

Thank you Hashem

Posted by ur-a-jew - 07 Sep 2010 17:24

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Ahh what a feeling. 90 days. Thank you Hashem for sending me here and walking me along, to Guard for setting up the site and to all the wonderful members for giving me chizuk and advice all the way. I started writing this post after just being on the site for two weeks but it somehow got deleted and then I kept pushing it off. I figured once I got 90 days I would just write a whole long megilla as to what the GYE community means to me.

1. I once met a chasuva balabus who works with at-risk kids and he told me over a conversation he once had around Yom Kippur with one of these kids. He was telling the kid that on Yom Kippur we can do teshuva and our aveiros become zechuyos. The kid turns to him and says you explain to me how the XXX movie I just watched will be a zechus. The balabus turns to me and says I didn't know what to say but Hashem put the following in my mind which I told the kid. He said, I'll tell you. Because you're going to resole to change and you're going to become better and work on raising a jewsih family and you're going to meet a kid like you where who feels they were hopeless. At that point you'll tell the kid, never lose hope, you can never sink too low. I also saw the shmutz that you saw, I saw the same XXX movies, but look I was able to turn around. At that point says the balabus you'll understand how that XXX movie can be a zechus. The message hit home and the kid went on to change. All I can say is that there are a lot of interesting and unique "zechusim" on this site.

2. I've learned how to grow in Ahavas Yisroel. Just like the addiction does not discriminate neither does the site. All walks of yiddishkeit are here and the camaraderie that is displayed is trully remarkable.

3. My tefillos have improved. There are a lot of people to thank for this. Most promenantly is Dov who has encouraged me to talk to Hashem on a regular basis. Just two days ago, Jooboy wrote me something which gave me a tefilah that I now add. Hashem give me the ability to place my trust and my dependance only in You and not in any human including my wife.

4. I realize I am not alone.

5. I have hope. In the back of my mind I also had this fear that I had completely ruined my chances to be mekabel pnei moshiach and for olam haba based on my actions. Would I ever really be able to do teshuva. The site tells me that although it is hard work (as could be expected given the reward) teshuva is possible. It really is possible to stop.

6. The 12 Steps. In the past as part of my efforts to stop. I had always looked into ways to online SA meetings. It never worked in large part because I could not relate to any of the people that were members. Here I feel that I am amidst family since we are all bnei av echad. B"H I am making my way through the steps.

7. The knowledge that sex is optional. This is a hard one. But I am grateful for the knowledge and one of these years I hope to be truly able to implement it in my life.

8. Making shemiras einyayim part of my conscience. I can proudly say that for the past 90 days I have not picked up a New York Post or a New York or New Yorker magazine, all of which were part of my daily or weekly routine since they are readily available in my office. I have come to realize I don't need them and the potential triggers they bring with them.

9. A filter. After years of just saying I need one I know have one both in the office and at home.

10. No facebook. This was probably my biggest michshal in the past year. What a wonderful feeling when I click on a link that directs me to facebook and K-9 comes up to block it.

11. No youtube. Another source of anguish consumed by the canines.

12. A garden of peace. I found this book here. And anyone who has read it knows what I mean. Anyone who hasn't, what are you waiting for.

13. A better marriage. When I don't have all the baggage, things necessarily are better.

14. The daily chizuk emails, all three of them. Even if I don't always get to read them. There is a certain comfort knowing that they are there just for the looking. There is a noticeable absence when Guard is away.

15. The GYE Handbooks.

16. Virtual meetings.

17. Google chat to know that someone can check on me and the ability to offer chizzuk to others.

18. Rather than mention names and mistakenly leave someone out. I appreciate everyone who has helped me along this journey. You all know who you are. I hope to continue with you all to the next level.

My list can go on and on (and I hope to continue it but I got to work a little today). My tefillah to Hashem is that I recognize that this first 90 days is just a stepping stone along the path and that I merit to continue to stay sober day by day, and that I not forget that I was never able to do this alone so I should never think of moving away from the site and the wonderful people that I have met and continue to meet here.

Ksiva V'Chasima Tova to all.

