy's story

Posted by pinokio - 10 Feb 2011 16:53

sorry to interupt, pardon me-zem, till now didnt know where what ur deal was, glad i found it, will bli neder read-i though once u get over 1500 posts you turn into a malach like chanoch, guess doesnt work that way!

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Re: Zemmy's story

Posted by ZemirosShabbos - 10 Feb 2011 16:59

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Re: Zemmy's story

Posted by Rising Up - 10 Feb 2011 17:03

[ZemirosShabbos wrote on 10 Feb 2011 16:59:](#)

for some reason I just don't visualize Rambo sitting by a computer typing in smiley faces in the ;D

~~i used to think 500 posts makes you like Rambo. now i think it takes at least 3000~~

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Re: Zemmy's story

Posted by ZemirosShabbos - 10 Feb 2011 17:17

;D ;D

that was clearly a chasidisher Rambo who did that, left his signature bullet holes in the shape of a 'segol'

?????? ?? ??????

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Re: Zemmy's story

Posted by ZemirosShabbos - 10 Feb 2011 17:19

Last nite some of my kids were complaining (and getting really into the complaining mode) about a few issues regarding the family's circumstances and background.

While i did validate their concerns i posed a challenge to them: i offered \$10 to whoever can write up a list of 100 things they are thankful for.

They immediately took to it enthusiastically and all of them completed it. It seems they were mainly interested in the reward but i think it imparted a certain lesson as well. i was inspired by this article on matzav.com:

matzav.com/out-of-the-mouths-of-frum-babes

in unrelated news: this morning somebody had twin girls and gave them names and the gabai couldn't figure out how to make the mi sheberach. we should only have such problems...

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Re: Zemmy's story

Posted by Rising Up - 10 Feb 2011 17:23

[ZemirosShabbos wrote on 10 Feb 2011 17:17:](#)

;D ;D

that was clearly a chasidisher Rambo who did that, left his signature bullet holes in the shape of a 'segol'

?????? ?? ?????

eeeeeeeeeeeeeeeeehhhhhhhhhhhhhhhhhhhhhhh...eh.....eh..eeeeehhhhhhhhhhhhhhh.....eh.....eh.....eehh....

wat yu say?

(if you read that like a Canadian, well not everyone isn't Canadian, so don't feel sorry)

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Re: Zemmy's story

Posted by bardichev - 10 Feb 2011 17:26

Zemmy the Zookeeper

Possum

Penguin

Giraffes

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Re: Zemmy's story

Posted by Yosef Hatzadik - 10 Feb 2011 17:28

[tzaddik90 wrote on 10 Feb 2011 16:53:](#)

sorry to interupt, pardon me-zem, till now didnt know where what ur deal was, glad i found it, will bli neder read-i though once u get over 1500 posts you turn into a malach like chanoch, guess doesnt work that way!

This is post #1506 for me & I am still not a Malach either. I am not even a REAL Tzadik yet! I am still only a Tzadik Wannabe. :-\

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Re: Zemmy's story

Posted by Yosef Hatzadik - 10 Feb 2011 17:30

#1507 now.

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