

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

=====

Re: Zemmy's story

Posted by Yosef Hatzadik - 04 Jan 2011 21:15

The Stadiums of Bavel will yet become Batei Medrash!

=====

Re: Zemmy's story

Posted by ZemirosShabbos - 04 Jan 2011 21:30

how about the Armory?

=====

Re: Zemmy's story

Posted by Yosef Hatzadik - 04 Jan 2011 21:33

Sorry that is taken already.

Pupa got a 99 year lease on it from Gov. Pataki for \$1.00.

=====

=====

Re: Zemmy's story

Posted by ZemirosShabbos - 04 Jan 2011 21:37

simple: we show up and release a few possums, shouldn't take more than 5 minutes to clear the place out

=====

=====

Re: Zemmy's story

Posted by bardichev - 05 Jan 2011 01:11

The possums tale

A self help book

A kickboxers giude to shemiras einayim

Zemmy: u rokk

Bendy:van u please help me write "chanies daughter"

Oh btw

Bendy. You MuST read HARRYSON

=====

=====

Re: Zemmy's story

Posted by Efshar Letaken - 05 Jan 2011 01:15

Lots Of Fun on this Fuddem Too!

Boy have I been missing out.

I gotta maker more time to check this out.

K.O.T. guys

I love it!

Thanks Z.S. for keepen up the Spirit!

=====

=====

Re: Zemmy's story

Posted by bardichev - 05 Jan 2011 01:44

Brenng mich man kol hoaiolam killoy

Ich vill tzaylen bilder

=====

=====

Re: Zemmy's story

Posted by ZemirosShabbos - 05 Jan 2011 05:21

at yo' soivice rebbe b

but why are you counting the pics?

[bardichev wrote on 05 Jan 2011 01:11:](#)

The possums tale

A self help book

A kickboxers giude to shemiras einayim

are these books in the works? Artscroll? Feldheim? or Israel Book Shop?

EL: great to see you on this humble thread, sit down and make yourself at home

don't mind the possums, they are either dead or just playing possum

=====

Re: Zemmy's story

Posted by chaimhelp - 05 Jan 2011 05:28

we gonna be needn a artscrool translatur of dees treeds.

=====

=====

Re: Zemmy's story

Posted by ZemirosShabbos - 05 Jan 2011 21:27

Username:

ZemirosShabbos

Posts:

1333 (3.875 per day)

Age:

N/A

Location:

between kiddush and havdalah

- balance -

as the rebbe reb b would say

=====

=====

Re: Zemmy's story

Posted by Yosef Hatzadik - 05 Jan 2011 23:40

Oib a yid macht nisht Kiddush, macht der Goy Havdalla.

(Der Alter fun Kelm)

=====

=====

Re: Zemmy's story

Posted by bardichev - 06 Jan 2011 22:43

on shabbos im between kiddush and havdallah

dee gantzer voch im between havdallah and kiddush

this is a very very huge yesoid

=====

Re: Zemmy's story

Posted by ZemirosShabbos - 06 Jan 2011 22:56

shabbos is aseï tov

chol is sur mera?

is that what you meant?

=====

Re: Zemmy's story

Posted by mnman415 - 10 Jan 2011 00:21

[ZemirosShabbos wrote on 06 Jan 2011 22:56:](#)

shabbos is aseï tov

chol is sur mera?

is that what you meant?

wow, thats sure what it sounds like.

if that is what it meens, i like it!

if thats not what i meens, i will like it when i understand it!

=====

=====