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Re: Thank you Hashem  
Posted by ZemirosShabbos - 31 Oct 2011 19:04

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Thank Him for:

your finding GYE

your ability to register, type, spell, and comprehend

your ability to choose a user name

your ability to ask questions

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Re: Thank you Hashem  
Posted by Lonely Boy - 31 Oct 2011 19:15

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ok

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Re: Thank you Hashem  
Posted by bardichev - 31 Oct 2011 19:20

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thank him for being lonely (imagine if u were dead thats worse than lonely)

thank him for being a boy (shelo assani isha, a man has more responsibility in torah and mitzvos)

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Re: Thank you Hashem  
Posted by Lonely Boy - 31 Oct 2011 19:28

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I was dead last week.

You just reminded me. I once went with my family on Rosh Hashana and Yom Kippur to help out a minyan. Non frum people wanted a minyan and they provided a place for my family to stay. Anyways. Some of the gus were reading the sddur and started talking about it. They went out to the girls by the break and started telling them, you know we have more commadments to do. We thank god not for making us women and you just say thay for creating me according to your will. They looked at me and said you probably new this, and I blushed becuase I didn't know it was my first time hearing it.

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Re: Thank you Hashem  
Posted by bardichev - 31 Oct 2011 19:31

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really

a man is much more complicated

he has more responsibility because without it he will not have a moral anchor

the woman is exactly to Hashems will

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Re: Thank you Hashem  
Posted by gibbor120 - 31 Oct 2011 19:33

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[bardichev wrote on 31 Oct 2011 19:31:](#)

the woman is exactly to Hashems will

. That's what I learned as a little boy

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Re: Thank you Hashem  
Posted by Lonely Boy - 31 Oct 2011 19:37

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Same here. women are more interesting

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Re: Thank you Hashem

Posted by ur-a-jew - 31 Oct 2011 19:42

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[Lonely Boy wrote on 31 Oct 2011 19:00:](#)

Why should a lonly boy like me thank Hashem?

Does the lonely boy, have:

Eyes?

A nose?

Ears?

Eyebrows?

Lips?

Teeth?

A tongue?

Clothing?

Fingers?

10 of them?

Toes?

10 of those too?

A digestive system?

A circulatory system?

Respiratory system?

A working mind?

The ability to talk?

A home to live in?

And You're A Jew, Are You?

That should get you started.

Life is wonderful, Hashem owes us nothing but He gave it to us anyways.

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Re: Thank you Hashem

Posted by Lonely Boy - 31 Oct 2011 19:45

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All true.

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Re: Thank you Hashem

Posted by bardichev - 31 Oct 2011 19:46

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what lonely is say ing

is

its hard to recognize the daily miracles

when one is under the cloud

of

shame

insult

hurt

abuse

lonliness

tragedy

broken spirit

mean teachers

misunderstanig parents



quarrelling spouses

life hurts for many people

unfortunately

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Re: Thank you Hashem

Posted by ur-a-jew - 31 Oct 2011 19:46

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[ZemirosShabbos wrote on 31 Oct 2011 18:10:](#)

Thank you Hashem for one our newest Global Moderators:

the Unique Ubiquitous Upstanding Undeterred and Usually Unerring UAJ

mazel tov!

[Yosef Hatzadik wrote on 31 Oct 2011 18:34:](#)

Dear **Ur-a-Jew**,

I follow closely behind **ZemirosShabbos** in greater admiration than before!

[heuni memass wrote on 31 Oct 2011 18:40:](#)

Mazel tov UAJ on you new job. MAny you continue to be Oisek Betzochai tzibur.....

Thanks for the well wishes. I feel like I got some sort of semicha (and I didn't even have to take a test). Hopefully, I will live up to the expectations of the powers to be. Thank You Hashem for this wonderful place.

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Re: Thank you Hashem  
Posted by gibbor120 - 31 Oct 2011 19:48

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Thank you hashem for ur-a-jew!

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Re: Thank you Hashem  
Posted by ur-a-jew - 31 Oct 2011 19:50

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[bardichev wrote on 31 Oct 2011 19:46:](#)

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quarrelling spouses

life hurts for many people

unfortunately

Well maybe is lonelyboy can tell us why he is so lonely and why he chose GYE as a place of refuge we can help him out from under the cloud.

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Re: Thank you Hashem

Posted by Lonely Boy - 31 Oct 2011 19:51

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[bardichev wrote on 31 Oct 2011 19:46:](#)

what lonely is say ing

is

its hard to recognize the daily miracles

when one is under the cloud

of

shame

insult

hurt

abuse

loneliness

tragedy

broken spirit

mean teachers

misunderstanding parents

quarrelling spouses

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WTF!!

How would you know? How would you know the source of my pain? How would you know what is going on with me?

Yes, it is all true.

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