

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story

Posted by an honest mouse - 17 Nov 2011 11:43

Thanks zemmy and thanking you for bringing simcha, practical lessons and just being a great example to the oilam!

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Re: Zemmy's story

Posted by JackAbbey - 17 Nov 2011 14:21

shenireh kol echod maallas chavareinu

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Re: Zemmy's story

Posted by Shteeble - 17 Nov 2011 16:09

Thank you for mentioning me!

Wow, that list is very impressive.

Shkoyach for putting in the time to make it. It reminds me of what a special place GYE is.

Have a geshmake day.

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Re: Zemmy's story

Posted by Back on Track - 18 Nov 2011 04:25

Thank you zemmy for thanksgiving!

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Re: Zemmy's story

Posted by gibbor120 - 18 Nov 2011 14:38

[Back on Track wrote on 18 Nov 2011 04:25:](#)

Thank you zemmy for thanksgiving!

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Re: Zemmy's story

Posted by ZemirosShabbos - 18 Nov 2011 16:23

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a good and happy erev shabbos kodesh to everyone

b"h things in Zemmsville are good, yishtabach shmo

to borrow a phrase from der heiliger rebbe

WATLITW

a sweet calm and happy shabbos to every single holy member of gye

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Re: Zemmy's story

Posted by gibbor120 - 18 Nov 2011 16:34

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Re: Zemmy's story

Posted by Gevura Shebyesod - 18 Nov 2011 16:43

A wonderful monstuh' great Shabbos to you too!!!

And speaking of the Rebbe, is he "praving" a Taanis Dibbur or something? He's been really quiet lately, and Guard is posting again. The gap is widening.....

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Re: Zemmy's story

Posted by gibbor120 - 18 Nov 2011 16:59

I think he was trying to protect the time space continuum and keep the universe in balantz. We don't yet know what awesome effect passing guard could have :o. Either that, or too much Woodford ;D.

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Re: Zemmy's story

Posted by ZemirosShabbos - 18 Nov 2011 17:07

[gibbor120 wrote on 18 Nov 2011 16:59:](#)

too much Woodford ;D.

nahh, with him it would only be a problem if there is too little woodford :0

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Re: Zemmy's story

Posted by gibbor120 - 18 Nov 2011 17:09

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Re: Zemmy's story

Posted by obormottel - 18 Nov 2011 17:26

[Gevura ShebYesod wrote on 18 Nov 2011 16:43:](#)

And speaking of the Rebbe, is he "praving" a Taanis Dibbur or something? He's been really quiet lately, and Guard is posting again. The gap is widening.....

I don't wanna sound like a conspiracy theorist, but in light of recent conspiracy coming out, maybe there is something there about Bards attempting to overthrow Guard by posting more...We don't know what effect having more posts than Guard can have on the Universe, right, Gibbor? So watch out Zemmy, maybe slow down a bit....take it one post at a time.

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Re: Zemmy's story

Posted by JackAbbey - 20 Nov 2011 12:57

i think the rebbe is here, playing with different names, i wouldnt say more....

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Re: Zemmy's story

Posted by Back on Track - 21 Nov 2011 06:48

This whole rebbe guard thing? When the reb is du, guard isn't.and wen guard's du the rebe aint? This sounds like a clark kent superman kinda thing....

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