Generated: 13 September, 2025, 21:22

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for furher change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kanesher (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.	
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Re: Zemmy's story Posted by bardichev - 17 Dec 2010 17:25	
if you find my eralobe let me know	
====	:======================================
Re: Zemmy's story Posted by ZemirosShabbos - 17 Dec 2010 17:3	32
=======================================	:======================================
Re: Zemmy's story Posted by bardichev - 17 Dec 2010 17:34	
there is a pencil behind it	
and a bluetooth in it	

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no earring
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Re: Zemmy's story Posted by ZemirosShabbos - 17 Dec 2010 17:41
peyos around it?
behind it?
front of it?
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Re: Zemmy's story Posted by desperate_teddybear - 17 Dec 2010 21:16
thanx 4 the reminder
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Re: Zemmy's story Posted by 1daat - 22 Dec 2010 03:21
Hey Zem, just checkin in. I see everybody here's having a great time. Niiiiiice! (you want the groiseh version?)
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GYE - Guard Your Eyes

Re: Zemmy's story

Posted by desperate_teddybear - 22 Dec 2010 05:50

Generated: 13 September, 2025, 21:22 Re: Zemmy's story Posted by ZemirosShabbos - 22 Dec 2010 04:57 not exactly sure what you mean but yes, i would like the 'groiseh version'... Re: Zemmy's story Posted by Shteeble - 22 Dec 2010 05:04 what do dearlobes fave wo do with thiws? ZWASKIS! WOOLAND ON BOURD IN BELLEVILLE BY OF SURVEY OF ZZZZZZZZZZ Z Z ZZZZZZZZZZZZZZZ ZZ ZZZZZZZ

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oh good, WALLET RAAAAAAAAAAAAAAAAAAAAAAAAAID

world, what the heck's this poke'mon card doing in here?
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Re: Zemmy's story Posted by Shteeble - 22 Dec 2010 12:49
Di'm nodt familiar with pokdemon stuwff.
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Re: Zemmy's story Posted by ZemirosShabbos - 22 Dec 2010 14:59
world, you should read up on this thread for the earlobe episode, it's one page back
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Re: Zemmy's story Posted by desperate_teddybear - 22 Dec 2010 15:40
'Who' needs cawpitalization
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Re: Zemmy's story Posted by Yosef Hatzadik - 22 Dec 2010 19:50

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