

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story

Posted by 1daat - 27 Sep 2011 23:54

Time to thank Zem. eyn miliim. eyn anu maspikim... Thank you for the joy, the fun, the divrei torah and for you. K'siva v'chasima tova.

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Re: Zemmy's story

Posted by Back on Track - 28 Sep 2011 13:56

I second that motion. And thanks for bardmart, and guardmart. I think we gotta start a thread for 'the keepers'. The real gye moments... Ah whatever. A gut yahr !

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Re: Zemmy's story

Posted by ZemirosShabbos - 28 Sep 2011 14:10

1daat, thank you for your kind words and brachos. i learn a lot from you. a ksiva vechaima tova, may blessings, happiness and growth come your way

BOT, a gut yahr to you too! see you in GuardMart

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Re: Zemmy's story

Posted by ZemirosShabbos - 28 Sep 2011 14:19

[ur-a-jew wrote on 26 Sep 2011 22:17:](#)

[ZemirosShabbos wrote on 26 Sep 2011 20:09:](#)

our job is to find the meaning and the relevance in the words and they go from being a burden to being a joy

I was originally going to post this on the chizzuk tefillah thread but it seemed timely here. Also I wanted post 1144 to be on your thread.

This past shabbos I asked my family who knows what ???????? means? or ?????? Going around the table including adult guests no one knew. I then asked them imagine that a king asked them to carry out something and they returned to the king and told him "mutatis mutandis. To which they responded "huh" and I said well actually the King said that same thing, what does that mean? If you responded, "I don't know," what do you think the King's response would be? Some agreed that "off with your head" where certainly within the range of possibilities, even though the response was a valid response to the King's question. If you talk to the King and have no idea what you are saying, it's a problem. Given that there are 3 meals per week that we say ???????? that's over 150 times we bentched and didn't know what we were saying. Unfortunately, we have a lot more than that to do teshuva for, but if we don't want our davening to be a burden, probably one thing to do is to figure out what we are saying in the first place.

???????? - "strengthen us"

????? - we will revere you

mutatis mutandis - "the necessary changes having been made; having substituted new terms"

thank you UAJ for another great post. with this we can also understand what 'chaim shel chilutz atzomos' means, as well as a'nachnu neichaletz chushim', and 'chalutzim taavru'.

and you reminded me of this story: [ZemirosShabbos wrote on 26 Jan 2011 16:14:](#)

there is a story with the Bobover Rebbe R' Shlomo zy'a

A man once came to him crying about his son who had fallen in with some bad friends and all the father's pleas to stay away from them did not get through to his son.

The Rebbe asked the man to bring his son in to talk to him. The Rebbe asked the boy if he knows the meaning of the word "?????", which we say in the bracha of ??????????. The boy had no idea what it meant.

The Rebbe said "I don't know what it means either. But if you look at the words around it - ????. ????? ?????? - it seems pretty obvious that it is some type of destruction." The boy got the message.

it took me a awhile, but i finally deciphered the auspiciousness of post 1144. here it is bekitzur: 'ur-a-jew' is "ata yehudi", which is gimatria 441 (like Emes), and if you put 441 together with 1 - for the RBSO (echod yachid umeyuchad), it makes 1144. *(for those that did not know yet, UAJ wears a white bekeshe and a white shtreimel and can turn you into a frog if you are not careful, or so the legend has it)*

and isn't mutatis mutandis a cousin of Michael Dukakis?

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Re: Zemmy's story

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[ZemirosShabbos wrote on 28 Sep 2011 14:19:](#)

it took me a awhile, but i finally deciphered the auspiciousness of post 1144. here it is bekitzur: 'ur-a-jew' is "ata yehudi", which is gimatria 441 (like Emes), and if you put 441 together with 1 - for the RBSO (echod yachid umeyuchad), it makes 1144. *(for those that did not know yet, UAJ wears a white bekeshes and a white shtreimel and can turn you into a frog if you are not careful, or so the legend has it)*

??????? = 1144 (and for my answer):

You better be careful since the last one that started up with me got turned into a ??? ??? ??? which is begematria 572. But he completely overshadowed anything that I could even think of, and his golden flower pot took the place of mine $572 \times 2 = 1144$.

