

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story

Posted by gibbor120 - 01 Dec 2011 17:03

I'm sure he'll be glad to email it to you ;D.

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Re: Zemmy's story

Posted by ZemirosShabbos - 01 Dec 2011 17:08

in that case i better fire up my refrigerated email server

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Re: Zemmy's story

Posted by Shteeble - 01 Dec 2011 17:10

lol

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Re: Zemmy's story

Posted by ZemirosShabbos - 02 Dec 2011 17:20

a happy sweet shabbos to all holy gye-people!

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Re: Zemmy's story

Posted by gibbor120 - 02 Dec 2011 18:26

[ZemirosShabbos wrote on 02 Dec 2011 17:20:](#)

a happy sweet shabbos to all holy gye-people!

Redundant, no?

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Re: Zemmy's story

Posted by obormottel - 04 Dec 2011 22:35

why is happy and sweet redundant?

How's my friend Zemmy? A gute woch!

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Re: Zemmy's story

Posted by ZemirosShabbos - 05 Dec 2011 17:57

i think he meant the holy gye people is redundant

b'h trucking along

how are you doing Mottel?

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Re: Zemmy's story

Posted by obormottel - 05 Dec 2011 19:11

[ZemirosShabbos wrote on 05 Dec 2011 17:57:](#)

i think he meant the holy gye people is redundant

I know, I know....

[ZemirosShabbos wrote on 05 Dec 2011 17:57:](#)

b'h trucking along

how are you doing Mottel?

Thank the Almighty G-d. Wife's out of town again till Thur.

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Re: Zemmy's story

Posted by ZemirosShabbos - 05 Dec 2011 19:14

[obormottel wrote on 05 Dec 2011 19:11:](#)

Thank the Almighty G-d. Wife's out of town again till Thur.

another thing. if you stop posting now, you will have exactly the post number of bais rabenu

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Re: Zemmy's story

Posted by obormottel - 05 Dec 2011 23:48

too late. Also, too bad. I just won't shut up!

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that sentence can be explosive, save for the period.

Re: Zemmy's story

Posted by Gevura Shebyesod - 06 Dec 2011 02:20

[obormottel wrote on 05 Dec 2011 19:11:](#)

shebebabel...

... Wife's out of town again till Thur.

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Re: Zemmy's story

Posted by Back on Track - 06 Dec 2011 05:54

Zmmy- this MAN thing is a great ideam thanks for keeping it up. Each monday I get a real inspiration from seeing you do this. 'Matter of fact- I'm gonna put a reminder on my phone rightnow to do the same. Loads of todes.

-Wife outa town is like me having my head detached. Keep posting bro. Till wenz she gone?

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Re: Zemmy's story

Posted by ZemirosShabbos - 06 Dec 2011 15:30

belated MAN alert. the reminder on my phone is for 11pm. so i only see it after i am off the forum (usually).

but fret not, it's a befeirushe Yalili: TANz TANz TANz TANz chabibi, which is clearly a reference to Tuesday Appreciation Night

last night i put up a post-it note with the new color (i had to get a new package) and wife says "pssssshhhh, new package? nice"

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Re: Zemmy's story

Posted by JackAbbey - 06 Dec 2011 22:04

was the new package nicer then the contents of the note?

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