

this time im in it to win it

Posted by mnman415 - 19 Aug 2010 21:13

hey

this is my story about how i got caught up in this addiction

www.guardyoureyes.org/forum/index.php?topic=2876.0

today is day 4 for me

now im 16 going into junior year. in the middle of sophmore year my computer broke so i couldnt access **** except i was addicted. as many other people here might know i would have done anything , ANYTHING, to get to porn. baruch hashem i wasnt able to. but i couldnt help myself from my fantasies and nevertheless i still had falls. then i started doing better and having more control and going long times and then falling. my sibling were in israel for the year so when my bro came ack he fixed the computer. and i kept on controlling myself. i got up to day 17 and then couldnt go any longer and looked at **** on my new unfiltered computer. and since then i had more frequent falls and looked at **** more ofen. on aug 11 (8 days ago) i got the K9 filter and wasnt able to look at **** anymore except i found loopholes. now my filter is foolproof (hopefully) now i need to work on when im on the street and controlling my eyes. i hope this time i can make it till 90 days!

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Re: this time im in it to win it

Posted by mnman415 - 12 Sep 2010 18:59

today is day 25. rosh hashanah was awesome. i slipped a couple times. with my eyes, but then i controlled them again. now it is the aseres yemei teshuva, its so scary, but remember, hashem is sooooo close to us, we can ask for whatever we want to ask for. im asking hashem for control. im asking hashem to help me live a life of torah and mitzvos.

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Re: this time im in it to win it

Posted by ovadia - 13 Sep 2010 12:36

Soldier,

Sounds like you are doing great. Keep going!

Just keep in my mind that this is war and the enemy NEVER gives up.

Hatzlocho

[HashemsSoldier wrote on 12 Sep 2010 18:59:](#)

im asking hashem for control. im asking hashem to help me live a life of torah and mitzvos.

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Re: this time im in it to win it

Posted by Shteeble - 13 Sep 2010 13:13

and the bullets are whizing by every second!

No time to be off guard.

keep it up!

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Re: this time im in it to win it
Posted by mnman415 - 14 Sep 2010 03:23

ok. so i was in yeshiva all day today and im doing good. (btw day 26) and i went through the whole day. bad news i just had a hirrhur and a desire to M***** good news, im soooo soooo soooo tired so im hoping to fall asleep quickly. hashem please help me make it through tonight. tommorow is not my goal, tonight is my goal. im pushing hard. goodnight all my dear friends

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Re: this time im in it to win it
Posted by mnman415 - 15 Sep 2010 03:04

today is the end of day 27. in IL you only need 3 years of social studies and im a junior and took 2 years already of it and next year everyone take jewish history so that takes care of that. so i dropped out of economics today to take a beis medresh period. we only have a couple days until sukkos vacation so i am just doing halacha with a friend. i want to find a chavrusa to learn through the mesechta that our yeshiva is doing to finish it. (pesachim). so that is added kedusha to my day. during ap bio i had a thought and since then every once in a while i got it again and again. then i got home and saw on my email a beautiful letter (i poseted it on this website. its called AN IMPORTANT LETTER FOR EVERY JEW or something like that.) it gave me chizuk but im still fighting against my thoughts

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Re: this time im in it to win it
Posted by Yosef Hatzadik - 15 Sep 2010 14:18

27 is the gematria of *Zach*, as in *shemen zayis zach*. The PURE oil that illuminates the world with kedusha!!!

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Re: this time im in it to win it

Posted by ZemirosShabbos - 15 Sep 2010 15:48

HS, you are an inspiration!

i wish i had your clarity, determination and level-headedness.

keep up the great work you are doing

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Re: this time im in it to win it

Posted by mnman415 - 16 Sep 2010 00:57

and 28 (todays day) is koach, strength. so even though i almost lost today many times with my eyes, i still pulled out the power of koach.

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Re: this time im in it to win it

Posted by mnman415 - 16 Sep 2010 03:49

i justhad a slip with my eyes. i spent the last hour looking on the internet trying to get around my filter. it didnt work (no p***) but i did end up seeing pics of girls. i know what website i went to, so tommorow ill need to have my partner add it to my filter. i feel bad. aspecially cus its aseres yemei teshuva. but im trying to forget it ever happened so i dont think about it now and fall even more.

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Re: this time im in it to win it

Posted by ovadia - 16 Sep 2010 10:39

[HashemsSoldier wrote on 16 Sep 2010 03:49:](#)

i feel bad. aspecially cus its aseres yemei teshuva. but im trying to forget it ever happened so i dont think about it now and fall even more.

HS I want to tell you what I think.

B"H until now you have been incredible, but you have also been on a high. The Y"H allows you to do that. It is his way of numbing you. This is where things might get tough. Just be careful and look for new strategies. I would suggest that you don't "just forget what happened". Instead try and learn from it (but don't make to much of a deal out of it).

I wish you Hatzlocho with all my heart.

Soldier this is your test - and remember even the Y"H wants you to win.

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Re: this time im in it to win it

Posted by mnman415 - 17 Sep 2010 14:13

today is day 30. its exciting. sometimes the yetzer comes and tells a person you cant handle that, guarding yourself for the rest of your life? thats a long long time. so you just have to say, im not guarding myself for the rest of my life, im guarding myself jsut for today. its hard to do tell yourself this, and even when you do remember to tell yourself this, it doesnt stop you, but it does take a lot of tension off of yourself. had a good yom kippur, hatzlacha to everyone!

gemar chasima tova

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Re: this time im in it to win it

Posted by mnman415 - 19 Sep 2010 15:14

today is 32. i feel clean and pure after going through yom kippur. i had a wet dream on yom kippur though, at first i was saying to myself im impure, i said this is not a good start to the holiest day of the year, but i puashed myself, i told myself that i didnt have any hirhurim that caused it, i decided that it meant that since this time I didnt do anything to cause it, hashem is telling me that all of my previos ones are now considered as it it was an ones and not my fault.

now, lets get ready to build some succahs!!

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Re: this time im in it to win it
Posted by 14 - 20 Sep 2010 19:24

i wouldnt worry about it, bh hashem your doing excellent!

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Re: this time im in it to win it
Posted by mnman415 - 21 Sep 2010 22:51

today is day 34. yesterday and today was not so good. i spent tim trying to get around my internet filter and BH i did not succeed but i did find some websites a yid should not be on. bh i did NOT have a fall, but i did "trip" and catch myself. last night and today i started the action and before anything happened i stopped myself. sometimes when i get that "rush" and i start acting on my lust and i try stopping myself, its like i have no control, its like im just there watching my yetzer harah using my body but i cant control myself, and in my head i keep saying no no no no no but i just cant stop. does anyone know what im talking about?

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