

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story

Posted by 1daat - 06 Oct 2011 23:52

easy fast, chaver

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Re: Zemmy's story

Posted by Back on Track - 07 Oct 2011 03:12

That oznayim vort is beautiful. I'm going to share that with a lot of people.

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Re: Zemmy's story

Posted by 1daat - 07 Oct 2011 22:43

Zemmy, Gmar...

It's been good having you along. I love how your thread moves from crazy funny to beautiful and poetic and deep.

much love.

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Re: Zemmy's story

Posted by ZemirosShabbos - 10 Oct 2011 16:17

1daat, a gmar tov, a git kvittel

thank you for your kind words

a blessed and content day to you

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Re: Zemmy's story

Posted by ZemirosShabbos - 10 Oct 2011 16:23

anybody up for a GYE muffin toss / cholint cook off / possum hunt get together on chol hamoed?

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Re: Zemmy's story

Posted by ZemirosShabbos - 10 Oct 2011 16:29

it's cheaper than attending a glatt-kosher-family-seating-non-gebrokts-chasidishe-shechita-Ya-la-ya-lipa-YBC-MBC-NBC-Limbaugh Concert

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Re: Zemmy's story

Posted by gibbor120 - 10 Oct 2011 17:00

;D, how do you come up with this stuff!?

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Re: Zemmy's story

Posted by Gevura Shebyesod - 10 Oct 2011 17:20

Can we throw in a jellybean hunt too?

Oh, yeah, and a Monstuh Truck show.....

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Re: Zemmy's story

Posted by ZemirosShabbos - 10 Oct 2011 18:44

someone posted this on YeshivaWorld:

Advertise in shul that you have a petting zoo in your house. Then, let kids hold and feed your nieces and nephews. You can sell handfuls of cheerios.

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Re: Zemmy's story

Posted by heuni memass - 10 Oct 2011 19:20

[ZemirosShabbos wrote on 10 Oct 2011 18:44:](#)

someone posted this on YeshivaWorld:

Advertise in shul that you have a petting zoo in your house. Then, let kids hold and feed your

nieces and nephews. You can sell handfuls of cheerios.

when parents look at watching their children as babysitting is a hal'be tzora, now as a petting zuu....

How do we expect to enjoy life?

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Re: Zemmy's story

Posted by ZemirosShabbos - 10 Oct 2011 21:43

on the topic of children:

my son has some toy trucks. a garbage truck a dump truck and a pickup truck. the pickup truck has a hook for towing. i was playing with them absentmindedly the other day and i noticed how each truck has a groove right under the front bumper where the hook of the tow truck fits in perfectly. it dawned on me that the manufacturer made them that way so they can be towed when needed.

Our Manufacturer made us with the option of getting towed. By Him and by our friends. When we need a boost or a ride into the shop.

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Re: Zemmy's story

Posted by Yosef Hatzadik - 10 Oct 2011 21:44

WOW!

GREAT point!

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Re: Zemmy's story

Posted by Shteeble - 11 Oct 2011 02:09

Sponsored by Tonka Muffin Co.

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Re: Zemmy's story

Posted by an honest mouse - 11 Oct 2011 12:41

[ZemirosShabbos wrote on 03 Oct 2011 15:34:](#)

thank you Shmeichel, a good year to you and yours too

filled with nachas through and through

would like share a thought that landed in my head on yom tov.

we say in musaf "Haloch vekarasa **be'oznay** yerushalayim laimor zacharti lach chesed ne'urayich etc."

why is it important to specify that the Navi call into the ears of Yerushalayim? why doesn't it just say "lech emor lahem" or something similar.

If an announcement is made to a group of people, an individual in the crowd can feel that it was not directed at him specifically. But if someone leans over and whispers something in my ear there is no mistaking who the recipient of the message is. The RBSO is leaning over and whispering into our ears, each one of us, zacharti lach chesed neurayich ahavas kelulosayich. The RBSO remembers that 'good times' we had together and wants us to return to Him.

Thats on Rosh Hashana.

During aseres yemei teshuvah we ask for the other half of the equation:

Hashem shima bekolee **teeyena aznecha kashoovois** lekol tachanunoi.

That HKBH should bend over and listen to us. That we feel and believe that He is listening.

And on Sukkos we come to shul every morning and with the daled minim - that symbolize our hearts, eyes, mouths and spines - we sing and thank Hashem for doing just that: ahavti ki yishma Hashem ess koli tachanunoi, **ki hita oznoi lee** uveyamai ekra.

That was a beautiful dvar torah, thanks! a gevaldigah gut yohr to you and a gut yom tov (is halel as good as zemiros shabbos for you?) enjoy zman simchaseinu!

my apologies for being too quiet around here recently....

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