

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story

Posted by 1daat - 25 Jan 2011 21:09

Mostly I keep my mouth shut, unless asked a question. And then I tend to hem and haw a lot, like, "Hmmm, I think that's a rabbi question. Would you like me to ask and get back to you?" That's sort of what I try to say.

But they see me, and watch me. And they all take me and my particular Yiddishkeit very seriously. Inch by inch I see them moving more and more towards the/their derech. They ask. Good enough.

How are you, Z? What is Archie Bunker doing under the table, anyway?

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Re: Zemmy's story

Posted by ZemirosShabbos - 25 Jan 2011 21:26

i hear you idaat, thanks

and it is good to see you here, how are you doing?

in 7th grade Archie Bunker comics were read in my class under the desk surreptitiously in middle of class...

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Re: Zemmy's story

Posted by ur-a-jew - 26 Jan 2011 18:38

Oh, high and holy one, I am reporting back as requested. Hows it going?
i have since given it up and not read read a single Archie Bunker comic IIRC

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Re: Zemmy's story

Posted by ZemirosShabbos - 26 Jan 2011 18:52

i am glad to report that the skunk spray has been working as advertised

thank you for your concern, much appreciated

and if i am to be the resident high and holy one i think a little dispensing of timeless wisdom is in order

please take out your notebook

lesson #1: i have enough money to last me for the rest of my life, unless i need to buy anything

lesson #2: to skydive you do not need a parachute, unless you plan on doing it twice

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Re: Zemmy's story

Posted by ben durdayah - 26 Jan 2011 19:07

Sorry Rebbe, but as we learned in lesson one -I can't afford a notebook.

When do you think youll be planning the second annual class sky dive? It should be a half price deal -since according to lesson two, we aren't supposed to be paying for parachutes.

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Re: Zemmy's story

Posted by ZemirosShabbos - 26 Jan 2011 19:14

[ben durdayah wrote on 26 Jan 2011 19:07:](#)

Sorry Rebbe,

DUH

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Re: Zemmy's story

Posted by Shteeble - 26 Jan 2011 19:25

Everyone knows blisters come from rowing.....

not skydiving.

How about Mr Splat

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Re: Zemmy's story

Posted by ben durdayah - 26 Jan 2011 19:35

By the time we're ready to call anybody Mr. Splat, it's usually too late for them to respond to that name...

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Re: Zemmy's story

Posted by Rising Up - 26 Jan 2011 20:19

[ZemirosShabbos wrote on 26 Jan 2011 18:52:](#)

lesson #2: to skydive you do not need a parachute, unless you plan on doing it twice

or if skydiving isn't the only thing you plan on doing for the rest of your life

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Re: Zemmy's story

Posted by ZemirosShabbos - 26 Jan 2011 20:21

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that too

Re: Zemmy's story
Posted by Yosef Hatzadik - 26 Jan 2011 20:36

If Cliff-jumping is the sport where the guys jump off cliffs; doesn't skydiving entail diving UPWARDS?

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Re: Zemmy's story
Posted by Rising Up - 26 Jan 2011 20:49

[Yosef Hatzadik wrote on 26 Jan 2011 20:36:](#)

If Cliff-jumping is the sport where the guys jump off cliffs; doesn't skydiving entail diving UPWARDS?

Remember this: Jumping sends you upward and diving sends you downward. Cliff-diving would end in a very big splatt, if you compare it to deep-sea diving.

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Re: Zemmy's story
Posted by ZemirosShabbos - 26 Jan 2011 20:52

lot of extreme sports going on...

anyone for some tic tac toe?

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Re: Zemmy's story

Posted by ur-a-jew - 26 Jan 2011 21:28

x

your move.

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