

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story

Posted by ZemirosShabbos - 18 Jul 2013 23:30

All those aft move forward, all those forward move aft, those in the middle direct traffic

US Navy

message sponsored by Grainger, Iekovod Innastruggle and Winnie the Pooh

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Re: Zemmy's story

Posted by mr. emunah - 18 Jul 2013 23:32

yes

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Re: Zemmy's story

Posted by inastruggle - 19 Jul 2013 09:42

Thank you for putting up the quote.

Also thank you for explaining it to me.

next time a real thingish quote from A.A. Milne plz.

not so hard, just google good winnie the pooh quotes, it's a gold mine.

"Promise me you'll always remember: You're braver than you believe, and stronger than you seem, and smarter than you think."

? A. A. Milne

"Weeds are flowers, too, once you get to know them."

? A. A. Milne

"People say nothing is impossible, but I do nothing every day."

? A. A. Milne, Winnie-the-Pooh (bein hazmanim much?)

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Re: Zemmy's story

Posted by inastruggle - 19 Jul 2013 09:50

"What day is it?"

It's today," squeaked Piglet.

My favorite day," said Pooh."

? A. A. Milne

wow. odaat.

"forget the big book, read winnie the pooh"

-anonymous A.A. Milne fan

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Re: Zemmy's story

Posted by ZemirosShabbos - 19 Jul 2013 20:26

"Good judgment comes from experience, and experience - well, that comes from poor judgment."

? A.A. Milne

p.s. remember to sing Carlebach's Nachamu Ami

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Re: Zemmy's story

Posted by inastruggle - 19 Jul 2013 20:40

"[A] quotation is a handy thing to have about, saving one the trouble of thinking for oneself, always a laborious business."

(The Record Lie)"

? A. A. Milne, If I May

What do you suppose this means?

eh, who cares.It's not winnie the pooh.

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Re: Zemmy's story

Posted by ZemirosShabbos - 19 Jul 2013 20:45

Saw a geshmake vort in Emunas Itecha.

Why do we read ?? ?????? on Tisha Bav, there are other parshiyos that would be fitting, like the tochacha in Bechukosai or Ki Savo?

Tzadikim say that the kria is me'orer the zman. Tzadikim were sensitive and would feel Shavuos on parshas yisro and Pesach on parshas Bo. Chazal did not want us to experience Tisha Bav twice a year so they instituted that we lain ?? ?????? which is in the parshas hashavua that Tisha Bav always falls on. ??????"

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Re: Zemmy's story

Posted by gibbor120 - 19 Jul 2013 21:49

[ZemirosShabbos wrote:](#)

"Good judgment comes from experience, and experience - well, that comes from poor judgment."

? A.A. Milne

p.s. remember to sing Carlebach's Nachamu Ami

I saw that quote on an inspirational poster in my office. I didn' realize it was a befayrushe winnie the poo. I have no bekeyus at all in winnie the poo I'm afraid.

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Re: Zemmy's story

Posted by inastruggle - 21 Jul 2013 08:34

[gibbor120 wrote:](#)

I have no bekeyus at all in winnie the poo I'm afraid.

“When you do the things that you can do, you will find a way.”

? A.A. Milne

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Re: Zemmy's story

Posted by tehylimzugger - 01 Aug 2013 01:21

Ummmm??????????

Can someone quote Alice in Wonderland?

Please.

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Re: Zemmy's story

Posted by ZemirosShabbos - 01 Aug 2013 01:22

outgribe

(is that good?)

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Re: Zemmy's story

Posted by inastruggle - 01 Aug 2013 07:01

Wow, Alice in wonderland has some great quotes.

"But I don't want to go among mad people," Alice remarked.

"Oh, you can't help that," said the Cat: "we're all mad here. I'm mad. You're mad."

"How do you know I'm mad?" said Alice.

"You must be," said the Cat, or you wouldn't have come here."

? Lewis Carroll, Alice in Wonderland

If this doesn't describe gye then nothing does...

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Re: Zemmy's story

Posted by inastruggle - 01 Aug 2013 07:03

And this is the day after you come to gye, (and introduce yourself)

"I can't go back to yesterday because I was a different person then."

? Lewis Carroll, Alice in Wonderland

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Re: Zemmy's story

Posted by ZemirosShabbos - 01 Aug 2013 22:41

[inastuggle wrote:](#)

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verily

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