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Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for furher change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kanesher (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit
of shabbos. it reminds me of what i have at stake in the struggle.
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Re: Zemmy's story Posted by ZemirosShabbos - 11 Jan 2011 16:51
reached a milestone today
i bought the CD that i use as my avatar!
truly an historical moment
it was on sale for \$3.99
cheaper than sushi
hat-tip to Belz
they have some really nice songs
WATLITW (bards)
zemms

Re: Zemmy's story Posted by ur-a-jew - 11 Jan 2011 17:07
ZemirosShabbos wrote on 11 Jan 2011 16:51:
i bought the CD that i use as my avatar!
truly an historical moment
it was on sale for \$3.99
cheaper than sushi
If only they knew whose Avatar it was they would have charged way more than \$3.99.
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Re: Zemmy's story Posted by ZemirosShabbos - 11 Jan 2011 17:21
Posted by ZemirosShabbos - 11 Jan 2011 17:21
Posted by ZemirosShabbos - 11 Jan 2011 17:21 ;D
Posted by ZemirosShabbos - 11 Jan 2011 17:21 ;D
Posted by ZemirosShabbos - 11 Jan 2011 17:21 ;D thank you UAJ!

GYE - Guard Your Eyes

GYE - Guard Your Eyes Generated: 14 July, 2025, 07:02 Will you please let me sing in your choir? **MBC** Re: Zemmy's story Posted by chaimhelp - 12 Jan 2011 14:42 Havdala is also kidush. Its the vuchedike kidush oif shabbos. ==== Re: Zemmy's story Posted by ZemirosShabbos - 12 Jan 2011 18:57 deep... can you elaborate? ______ ==== Re: Zemmy's story Posted by bardichev - 12 Jan 2011 19:03 i will when i have time billy needs help in the dpw

much tooo much snow for the one man one truck town

chaimhelp wrote on 12 Jan 2011 14:42:

Posted by Yosef Hatzadik - 13 Jan 2011 17:43

Havdala is also kidush. Its the vuchedike kidush oif shabbos.
ZemirosShabbos wrote on 12 Jan 2011 18:57:
deep
can you elaborate?
The Rosh writes in Orchos Chaim L'haRosh:
Kabeid ess haShabbos b'kinsaso ub'yetzi'osso
Havdalah is also part of Kovod Shabbos!
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Re: Zemmy's story Posted by Eye.nonymous - 13 Jan 2011 20:14
ZemirosShabbos wrote on 12 Jan 2011 19:46:
when school is closed we can have Avos Ubanim with a shiur in Hilchos Pesach by Billy the DPW/Kickboxing guy
refreshments - grilled possum zanvils

reached a milestone today

GYE - Guard Your Eyes

GYE - Guard Your Eyes Generated: 14 July, 2025, 07:02 i bought the CD that i use as my avatar! truly an historical moment it was on sale for \$3.99 cheaper than sushi hat-tip to Belz they have some really nice songs WATLITW (bards) zemms WOW....is it still on sale??

wanna buy me one?? pwety pwease.