

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story

Posted by ZemirosShabbos - 09 May 2012 18:21

yosef, that is kind of you. i appreciate the gesture. my only problem is finding Zamboni-accessible vans, supermarkets and seforim stores.

if you live in EY, click on this link. otherwise wait for tonight

www.guardureyes.com/GUE/Music/mus/JackSimcha.mp3

iy'h in a week+ i hope to get the cast off.

then starts therapy.

and eventually more surgery.

after that comes the big chometzdigger kiddush be'h (to quote my good friend from Kentucky)

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Re: Zemmy's story

Posted by obormottel - 09 May 2012 18:41

Ouch!

Surely, this was a kaporo for all of GYE.

Thanks for taking the fall for all of us, Zemmy-me-boy!

Mottel

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Posted by jack - 09 May 2012 20:32

i heard my name mentioned! thanks for reminding me of those great times. of course, it gives ME chizuk to want to continue

jack

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Re: Zemmy's story

Posted by Yosef Hatzadik - 11 May 2012 03:43

Ahhh!

the good 'ol times...

THOSE were the days....

HEY!!! This predates even ME!!! :o

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Re: Zemmy's story

Posted by tehillimzugger - 11 May 2012 06:41

I don't know about Zamboni-accessible vans but as for the supermarket you can try, Pomegranate, GlattGourmet, and that one that has the orange bags, and similar stores. Seformim Stores you can try Eichler's, Manny's, and that one in the old city- I think it's called Moreshet- or something like that.

[maybe you'll need a zamboni accessible airplane first :o]

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Re: Zemmy's story

Posted by ZemirosShabbos - 11 May 2012 17:37

[TehillimZugger wrote on 11 May 2012 06:41:](#)

that one in the old city- I think it's called Moreshet- or something like that.

i thought it's called Moriah, near the Jewish Quarter parking lot.

but i dunno, last time i was there Arafat was still guzzling snake oil and not in permanent long term storage in the ground

Jack, i love that niggun. thanks for being the catalyst for that.

keep on zamboniing

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Re: Zemmy's story

Posted by Gevura Shebyesod - 18 May 2012 16:06

Hi Zemmy, how's the recovery going?

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Re: Zemmy's story

Posted by ZemirosShabbos - 18 May 2012 17:21

hi gevura, thanks for stopping by and inquiring. doing good boruch haTatty

cast should be off very soon. feeling more like a person than a beached whale. haven't taken [s]narcotics[/s] painkillers in a few days b'h.

have a great shabbos!

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Re: Zemmy's story

Posted by obormottel - 18 May 2012 18:13

'tis a good month for healing: Ani Hashem Roifecho.

Refuo shleimo ukroivo lovoi.

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Re: Zemmy's story

Posted by ZemirosShabbos - 30 May 2012 14:34

thanks Mottel, now that you mention the lyar refua connection you reminded me of this:

www.guardyoureyes.org/forum/index.php?topic=3284.msg105120#msg105120

in sefer Oheiv Yisrael from the Opter Rav he says something similar about May

cast is off and it is showing improvement B"H

it is a Bardichever minhag to quote oneself. so if i feel like this:

www.guardyoureyes.org/forum/index.php?topic=3071.msg94252#msg94252

then i need this:

www.guardyoureyes.org/forum/index.php?topic=3071.msg94253#msg94253

this:

www.guardyoureyes.org/forum/index.php?topic=3071.msg94263#msg94263

this:

www.guardyoureyes.org/forum/index.php?topic=3071.msg94274#msg94274

this:

www.guardyoureyes.org/forum/index.php?topic=3071.msg94279#msg94279

and finally this:

www.guardyoureyes.org/forum/index.php?topic=3071.msg94539#msg94539

p.s. thank you to Al Gore for kindly inventing the internet so i can post links instead of copying and pasting the whole megila and overloading Shteeble's Hi-servers

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Re: Zemmy's story

Posted by tehillimzugger - 31 May 2012 13:00

[ZemirosShabbos wrote on 30 May 2012 14:34:](#)

it is a Bardichever minhag to quote oneself.

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Posted by tehillimzugger - 03 Jun 2012 11:59

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www.guardyoureyes.org/forum/index.php?topic=4579.msg137889#msg137889

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Re: Zemmy's story

Posted by ZemirosShabbos - 04 Jun 2012 15:46

my my, looks like TZ is writing his doctoral dissertation

in hebrew,

with footnotes,

on my thread,

harumph!

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