

Zemmy's story

Posted by ZemirosShabbos - 25 Oct 2010 17:37

Would like to formally introduce myself here, even though it is a little late in the game.

I am married with a couple of kids b"h. ever since i started working on computers i would periodically seek out p***. first with a dial-up connection, then later with hi-speed internet. for days i would zone out at work, doing the bare minimum, making sure no one saw my dark secret, and feeling all the time that i am probably the only one in my circle of people who has this terrible secret. i would feel bad and try to stop. especially on Yom Kippur i would decide to stop. usually it would last a few weeks but then i would fall back into it. years later i put in a filter and it helped a lot. but only my computer had a filter and even a filter is not fool-proof. i found things that got through the filter. i found opportunities to use other computers. i changed filters. i even shut off the filter at some points.

i found GYE in a round-about way, through a google search for a halacha. i slowly started reading more and more. then i put in k9 and gave the password to the filter gabai (what a zechus Guard and him have!). that helped a lot for the p***. almost a year ago i registered for the forum and posted a little here and there. someone on the forum reached out to me and we became partners (thank you!). that gave me a lot of chizuk. i feel that someone understands my struggle and i spilled the beans about my dark secret. i feel that if i fall ch'v i can holler out to my partner to come dig me out. that is a great feeling. like wearing a life-jacket on a boat or a parachute on a plane.

since Pesach i am clean. thanks to Hashem and to GYE. i realize that since i did not do the steps or join any phone groups the level of change to my attitudes are not too drastic. i think it is the awareness and constant chizuk provided by the forum and chizuk emails that account for whatever time i was able to stay out of trouble. at least i know that the resources for further change are available if ch'v needed in the future.

i cannot thank Guard enough for putting up this Migdal Oz of kedusha and for showing me and others the way to living clean lives. Same goes to Dov, Bardichev, yechida, Kedusha, Kaneshner (remember him?), ImTrying25, Kollel Guy, RageATM, Briut, Silentbattle, Tried123 and many many others, more recently Ovadia, 1Daat, Frumfiend the Star, Yosef Hatzadik, ur-a-jew, jooboy, world, an honest mouse, HashemsSoldier, JIP and more. Special thanks to 1daat for pushing me (gently) to make my own thread. i read a lot more than i post and every time anyone posts about a victory, a fall, a thought, a struggle it is a chizuk just to see others who struggle and sometimes win and sometimes not and keep on going trucking. of course the lessons learned from the veterans here are precious beyond words.

I am by no means out of the woods. i constantly struggle to keep my eyes off things that they should not see both on and off the computer and i know that the dangers of p*** will never go away. but with Hashem's help and with GYE i hope to be clean and slowly change my attitudes for the better.

i chose the name zemiros shabbos because to me shabbos is the day we celebrate our relationship with Hashem and zemiros are one of the most beautiful ways of bring out the spirit of shabbos. it reminds me of what i have at stake in the struggle.

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Re: Zemmy's story

Posted by Yosef Hatzadik - 16 Nov 2010 01:50

A wife is **not** only a *kinegdo*; she is an *eizer* too!

Zacha naaseh lo Eizer was niskayem in your case. You worked hard to reach a state of **Zachah!**

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Re: Zemmy's story

Posted by Shteeble - 16 Nov 2010 03:54

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Re: Zemmy's story

Posted by ZemirosShabbos - 16 Nov 2010 05:04

Reb Yosef, that was a great way to be maaleh the inyan of snowmobiling to a higher level.

Briut, i hear you loud and clear about showing the appreciation. i am very lucky and i have told her so and will continue to do so and no matter how many times i do it another time will always be great. no matter the situation it is always a good thing to do. thanks for the reminder.

i am very happy i told her and she is being beyond good about it. i have to pinch myself to make sure it's real. baruch hashem. and baruch the wife. and baruch GYE. and baruch all of you. you guys are special and great.

thanks everyone!

now, can we start the snowball fight?

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1daat, that is a great point. being imperfect is not as bad as it's made to be.

Re: Zemmy's story

Posted by Yosef Hatzadik - 16 Nov 2010 05:12

gotta wait for the snow first. Where are you from? Antartica?

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Re: Zemmy's story

Posted by 1daat - 16 Nov 2010 05:14

Zemmy, [ZemirosShabbos wrote on 15 Nov 2010 20:50](#):

just told the wife of my struggles. Baruch Hashem a thousand times over she is very supportive and understanding. gives me a whole new appreciation of her. i think i did it in a brash way and could have done better with some advice and planning but it sort of happened on its own and it is over and done.

You did it how Hashem had you do it--imperfectly.

I'm happy for you both.

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Re: Zemmy's story

Posted by Yosef Hatzadik - 16 Nov 2010 05:15

[1daat wrote on 16 Nov 2010 05:14:](#)

Zemmy,

You did it how Hashem had you do it--imperfectly.

I'm happy for you both.

GREAT point!

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Re: Zemmy's story

Posted by bardichev - 16 Nov 2010 05:31

Its snowing in bardstown

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Re: Zemmy's story

Posted by Shteeble - 16 Nov 2010 09:40

Great now maybe you can trade the cone for a hot chocolate.

or....

or....

or just plain cholent :D

hot woodford

(((((.....(((???

???).....)))))

(((((.....(((???

hot lemonade

Ahhhhhhhhhhhhhhhhhhhhhh!!! take cover!!!!!!!!!!!!!!!!!!!!!!!!!!!!1

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Re: Zemmy's story

Posted by ur-a-jew - 16 Nov 2010 14:15

Zemiros I'm very happy for you. I'm also jealous. I may PM you to hear more details about the conversation. Hatzlacha.

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Re: Zemmy's story

Posted by ZemirosShabbos - 16 Nov 2010 15:53

[bardichev wrote on 16 Nov 2010 05:31:](#)

Its snowing in bardstown

so why don't you open Bardichev Ski Resort? you would be the only show in Kentucky. if anyone shows up and doesn't know how to ski just give them a drink or two and they'll be teaching you how to ski...

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Re: Zemmy's story

Posted by ZemirosShabbos - 16 Nov 2010 15:56

world,

i actually never witnessed a snowball fight on an online forum. i am awed.

it is also great that i don't have to put my gloves in the microwave when it's done.

just remember that in the snowball fight sometimes you have to duck, and that might give you

ZS

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Re: Zemmy's story
ideas, but we cannot feed the ducks
Posted by Shteeble - 16 Nov 2010 17:01

ducks don't like woodford?

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Re: Zemmy's story
Posted by ZemirosShabbos - 16 Nov 2010 17:06

ducks have a strict lemonade diet

the ducks that were fed Woodford have turned into Wild Turkey....

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Re: Zemmy's story
Posted by 1daat - 16 Nov 2010 17:37

Just to report: I looked up "scion" and it said, "A square boxy car", and referred me to somebody named Bard on a website called GYE. I looked this guy up and I get some Yiddish cryptic stuff about "Ski-en" on a guy named Zemmy's thread. So is that it? A boxy Yiddish car?

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