

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story

Posted by shomer bro - 07 Jul 2014 22:18

banana liquor?! looks like a nice bottle, even if it probably has a weird taste. i mean, does it taste like actual bananas, or like a banana Laffy Taffy?

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Re: Zemmy's story

Posted by Machshovo Tova - 08 Jul 2014 19:45

Speaking of weird tasting liquor, I recently saw in shul a bottle of sweet potato flavored vodka. (I passed on that - I settled for old Williamsburg instead.)

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Re: Zemmy's story

Posted by TehillimZugger - 10 Aug 2014 13:25

[Zeidy MT wrote:](#)

Is Woodford BADATZ?

[Pidaini wrote:](#)

of course not!!!!

but it doesn't have hebrew lettering on it, so it doesn't need to be.

That is pure genius Yankel! Pure genius!

Ich LUUUUUUUUUUUUV ess!

In other news. Last week I reprimanded the-Rebbe-who-doesn't-serve-black-jellybeanz-at-his-tish for being too Shabbos Chazon-i-dig; he gave me an extra shot of badatz banana liquor to make up for it.

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Re: Zemmy's story

Posted by cordnoy - 01 Jan 2015 08:27

[1daat wrote:](#)

Hey Zem,

couldn't sign on for a long time. Mazel Tov! It's a miracle, yes? Yes. Yes? Yes!

I am blessed to have been able to read your thread. Mostly for the stupid stuff that goes on. and then you'll post this a-bomb that just harpoons me in the kishkus, and makes me re-think things, or weep, or go off and have a talk with HBH. Thanks for being there.

Much love,

Joel

Stupid!!!??

How dare he?

didn't anyone stand up for gadlus in yesteryear?

no wonder he's off the site!

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Re: Zemmy's story

Posted by cordnoy - 01 Jan 2015 08:30

[inastruggle wrote:](#)

i recently started on my journey through this thread, it's gonna take a long time to read through all this chizzuk, ~~shussim~~ and torah but i think i's going to be worth it.

i love reading about zemmy's son who's probably older than me by now. im also getting a real education about important things like cholinade.

FIVE STARS

i'm only about a fifth of the way there but i don't think anyone got the prize yet, sooo 2 and a half years later i'm going to give zemmy some closure

I WIN, CHING CHING CHING PAY UP ZEMMY

and on the same page! shtussim!!??

at least, someone had the common sense to 'strike it out.'

Inna is still here; We gotta have a talkin' with him.

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Re: Zemmy's story

Posted by inastruggle - 02 Jan 2015 00:06

Zemmy's thread is the belz, zoological, mesilas yescharim. It pierces the heart like a chinese tree. Feels better than a cold cup of cholinade and a roadkill possum steak. May zemmy continue to moderate his thread, and the site, until the rebbe, leads us to mashiach. Lechayim on some woodford.

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Re: Zemmy's story

Posted by ZemirosShabbos - 02 Jan 2015 01:48

[TehillimZugger wrote:](#)

Ich LUUUUUUUUUUUUV ess!

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Re: Zemmy's story

Posted by cordnoy - 08 Mar 2015 13:57

[ZemirosShabbos wrote:](#)

life is a bowl of cherries. As long as you're not under the table in the shmutz. No one keeps the cherry bowls there...

ummm

Warning: Spoiler!

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Re: Zemmy's story

Posted by ZemirosShabbos - 31 Mar 2015 18:52

been 5 years since i looked at porn! woohoo!

, but my imperfection is getting better. maybe.

dunno WHY G-d did it, but i know HOW: Gee Why EE.

Thank You Hashem!

and thank you Guard!

and thank you to my dear friends: Chuna Feitel, Zanvil Kasriel, Boruch Zundel and Zerubavel Bunim (those are chad-paami pen-names) and many more.

you know who you are and you are the mayonnaise to my tuna fish.

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still far from perfect, at least according to my wife

Re: Zemmy's story

Posted by newaction - 31 Mar 2015 20:14

Mazel tov for the 5 years ZemirosShabbos Hashem shall continue helping ad 120.

I would like to know how are you feeling after 5 years. You wrote you're getting better,

can you tell me in what ways ? Thanks and lots of Hatzlacha.

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Re: Zemmy's story

Posted by gibbor120 - 31 Mar 2015 21:02

MAZAL TOV! Kiddush!

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Re: Zemmy's story

Posted by cordnoy - 01 Apr 2015 01:00

Baruch Hashem!

and thank YOU!

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Re: Zemmy's story

Posted by ZemirosShabbos - 01 Apr 2015 15:20

[newaction wrote:](#)

Mazel tov for the 5 years ZemirosShabbos Hashem shall continue helping ad 120.

I would like to know how are you feeling after 5 years. You wrote you're getting better,

can you tell me in what ways ? Thanks and lots of Hatzlacha.

amen and thank you for the bracha.

. For some people that may be a dubious achievement, akin to "5 years of not whacking my ear with a hammer". But for a guy who has spent years whacking his ear with a hammer it is quite the reason for a party.

With time guarding your eyes becomes habitual, notwithstanding the urge and desire we

naturally feel to look. I am not deluding myself and saying that i do not need to be careful. Of course i must be vigilant, but it seems the intensity of the battle shifted away from porn-viewing. I also feel more aware of my moods, frustrations and my responses to them. Also made some really good friends, new roadkill cholint recipes and geshtaltzinfleegen upgrades.

Also have the coolest avatar this side of the Hudson and the second highest post-count (just for

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Re: Zemmy's story

Posted by newaction - 01 Apr 2015 19:48

~~a week or two, when Cords overtakes me)~~
Thank you Zemmiros, i can see the points that you wrote.(excluding the gehstal..... which i dont know how do you eat it).

Again May Hashem Grant you, and us , many many years of ... great recepies .. you know what i mean.

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