Tatti, Tatti, please, just for today Posted by 1daat - 30 Jun 2010 03:35

"hi; I moved here from the Introduce Yourself thread cause I'm already introduced."

--Briuit's suggestion for starting my new thread.

Anyway, here I am, day 31. Fast is over in 12 minutes. But who's counting. I've been on GYE for a couple hours. More than is probably ok for me, but when I need it I need it.

Making some real friendships, no secrets, just chizuk, love and reminders that when all is said and done, we are left with hishtadlus and bitachon.

It's relatively quiet on the yh (no caps. I wouldn't give it the kovod, malach or not) front. Thank you all for reminding me not to be caught off guard, lulled into some sense of "having won" the battle. Please, keep reminding me!

ok for tonight. Maariv and eatz.

Chazak Chazak chevra.

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Re: Tatti, Tatti, please, just for today Posted by ZemirosShabbos - 27 May 2014 20:41

Hi Joel,

welcome back!

it's a pleasure to hear from you

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Re: Tatti, Tatti, please, just for today Posted by 1daat - 13 Jun 2014 09:20

So of the three things I said I was going to do I did one. I talked to my Rav, who knows everything, about the pressures I'm feeling about frumkeit. He was very helpful.

I haven't gotten filters. flirting with denial again. ok, I commit, bli neder, to making the contacts and getting the ball rolling by Monday. Wrote a big note to myself.

The usual summer shmiras eynayim. This summer, when I look away, I get to have a little conversation with "H. "Oy, that was hard. I do it because I love You, now, not because it's a mitzvah or "The rules". Sometimes it's tearrring my eyes away. but I tear them away. And when I don't, it's a fall. maybe not like p&m, but it feels like I disappointed Him, disappointed His emunah in me. I now *want* to be "good". It's not enough to be clean and sober. Ya gotta WANT to be clean and sober, right down to the atzmus. And then it's back in the saddle. that's the usual summer with a little more closeness this year. It's all progress. He's progressing me.

These last two falls brought me up short and was a good thing. When I got arrested and bottomed out, some brother wrote me and said that in his life these kinds of terrible happenings turned out to be the best things that ever happened to him. That turned out to be an absolute truth. So when I had the two big falls, and all the little ones during the day, I remember what that precious man told me, and I remember how my getting arrested indeed turned out to be the best thing that ever happened to me. Because I came back to Hashem, as a little boy, the little boy who used to talk with Him all day long, all the way until the violence started in my house. Then I parted company. Fifty some years later I'm sitting in jail for a couple nights and I make my t'shuvah. It's so easy to do in a crisis. And then when He keeps His part of the bargain it's "Adios Amigo. What have you done for me lately?" But with His help I've stuck to my part of the bargain too. So we're back together again. That was the major bottoming out fall of falls. Then came all the early days at GYE and the love and support and having my wings gently clipped. And then a long stretch of not even thinking about porn. The compulsion just wasn't there. I kept up shmiras eynayim pretty routinely. No big deal. No big struggle. But what I forgot was that that phenomenal urge is wired in. Don't ask me why or how it's wired in, because I could actually give you an intelligent answer that would be correct, but utterly wrong. It's wired in because it's wired in. That's not my business. I was given that little plot of ground to till, my very own little Gan Eden, my very own little addiction, my very own set of wires. When I went through the dry spell, I just figured it was gone forever. The wiring disappeared. So what turned out (so far) to be so wonderful about those recent falls is that when I stand in front of Him, or when we're just having a little talk, I'm not so grown up any more. I'm little again, with Him. And that's not some kind of mental image or fantasy I have to work at keeping up. It just me. At least for this last little

while. this is a wonderful thing because I very clearly remember being with Hashem like this when I actually was little. so it's like coming home, at last, again, for lo these many times.

What a G-d. Every detail turns out for the good. Gam zoo I'tovah is, and absolutely should be, a cliche. That's cuz it's real.

Filters and the handbook.

Goodnight chevrah, thanks for "listening" to my ramble

Joel

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Re: Tatti, Tatti, please, just for today Posted by Machshovo Tova - 13 Jun 2014 19:27

1daat wrote:

...I was given that little plot of ground to till, my very own little Gan Eden, my very own little addiction, my very own set of wires...

Wow what a powerful statement! Thanks!

Hatzlacha

ΜT

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Re: Tatti, Tatti, please, just for today Posted by shivisi - 15 Jun 2014 13:59

Wow Joel! That was truly an inspiring piece of writing!

THANK YOU!

I would like to make just one small [yet very big on the importance scale] Correction to something you wrote:

1daat wrote:

And then when He keeps His part of the bargain it's "Adios Amigo. "What have you done for **me lately?**" But with His help I've stuck to my part of the bargain too. So we're back together again.

Hashem Does not ask What have you done **for me** lately?

at least not in the literal sounding sense of the meaning of these words.

The passuk states (*lyov*35:6-7):

If you are righteous, what do you give Him? Or what does He take from your hand?

If you sinned, what do you do to Him, and if your transgressions are many, what do you do to Him?

This tells us that Our righteous deeds are not something which we do **for Hashem**, and our sins or negative actions are not doing anything to Hashem.

The Midrash (Beraishes Raba 44, vayikra raba and tanchuma P'Shmini), asks the obvious question based on this passuk:

"If Hashem truly gains nothing from our doing good deeds, and "loses" nothing from our transgressions, and all the mitzvos and aveiros were given only "For our sake" then why does He care what we do??, what difference is it to Him whether we ritually slaughter an animal before eating it, or if we simply kill it? What difference is it to him if we eat kosher or non kosher food, [and the same with all the mitzvos]."

