

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story

Posted by obormottel - 16 Feb 2012 23:32

Since Baal HaTanya requires eating rice only within a meal (to avoid brocho confusion), I always figure that fish is the lkkar, and the rice is there to merely hold it in place, so in my kitchen sushi is shehakol...

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Re: Zemmy's story

Posted by ur-a-jew - 17 Feb 2012 00:38

[obormottel wrote on 16 Feb 2012 23:32:](#)

Since Baal HaTanya requires eating rice only within a meal (to avoid brocho confusion), I always figure that fish is the lkkar, and the rice is there to merely hold it in place, so in my kitchen sushi is shehakol...

It would seem to me that your figuring aside the Baal Hatanya would have advised you to you wash on a nice piece of stone ground whole wheat pumpernickel bread.

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Re: Zemmy's story

Posted by tehillimzugger - 17 Feb 2012 08:58

[obormottel wrote on 16 Feb 2012 23:32:](#)

Since Baal HaTanya requires eating rice only within a meal (to avoid brocho confusion), I always figure that fish is the lkkar, and the rice is there to merely hold it in place, so in my kitchen sushi is shehakol...

re: brachos confusion, i published a teshuva on hilchos brachos in your kitchen... or maybe it was hilchos purim... ??? i can't remember i was definitely woodforded when i wrote it.

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Re: Zemmy's story

Posted by gibbor120 - 17 Feb 2012 16:16

I thought I saw a couple of sources recently that said it was mezonos since the rice is the majority.

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Re: Zemmy's story

Posted by Yosef Hatzadik - 21 Feb 2012 06:21

[ZemirosShabbos wrote on 16 Feb 2012 20:58:](#)

2/16/12

Dear Mr._____

Thank you very much for the sushi.

T'was velly velly good.

Yours truly,

Jiraff Z. Miros

Editor-in-chief

Whiffology Monthly Review

Cayman Islands

You had a Sushi Party and didn't invite me??

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Re: Zemmy's story

Posted by Yosef Hatzadik - 21 Feb 2012 06:23

..... soon you're gonna say that the Rabbi ordered for you to have a party? Huh?

;D

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Re: Zemmy's story

Posted by obormottel - 21 Feb 2012 07:32

That is only if brocho on rice is mezonos, of course...

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Re: Zemmy's story

Posted by ZemirosShabbos - 21 Feb 2012 21:42

we should totally have a gye sushi party

belated MAN reminder

and a thank you to all MAN people

i find this small but important project to be very beneficial in fostering appreciation, promoting the idea that the wife is a person and not a candy-machine and general shalom bayis.

off to mincha now

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Re: Zemmy's story

Posted by 1daat - 22 Feb 2012 05:52

"is not a candy machine". this is true inspiration, chochmadikke inspiration. I'm not around much these days. Many stories. Pain free. Surgery soon for complete solution, BZ"H, parnassah headed north, and lady friend coming in from Switzerland for a visit. My boys are being distant. this used to drive me straight to the computer. Now I just daven for their well being.

I hope this finds you in peace, and close to your most precious Maker. Who is also not a candy machine, now that I think about it.

Much love,

Yoyel

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Re: Zemmy's story

Posted by Blind Beggar - 22 Feb 2012 05:59

[1daat wrote on 22 Feb 2012 05:52:](#)

Lady friend coming in from Switzerland for a visit. My boys are being distant. This used to drive me straight to the computer. Now I just daven for their well being.

I hope this finds you in peace, and close to your most precious Maker. Who is also not a candy machine, now that I think about it.

Much love,

Yoyel

For those who don't know, the lady friend is a possible shidduch and no more.

I love the line "My boys are being distant. This used to drive me straight to the computer. Now I just daven for their well being.", that's real progress!

And Hashem is not a candy machine!

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Re: Zemmy's story

Posted by tehylimzugger - 22 Feb 2012 07:54

nor a sushi maker

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Re: Zemmy's story

Posted by ZemirosShabbos - 22 Feb 2012 21:00

idaat, thanks for checking in!

sounds very good, the northern parnassa, the Swiss imports, the davening for the kiddos. i will daven that you surgery goes well and leaves you feeling like a brand new 2013 Ford Explorer

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Re: Zemmy's story

Posted by ZemirosShabbos - 27 Feb 2012 22:51

with much gratitude to HKBH for getting me here and to my friend UAJ for inspiring this whole project i am happy to celebrate a siyum on a stack of post it notes. tonight is MAN and i will be opening a new package iy'h. lechaim!

??? "? ????? ?????? ?????? ??? ???????? ?? ?????"? "? "? ?????"? ????? ??? ?????? ????? ??????"

lekovod purim:

Chanukah is chinuch-heh, meaning chinuch has to done by showing the geshmack of yiddishkeit, chinuch needs the letter 'heh', which denotes pleasure, like when you eat or smell something good you say ahhhhhhh.... which is the sound of heh. (*heard for the Kaliver Rebbe shlita*)

but it's not so simple...

it says ????? ??? ?? ???????

meaning that the 'heh' can go both ways, heh-lanu, or letzareinu

Haman was heh-man. why? because he put the 'H' in wine, making it into whine....

here is to chanuka-hay for all on purim, with lots of wine and no whine, lechaim!

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Re: Zemmy's story

Posted by Gevura Shebyesod - 28 Feb 2012 00:57

Mazel Tov!!! der Zivvug Zol Oileh Yoffe Zein!!!!

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