

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

=====

Re: Zemmy's story

Posted by ZemirosShabbos - 18 Nov 2010 19:51

Parshas Vayishlach

?? ????? ?????? ??? ?? ?? ??

?? ?? ?? ??????, ??? ?? ?? ???, ?????? ????? ?????

??????? ????? ?????

=====

Re: Zemmy's story

Posted by Yosef Hatzadik - 18 Nov 2010 19:52

WOW!!!!WOW!!!!WOW!!!!WOW!!!

That says it all!

=====

Re: Zemmy's story

Posted by bardichev - 18 Nov 2010 20:00

Oyyy vayyy

Oyyyy vayyyy

Zuwggg shioin

Kinderlachhh

Git shabbis

Oy vayyyy!!

=====

Re: Zemmy's story

Posted by ZemirosShabbos - 18 Nov 2010 20:19

rebbe b

it is kedai for me to look up a LIC every week just to hear the Viznitz nusach from you, es
varemt der hartz

you can daven far dee umid on our London shabbos hisvaadus

and feer tish

and shtell vaan

tail zemiros

gib shirayim

zug torah

and bounce Khalid

=====
=====

Re: Zemmy's story

Posted by bardichev - 18 Nov 2010 20:28

Khalid is sadrin

=====
=====

Re: Zemmy's story

Posted by Yosef Hatzadik - 18 Nov 2010 20:40

NU! Vos iz mit deer?

Ah varime butteh is the main thing!!!!

=====

=====

Re: Zemmy's story

Posted by ZemirosShabbos - 18 Nov 2010 20:46

one second, we have the REBBE Reb B, and when you have the man himself it is called a TISH, not a butteh, no?

=====

=====

Re: Zemmy's story

Posted by Shteeble - 19 Nov 2010 13:12

ai dee dai dee dai dee dai dee dai dee dai dee dai dee dum.....

shabbis koy oy desh shabbis shabbis koy oy desh.....

=====

=====

Re: Zemmy's story

Posted by ZemirosShabbos - 19 Nov 2010 14:34

reb world, if you want to audition, either come with us to London or wait till next week...

=====

=====

Re: Zemmy's story

Posted by bardichev - 19 Nov 2010 17:57

Good shabbos zemms

=====

Re: Zemmy's story

Posted by ZemirosShabbos - 19 Nov 2010 18:50

Good shabbos rebbe b

thanks for all the smiles, laughs, chizuk, and doing your job as rebbe of this holy corner of the virtual world and Bardstown, KY!

=====

Re: Zemmy's story

Posted by 1daat - 21 Nov 2010 08:26

This is not what I had in mind. Can we get serious for a minute around here? ...59...60! ok, that's was good.

=====

Re: Zemmy's story

Posted by frumfiend - 21 Nov 2010 13:00

Hello

=====

=====

Re: Zemmy's story

Posted by briut - 21 Nov 2010 14:16

[1daat wrote on 21 Nov 2010 08:26:](#)

Can we get serious for a minute around here?

Oh, that's really rich! As if Zemmy doesn't know the answer to that!

("Do you know what a rhetorical question is??" "Yes." "Er, apparently NOT!")

=====

=====