The Answer to this question, as explained by The Great kabalist, the holy *Ari* is, that the reason why Hashem created the world was, since "??? ??????" "it is the nature of the good to do good [to others]", and since Hashem is the ultimate and perfect semblance of Good, Everything He does is for the purpose of doing good, He therefore created the world as a medium through which He can do good.

And what is the good which Hashem does for us, for which the world was created?

It is said that when a person does good, he brings "??? ???" - Nachas Ruach - ["freely translated as "Pleasure/or satisfaction of spirit"] to Hashem.

What is this Pleasure/satisfaction which Hashem receives?

Hashem does not NEED us to do anything "For Him", but but He does want us to do good FOR OURSELVES. And this is what brings Him " Nachas Ruach " - the fact that we do good, and through this bring upon ourselves true and eternal good!"

Any time a person has a nisayon, he is thereby being offered by Hashem a priceless opportunity. By choosing to resist the temptation, and to listen to the voice of the Yetzer Hatov, which guides him toward the path leading him to receive all this good, he brings a tremendous "Nachas Ruach" to Hashem, Who takes Pleasure, {STS} in our receiving goodness. and the greater the nisayon is, the greater the reward, and **thus** the greater the Nachas Ruach which Hashem has from it.

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Re: Tatti, Tatti, please, just for today Posted by 1daat - 17 Jun 2014 02:59

Hello Shevisi. Thank you for the lovely vort. I should have capitalized the Y in "What have <u>Y</u>ou done for me lately because that was me talking to "H, hence capital Y. So that was confusing. What I was trying to say was that HKBH got me out of jail. And then, on my end, it became, "Thank you very much, H", You really came through for me. That was a nice one. But what have You done for me lately?" That is, "H quickly became out of sight out of mind. If I had capitalized the Y, though, then I wouldn't have gotten to read your wonderful post.

Machshovo Tova, thanks for your reply.

Kept my agreement to set up filters by Monday. Yea!

Adios amigos. Go with G-d. Up close and personal.

Joel

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Re: Tatti, Tatti, please, just for today Posted by shivisi - 17 Jun 2014 08:03

1daat wrote:

"Thank you very much, H",

You really came through for me. That was a nice one.

But what have You done for me lately?"

If I had capitalized the Y, though, then I wouldn't have gotten to read your wonderful post.

So you see that H is always doing stuff or you. He even made you not capitalize His name so

All the best,

Keep up the gr8 work!

Re: Tatti, Tatti, please, just for today Posted by 1daat - 18 Jun 2014 09:13

Lol!

that you could read my post!	

Re: Tatti, Tatti, please, just for today Posted by cordnoy - 28 Sep 2014 17:08

Joel,

Was tryin' to do some reachin' out to some of the fellas who haven't been around as of late.

How ya' holdin' up?

We are here for you.

don't ever forget that.

b'hatzlachah

Re: Tatti, Tatti, please, just for today Posted by cordnoy - 22 Feb 2015 16:04

oisvorf wrote:

dov wrote on 04 Jul 2011 20:28:

1daat wrote on 01 Jul 2011 04:36:

....and yet I will probably never give him the hug I so want to give him and feel the tears streaming down my face.

Good Shabbos. Thank you.

So when are you coming to my home town? Or do we live around the corner from each other? Who says this life will not include a meeting of some kind by many of us here on GYE?

Maybe one day we will have a virtualized conference somewhere.

Imagine 100 or so guys (ladies on the other floor of the bldg.) who are each wearing nametags like:

Hi! I am Shmendrick

or

. . .

Really, though, I love you too, 1Daat, otherwise I would not make the effort to share with you. We are brothers in some way. Boruch Hashem. I consider it an honor.

Hey Guys,

I just jumped in here for a few minutes, mostly to see what was going on so that I could tell a potential new prospect about it, and found that my "name" is still being remembered . . . I feel so that

you still include me as one of the chevra.

Thank you -- thank you!

I will IY"H try to be here more, especially during the summer months when it isn't as busy, and it is better to say indoors

As for meeting some day...by all means we should! I have already attended two face to face GYE meetings, that mainly happened through Duvid Chaim's group and through Elya K. It really would be great if these could happen more often, as It is so important that we feel a sense of brotherhood and kinship with each other, and klnow that we share something very special.

1daat - be strong. I wish you all the very best in meeting with your daughter, and with sharing with your son. In my humble opinion, your kids do not need to do all the details of your past and sruggles. I think it is good to share with the, that there was and is a struggle, and that you can embarrassed :- I at what a lousy triend I have been to yall, and at the same time so happy relate to their own struggles, but there does not nave to be equality between a parent and a child. A parent has more of a right and need to know about their kids lives than vice versa.

So share what you feel is appropriate, and don't feel guilty about holding back on what they really don't need to know

Love you my friend,

Shmendrick

Hey Shmendrik, Oisvorf,

Great post, as were some of your others.

How's hibernation?

We never met, but some of your friends are still here.

b'hatzlachah

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Re: Tatti, Tatti, please, just for today Posted by Dov - 24 Mar 2015 02:52

I miss that old shmendrick. And the oisvorf, too.

Those were the days when we had real self-esteem...

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