

Just anotheer YIDdle but here goes
Posted by Ineedhelp!! - 30 May 2010 14:38

In my tenure here this is something I havent done even though I have my own thread in Break Free.

Today, with Hashem's help will be my 3rd day.

I have been working with a sponsor (non GYE, yes world exists outside of this place) on my pre step 1. I haven't put in the effort I should at such an early stage which doesnt bode well for me. I need to push myself more to put in the work that my sponsor tells me I need to do. He is someone who is committed to SAA and if I want recovery then I need to follow his ways.

Well that's enough for a first post here on the WOH thread.

Have a great day everyone!

-Yiddle

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Re: Just anotheer YIDdle but here goes
Posted by Ineedhelp!! - 13 Jun 2010 14:21

Hey everyone,

I took Shlomo's advice and had a "good Shabbos". I did something very different that I think we can all do to change our outlook on life. Usually I sleep Shabbos afternoon and when I wake up I learn. This Shabbos I decided that since I should only be sleeping to learn more later, why should I sleep now if I am not that tired?? Why should I sleep 3-4 hours only to learn 1-2??

Didn't make sense to me. So I learned for 3 hours in the beis medrash, went home, didn't sleep, and went back to learn for 45 minutes. It was good to say the least.

Best wishes to all!

-Yiddle

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Re: Just anotheer YIDdle but here goes
Posted by Ineedhelp!! - 20 Jun 2010 13:37

SHavua Tov fellow GYEers,

I want to say thank you to Hashem for giving me another 24 hours of lust-free living. Ive taken that from SA. Hashem has kept me out of the garbage for atleast that long (and really it has been longer) and I am really making an effort to take it one day atr a time.

-Yiddle

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