

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story

Posted by gibbor120 - 17 Jan 2012 19:37

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Re: Zemmy's story

Posted by tehlimzugger - 18 Jan 2012 09:50

[ZemirosShabbos wrote on 17 Jan 2012 18:47:](#)

"When you wake up in the morning, Pooh," said Piglet at last, "what's the first thing you say to yourself?"

"What's for breakfast?" said Pooh. "What do you say, Piglet?"

"I say, I wonder what's going to happen exciting today?" said Piglet.

Just watch out for betty and wilma

Pooh nodded thoughtfully. "It's the same thing," he said."

? A.A. Milne

[Gevura ShebYesod wrote on 17 Jan 2012 18:49:](#)

Zemmy, keep that up and you'll have to change your avatar.... ;D ;D ;D

"A quotation is a handy thing to have about, saving one the trouble of thinking for oneself."

P.S. [check this out](#)

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Re: Zemmy's story

Posted by ZemirosShabbos - 19 Jan 2012 21:25

:D ;D

"Rabbit's clever," said Pooh thoughtfully.

"Yes," said Piglet, "Rabbit's clever."

"And he has Brain."

"Yes," said Piglet, "Rabbit has Brain."

There was a long silence.

"I suppose," said Pooh, "that that's why he never understands anything."

? A.A. Milne

thank you very much to my good friend Harav UAJ shlita, may his light always shine. to his credit i am in the midst of installing accountability software on my computers.

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There is a great piece in Tiferes Shlomo this week, on the pasuk ??????? ????? ????? ??????
?????.

He explains the lashon of 'sivlos', which can be understood as 'tolerance, patience, acceptance', like savlanut. He says the prime merit the yidden had in Mitzrayim with which they were zocheh to geula was their savlanus, their acceptance of what they get in life. they did not get angry at HKBH or feel that THEY deserve better.

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Re: Zemmy's story

Posted by Gevura Shebyesod - 19 Jan 2012 21:39

Zemmy takes a road trip....

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Re: Zemmy's story

Posted by Eye.nonymous - 20 Jan 2012 07:48

Very interesting. Winnie the Pooh and Tiferes Shlomo in the same post.

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Re: Zemmy's story

Posted by ZemirosShabbos - 20 Jan 2012 15:49

do you think i short-circuited the universe with that?

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Re: Zemmy's story

Posted by gibbor120 - 20 Jan 2012 16:16

I'm waiting for someone to post a picture of pooh with chassideshe garb...

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Re: Zemmy's story

Posted by ZemirosShabbos - 20 Jan 2012 17:48

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Re: Zemmy's story

Posted by Gevura Shebyesod - 20 Jan 2012 17:52

Oops! I fixed it.... ;D

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Re: Zemmy's story

Posted by ZemirosShabbos - 20 Jan 2012 17:55

while you're at it, can you put a missile launcher and a helipad on the back too?

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this cloak and dagger stuff is fun

Re: Zemmy's story

Posted by Gevura Shebyesod - 20 Jan 2012 19:33

maybe you would like these trucks.... You can use them to clean up the internets.

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Re: Zemmy's story

Posted by Eye.nonymous - 21 Jan 2012 17:28

[ZemirosShabbos wrote on 20 Jan 2012 15:49:](#)

do you think i short-circuited the universe with that?

Yes.

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Re: Zemmy's story

Posted by Blind Beggar - 23 Jan 2012 18:12

[ZemirosShabbos wrote on 17 Jan 2012 18:56:](#)

Gevura, now THATS a trailer! me like

BB, how right you are

got no business watching trailers

(or adding old williamsburg to my golden flow milk)

[Blind Beggar wrote on 17 Jan 2012 10:42:](#)

Most people like Fred best, but Jim is my favorite.

Flintstone?

That's Fred and Barney, and yes, I do find Wilma and Betty to be mildly triggering in those short skirts with slits. I was referring to Fred and Jim from the Big Book of Alcoholics Anonymous which you might have heard of.

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Re: Zemmy's story

Posted by Yosef Hatzadik - 24 Jan 2012 05:51

[Blind Beggar wrote on 23 Jan 2012 18:12:](#)

I was referring to Fred and Jim from the Big Book of Alcoholics Anonymous which you might have heard of.

The only ZS approved BIG BOOK in this thread is a large print edition of ***Zemiros Shabbos***, which you might have heard of...

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