## **GYE - Guard Your Eyes**

Generated: 14 August, 2025, 10:18

Please, please G-d may this be the first step...
Posted by jamies - 18 May 2010 14:08

hi,
my name is jamie,

i live in london and became religious when i was about fifteen and it was around that ime when i first found out the true horror of what my sin has bee for the last few years.

i am 18 and just finishing my end of school exams and then i am off to yeshiva!!!

i am just starting this wall because the time has realy come for me to bring about the decisive change i have davened for and wished for, for so long.

i am quite nervoius about this whole community board thing but found out about the website in februray when i visited yu and saw posters about it allover the walls (pherhaps that is why Hashem sent me to new york??)

anyway, before i was religious and throught no bad of it i have been badly addicted and in the last 2 years i have been continuously struggling for so so long. all i really want to do is stop but i just find it so hard, and it breaks me but then i get even more week and continue to do it untill i feel to guilty for a week, and the cycle continues, i even said i would give ten pounds to tzedaka and go to the mikva every time a couple of moths ago and since then ive had to give over 100 pounds to charity andnow have a mikva membership itrs so often!!!

i just feel so so low that ive faiked so many times and am so addicited in this awful struggle.

so i have now decided to take the steps in the 90 day log, looking at how close this community are truely inspiores me, so hopefully, with becoming part of the family, in my 90 day runup to leaving for eretz yisroel to yeshiva (just realised i go in almost exactly 90 days!) Pleas please HAKADOSH BARUCH HU, will help me to break free finally, with all the help, chizuk and determination he sends my way!

chang samach and hopefuly this will now become the start of a very long, but truely meaningful and happening journey

and happening jean	,			
thanks!				
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Re: Please, please Posted by 7yipol - 0	G-d may this be the fi 7 Jun 2010 22:22	rst step		

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Hi Jaimie,

Generated: 14 August, 2025, 10:18 jamie wrote on 07 Jun 2010 17:54: i dont know what to do... I know exactly what you are supposed to do! Get up off the floor, stop the vidui, and start living again! We count how many times we fall. HASHEM counts how many times we get back up. The past is gone. The future is not yet here. All we have is right this minute. And for right this minute, you CAN do it! Rooting for you! mom 7up Re: Please, please G-d may this be the first step... Posted by yechiel - 08 Jun 2010 17:01

I hope you're having a good day today. I just wanted to share that the struggle drives me crazy as well. That's why I've tried to follow the 12 steps as best as I can according to how I'm learning from Duvid Chaim on his call. It's about learning how to be in a better place so that the struggle isn't there as much. Waddya think?
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Re: Please, please G-d may this be the first step  Posted by jamies - 08 Jun 2010 17:31
i like that how do you get to that better place???
im restarting my jurney today, stronger and clearer thanks to all of you, any advice on ow to go about it ecause altough last was my longest stirike yet, it still failed???
thanks
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Re: Please, please G-d may this be the first step  Posted by 7yipol - 08 Jun 2010 17:35
, any advice on ow to go about it ecause altough last was my longest stirike yet, it still failed???
Forget counting days. Make the day count.

## Generated: 14 August, 2025, 10:18 Re: Please, please G-d may this be the first step... Posted by NeverAgain - 08 Jun 2010 17:49 7Up wrote on 08 Jun 2010 17:35: , any advice on ow to go about it ecause altough last was my longest stirike yet, it still failed??? Forget counting days. Make the day count. \_\_\_\_\_\_\_ Re: Please, please G-d may this be the first step... Posted by jamies - 08 Jun 2010 18:01 thanks mum 7up! and nevermore...good way of hammering home the point! ====

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Re: Please, please G-d may this be the first step  Posted by NeverAgain - 08 Jun 2010 18:15
jamie wrote on 08 Jun 2010 18:01:
and nevermoregood way of hammering home the point!
Or "driving" the point home
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Re: Please, please G-d may this be the first step  Posted by 7yipol - 08 Jun 2010 18:48
Nevermore wrote on 08 Jun 2010 17:49:
7Up wrote on 08 Jun 2010 17:35:
, any advice on ow to go about it ecause altough last was my longest stirike yet, it still failed???
Forget counting days. Make the day count.

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Re: Please, please G-d may this be the first step... Posted by NeverAgain - 08 Jun 2010 21:45 The other day I saw a billboard sign that said: NEED HELP, CALL JESUS 1-800-555-3787. Out of curiosity, I did. A Mexican guy showed up with a lawnmower. Re: Please, please G-d may this be the first step... Posted by briut - 08 Jun 2010 21:53 I'm confused... So the stupidity theme in all of this might be... 1. Jesus made a vague sign. 2. You made a silly call. 3. Both of you thought NYC had any grass (as in green lawns!). 4. I'm continuing this inane hijack. Can I get back to you on that? Can I get back to you on that? Re: Please, please G-d may this be the first step... Posted by NeverAgain - 08 Jun 2010 22:19 Yakshemash! Very niice, Borat! High five! Dov asked me to be stupid for about 5 minutes a day. I think I'm having way too much fun with

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You're never too old to be immature!	
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Re: Please, please G-d may this be the first step  Posted by briut - 08 Jun 2010 22:46	
Stupid people can't tell time.	
They only know how to repeat themselves.	
Themselves.	
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