

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story

Posted by Gevura Shebyesod - 02 Nov 2011 17:46

Good thing BOT's truck won't fit in there....

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Re: Zemmy's story

Posted by Shteeble - 02 Nov 2011 22:31

And the rebbes truck is way to high in calories to even contemplate eating it

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Re: Zemmy's story

Posted by ZemirosShabbos - 03 Nov 2011 14:27

had a nice A&W moment this morning.

i opened up my email program and see an email from Hakhel with something about brachos shailos in the subject. that starts me thinking that i really never found out the correct bracha for

wraps. i always assumed they are mezonos. so i start thinking how i really should ask a shaila.

after all the emails download i go through them and look at the hakhel email and that is exactly

yishtabach shmo!

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the shaila they discuss (it is mezonos).

Re: Zemmy's story

Posted by gibbor120 - 03 Nov 2011 14:46

)... and could you send me that email? It

sounds interesting.

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Re: Zemmy's story

Posted by ZemirosShabbos - 03 Nov 2011 14:54

A&W moment is 'awe and wonder' moment

i forwarded the whole email to your email address and i am pasting below the part about brachos.

Q: At the office I often send out for a tuna wrap. Today I ate two and a half wraps and was quite full. Was I required to wash and bench?
Could you remind me what A&W is (besides root beer)

A: No. The correct brochos would have been mezonos and al hamichya. Had you eaten

croissants (which are classified as pas haboh bkisnin) instead of wraps, and had a shiur k'vius seuda of the croissants you would have had to wash and bentch. (Halachos of Brochos, p. 485). But wraps are too thin and floppy and do not have the consistency of a bread product. Therefore, you may eat a shiur seuda without the requirement to wash and bentch. (Heard from Maran Hagoan Rav Elyashiv, Shlita).

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Re: Zemmy's story

Posted by gibbor120 - 03 Nov 2011 14:57

This sounds like a machlokes to me. I'm pretty sure I heard they were hamotzee from a reliable orthodox cholint-eating rav.

my kids already know the answer to any halachik question i ask - machlokes of course - mi kiamcha yisroel 8).

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Re: Zemmy's story

Posted by ur-a-jew - 03 Nov 2011 15:07

[gibbor120 wrote on 03 Nov 2011 14:46:](#)

)... and could you send me that email? It sounds interesting.

Abercrombie and Which

Ankles and Waist

Artichokes and Watermelons

Anteaters and Waffles

Academies and Wacky

Apples and Wafers

Ambulances and Wagons

Axes and Weapons

Acrylic and Wasabi

Approve and Waiver

Awake and Walking

Activists and Walkie-talkies

Advertising and Wallets

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Re: Zemmy's story

Posted by gibbor120 - 03 Nov 2011 15:10

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Re: Zemmy's story

Posted by ur-a-jew - 03 Nov 2011 15:12

[gibbor120 wrote on 03 Nov 2011 15:10:](#)

You got to be Aware and Weady for these things

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Re: Zemmy's story

Posted by ZemirosShabbos - 03 Nov 2011 15:12

you are right. i did a search and can see that there are opinions going both ways...

www.hakhel.info/archivesCABs/HAKHELCOMMUNITYAWARENESSBULLETIN11.pdf

Hakhel quotes Rabbi Belsky who says to make hamotzi and Rabbi Sternbuch who says it is like cake.

and now i see that UAJ has shown that their is machlokes what A&W means too.

anteaters and waffles sounds good.

can i have an anteater wrap to go please?

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Re: Zemmy's story

Posted by Gevura Shebyesod - 03 Nov 2011 15:41

My Rov says to make Hamotzie too.

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Re: Zemmy's story

Posted by bardichev - 03 Nov 2011 15:44

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Re: Zemmy's story

Posted by JackAbbey - 03 Nov 2011 15:48

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Re: Zemmy's story

Posted by ZemirosShabbos - 03 Nov 2011 15:51

must be a coded recipe for Novardok Anteater Wraps

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