So if you see some guy with a white bekeshes and a golden flower pot on this head singing zemiros, be sure to ask him for a brocha for a sweet and uplifting new year.

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Re: Zemmy's story

Posted by gibbor120 - 28 Sep 2011 15:22

Since we are on gematria. I will add a couple I heard recently.

??? = 89

???? = 395

the difference is 306 which is ????. We use ??? on rosh hashana to raise us up from being preoccupied with our guf to focus on our neshama. ???? is also 306 and has the same effect.

One more goodie.

???? = 17

??? = 18

??? = 17

We know we avoid eating nuts because egoz = chet. Well egoz = 17 and chet = 18. It only equals chet by adding 1. egoz = tov exactly, both 17. Why then do we avoid eating egozim? We *should* eat them because they equal tov. We avoid them because even when there is some tov, we still need to stay far away from chet. (Add your own lesson here.)

Enjoy yom tov all.

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Re: Zemmy's story

Posted by ZemirosShabbos - 28 Sep 2011 16:07

good stuff, gibor!

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Re: Zemmy's story

Posted by gibbor120 - 28 Sep 2011 16:13

ok, ok, at zemmy's request. When I got the email about the gematria of egoz from a friend, I replied to it. When I did, my spell check on MS **outlook** objected and suggested that I . A pre-R"H message from the unlikliest of sources. The source of chet, not the egoz, but the egos!

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Re: Zemmy's story

Posted by bardichev - 02 Oct 2011 15:58

zemmy how was your geshtaltzemfleegin dipped in honey? rosh possum?yak tzimmes?im sure substitute the word **egos**, instead of egoz. It gave me... well, a new **outlook** u used a loquat for shehechiyanu!

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Re: Zemmy's story

Posted by Back on Track - 02 Oct 2011 22:42

I had woddford. So I would have a year where I would not behave like a ferd.

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Re: Zemmy's story

Posted by ZemirosShabbos - 03 Oct 2011 15:08

thank the One Above for His endless kindness to me and mine

yom tov was just fine

we dipped in the honey

and ate sabra for shechiyani

davening was warm

it's finest form

i did feel out of my league

like a gestalzimfleeg

after making kiddush on wine

in der heim

coming back to shul for shofar

feeling not up to par

more like purim

where there are shikurim

the sound of the tekios blew strong

and righted the wrong

yom kippur is the purim-cousin

and thats a dozen

days away

so while i may sway

it'll be shuckling tried and true

like a good jew

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Re: Zemmy's story

Posted by JackAbbey - 03 Oct 2011 15:17

i like your zmirros

beutifull divrei shires

may hashem give you a good year

for you and everyone overhere

(by the way, isnt it an old gue minhag to dip the geshtalzemfluggen in the honey at night

then at day they fly away with the blowing of the shoffar)

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Re: Zemmy's story

Posted by ZemirosShabbos - 03 Oct 2011 15:34

thank you Shmeichel, a good year to you and yours too

filled with nachas through and through

would like share a thought that landed in my head on yom tov.

we say in musaf "Haloch vekarasa **be'oznay** yerushalayim laimor zacharti lach chesed

ne'urayich etc."

why is it important to specify that the Navi call into the ears of Yerushalayim? why doesn't it just say "lech emor lahem" or something similar.

If an announcement is made to a group of people, an individual in the crowd can feel that it was not directed at him specifically. But if someone leans over and whispers something in my ear there is no mistaking who the recipient of the message is. The RBSO is leaning over and whispering into our ears, each one of us, zacharti lach chesed neurayich ahavas kelulosayich. The RBSO remembers that 'good times' we had together and wants us to return to Him.

Thats on Rosh Hashana.

During aseres yemei teshuvah we ask for the other half of the equation:

Hashem shima bekolee **teeyena aznecha kashoovois** lekol tachanunoi.

That HKBH should bend over and listen to us. That we feel and believe that He is listening.

And on Sukkos we come to shul every morning and with the daled minim - that symbolize our hearts, eyes, mouths and spines - we sing and thank Hashem for doing just that: ahavti ki yishma Hashem ess koli tachanunoi, **ki hita oznoi lee** uveyamai ekra.

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Re: Zemmy's story

Posted by gibbor120 - 03 Oct 2011 15:55

Thanks ZS for another winner! Beautiful!

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